

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2018	Heinz, Maico	MFC Auf dem Schnee Herdecke	00:41.52		00:39.23		01:20.75	30
2	1710	Joppich, Nico	RC Haltern	00:40.00	2	00:39.29		01:21.29	27
3	3003	Prangemeier, Tom	AC Oelde	00:40.69	2	00:39.50		01:22.19	24
4	1838	Neisens, Luis	MSC Harsewinkel	00:41.44	2	00:40.50		01:23.94	22
5	834	Wünsch, Yannick	MSC Bork	00:43.54		00:42.38		01:25.92	20
6	902	Kiewel, Paul	Briloner AC	00:42.49		00:43.60		01:26.09	18
7	1718	Wanzke, Noah	RC Haltern	00:42.51		00:41.59	2	01:26.10	16
8	2219	Rolleder, Andreas	AMC Ibbenbüren	00:44.71		00:42.72		01:27.43	14
9	1717	Masling, Sedric	RC Haltern	00:42.73	2	00:42.78		01:27.51	13
10	804	Besbes, Niklas Maximilian	MSC Bork	00:44.12		00:43.75		01:27.87	12
11	1802	Ostermann, Nick	MSC Harsewinkel	00:43.60		00:42.85	2	01:28.45	11
12	3103	Dolle, Luis	MSC Oenetal	00:43.94	2	00:44.97		01:30.91	10
13	4505	Grotmann, Nelio	MSC Süd Sauerland	00:45.08	4	00:42.16		01:31.24	9
14	608	Walter, Florian	AMC Wittgenstein Bad Berlebu	00:43.66	2	00:41.64	4	01:31.30	8
15	2801	Jagic, David	MSF Netphen	00:45.29		00:42.49	4	01:31.78	7
16	1927	Holzapfel, Moritz	MSC Heeren-Werve	00:44.61		00:43.90	4	01:32.51	6
17	4701	Frielinghaus, Julian	MSC Oeventrop	00:47.73		00:45.64		01:33.37	5
18	2531	Graf, Dominik	AMSC Lüdinghausen	00:45.11		00:42.87	6	01:33.98	4
19	1719	Halberstadt, Jannik	RC Haltern	00:46.61	2	00:45.56		01:34.17	3
20	1703	Schücker, Pepe	RC Haltern	00:45.98	2	00:44.20	2	01:34.18	2
21	3513	Albers, Dominik	MSC Schmallenberg	00:44.55	2	00:44.13	4	01:34.68	1
22	1706	Fladung, Henrik	RC Haltern	00:42.47	8	00:42.94	2	01:35.41	1
23	1837	Bückmann, Lennart	MSC Harsewinkel	00:45.57	2	00:44.11	4	01:35.68	1
24	2526	Stucke, Miguel	AMSC Lüdinghausen	00:47.04	4	00:43.63	2	01:36.67	1
25	3808	Kipopoulos, Dimi Kosta	AMC Waltrop	00:50.60		00:47.34		01:37.94	1
26	1702	Götze, Jaron	RC Haltern	00:44.95	4	00:44.44	6	01:39.39	1
27	4902	Schwarzkopf, Michael	Kiersper RC	00:49.97	10	00:45.90		01:45.87	1
28	2119	Quade, Luis	MSC Herten	00:42.33	22	00:41.99		01:46.32	1
29	1021	Obenlüneschloß, Leonie	AMC Burbach	00:49.23	10	00:46.71	4	01:49.94	1
30	4305	Polat, Esad	AC Hohenseelbachskopf	00:50.40	32	00:40.89	2	02:05.29	1

Zeitnahme: P.Overhoff
Auswertung: B.Treek

Schnellster Lauf: 00:39.23
(Heinz, Maico - 1 / 2018)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4439	Sossna, Lennard	MSC Bergstadt R�then	00:35.97		00:35.71		01:11.68	30
2	3910	Sp�nle, Mathilda	AC Warendorf	00:36.32		00:36.14		01:12.46	27
3	4515	N�cker, Tobias	MSC S�d Sauerland	00:37.14		00:36.66		01:13.80	24
4	618	Adler, Tim	AMC Wittgenstein Bad Berlebu	00:36.63		00:35.18	2	01:13.81	22
5	3954	Distler, Matthes	AC Warendorf	00:36.72		00:35.47	2	01:14.19	20
6	1807	Fu�ner, Maximilian	MSC Harsewinkel	00:36.33		00:35.91	2	01:14.24	18
7	1019	Kwasnik, Lukas	AMC Burbach	00:34.62	2	00:33.87	4	01:14.49	16
8	2202	Huckenheimer, Paul	AMC Ibbenb�ren	00:38.33		00:36.24		01:14.57	14
9	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:37.82		00:36.88		01:14.70	13
10	1961	St�rmer, Lars Niklas	MSC Heeren-Werve	00:37.50		00:37.24		01:14.74	12
11	612	Walter, Jan-Erik	AMC Wittgenstein Bad Berlebu	00:37.90		00:37.04		01:14.94	11
12	2015	Tschasche, Mick	MFC Auf dem Schnee Herdecke	00:36.59	2	00:36.41		01:15.00	10
13	803	J�ngling, Kai	MSC Bork	00:35.80	4	00:35.68		01:15.48	9
14	1004	Schneider, Leon Odin	AMC Burbach	00:38.64		00:37.16		01:15.80	8
15	1721	Fortmann, Joan	RC Haltern	00:38.94		00:37.13		01:16.07	7
16	1604	Klein, Malon	Hagener AC 05	00:39.11		00:37.02		01:16.13	6
17	2002	Bohnert, Justin	MFC Auf dem Schnee Herdecke	00:36.67	4	00:35.91		01:16.58	5
18	4434	K�hle, Jan	MSC Bergstadt R�then	00:38.32		00:36.51	2	01:16.83	4
19	4426	Schnitger, Nico	MSC Bergstadt R�then	00:36.28	4	00:36.64		01:16.92	3
20	4921	Schwarzkopf, Peter	Kiersper RC	00:38.96		00:38.03		01:16.99	2
21	1017	Rothe, Luis	AMC Burbach	00:37.93	2	00:37.10		01:17.03	1
22	4201	K�hler, Robin	MSC Helle	00:37.50		00:36.39	4	01:17.89	1
23	4808	Boss, Tilo	MSC Soester B�rde	00:36.68		00:35.40	6	01:18.08	1
24	3951	Ellebracht, Jeniel Mauris	AC Warendorf	00:36.04		00:36.11	6	01:18.15	1
25	4103	Bornemann, Erik	MSC Westerkappeln	00:39.30		00:37.06	2	01:18.36	1
26	2606	Breuer, Julius	AMSC Marl-H�ls	00:39.45		00:39.11		01:18.56	1
27	1218	Reimer, Julian	MSF Cobbenrode	00:36.86		00:35.95	6	01:18.81	1
28	620	Funk, Fabian	AMC Wittgenstein Bad Berlebu	00:39.73		00:37.90	2	01:19.63	1
29	5027	Baumgart, Pepe	MSC Holzwickede	00:39.20	2	00:38.67		01:19.87	1

Zeitnahme: P.Overhoff
Auswertung: B.Treek

Schnellster Lauf: 00:35.68
(J ngling, Kai - 13 / 803)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1822	Schlie, Phil	MSC Harsewinkel	00:34.62		00:34.16		01:08.78	30
2	4912	de Padova, Davide	Kiersper RC	00:34.34		00:34.62		01:08.96	27
3	4813	Boss, Leon	MSC Soester Börde	00:34.65		00:34.51		01:09.16	24
4	3907	Spänle, Oskar	AC Warendorf	00:34.56		00:34.64		01:09.20	22
5	1616	Karamitsios, Lukas	Hagener AC 05	00:34.83		00:34.84		01:09.67	20
6	1637	Anders, Jan	Hagener AC 05	00:33.85	2	00:34.05		01:09.90	18
7	1012	Huber, Valentin	AMC Burbach	00:34.98		00:35.37		01:10.35	16
8	3950	Peichl, Niklas	AC Warendorf	00:35.43		00:35.13		01:10.56	14
9	1821	Oubina-Hens, Elias	MSC Harsewinkel	00:35.82		00:34.92		01:10.74	13
10	1608	Sechtin, Tim	Hagener AC 05	00:35.67		00:35.24		01:10.91	12
11	3503	Schmidt, Kevin	MSC Schmallenberg	00:35.75		00:35.56		01:11.31	11
12	2013	Wabe, Jaden	MFC Auf dem Schnee Herdecke	00:35.84		00:35.60		01:11.44	10
13	3109	Frey, Maximilian	MSC Oenetal	00:36.40		00:35.14		01:11.54	9
14	1713	Uphues, Finn	RC Haltern	00:36.05		00:35.61		01:11.66	8
15	3026	Ruddigkeit, Lars	AC Oelde	00:36.49		00:35.75		01:12.24	7
16	3916	Optenhövel, Nick	AC Warendorf	00:35.03		00:35.56	2	01:12.59	6
17	2125	Jakob, Tim	MSC Herten	00:35.52		00:35.12	2	01:12.64	5
18	1711	Korte, Kevin	RC Haltern	00:36.23		00:36.44		01:12.67	4
19	1008	Murali, Geethan	AMC Burbach	00:36.42	2	00:34.65		01:13.07	3
20	4104	Illmann, Paul	MSC Westerkappeln	00:37.48		00:35.61		01:13.09	2
21	2105	Godde, Tom	MSC Herten	00:35.94		00:35.27	2	01:13.21	1
22	1817	Bolte, Jannek	MSC Harsewinkel	00:36.64		00:36.57		01:13.21	1
23	1011	Schmal, Tim	AMC Burbach	00:35.69		00:35.60	2	01:13.29	1
24	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebr.	00:34.83	2	00:35.05	2	01:13.88	1
25	4814	Daners, Jan	MSC Soester Börde	00:35.37	2	00:35.66	2	01:15.03	1
26	4304	Engel, Paul	AC Hohenseelbachskopf	00:35.69	2	00:35.35	2	01:15.04	1
27	1009	Lasota, Julian	AMC Burbach	00:35.21	2	00:34.54	4	01:15.75	1
28	1804	Ostermann, Tom	MSC Harsewinkel	00:37.06	2	00:36.48	2	01:17.54	1
29	5018	Leitmann, Justin	MSC Holzwickede	00:37.36	2	00:37.00	2	01:18.36	1

Zeitnahme: P.Overhoff
Auswertung: B.Treek

Schnellster Lauf: 00:34.05
(Anders, Jan - 6 / 1637)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3918	Optenhövel, Alina	AC Warendorf	00:33.91		00:34.07		01:07.98	30
2	1712	Körnig, Jastin	RC Haltern	00:34.16		00:33.84		01:08.00	27
3	2116	Jürgensmeyer, Devin	MSC Herten	00:34.05		00:34.22		01:08.27	24
4	3008	Grundkötter, Tobias	AC Oelde	00:34.41		00:34.14		01:08.55	22
5	1013	Berg, Maximilian	AMC Burbach	00:34.29		00:34.37		01:08.66	20
6	2103	Habicht, Tim	MSC Herten	00:34.34		00:34.54		01:08.88	18
7	4838	Bürger, Ruben-Markus	MSC Soester Börde	00:34.29		00:34.93		01:09.22	16
8	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:34.84		00:34.63		01:09.47	14
9	410	Voß, Nico	MSC Lennetal-Bamenoht	00:33.86	2	00:33.63		01:09.49	13
10	3127	Blaschke, Justin	MSC Oenetal	00:34.81		00:34.70		01:09.51	12
11	831	Lobe, Nico Sebastian	MSC Bork	00:34.61		00:35.20		01:09.81	11
12	4913	de Padova, Noah	Kiersper RC	00:34.49		00:33.45	2	01:09.94	10
13	3102	Sauer, Nils	MSC Oenetal	00:35.08		00:34.95		01:10.03	9
14	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:35.29		00:34.75		01:10.04	8
15	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:35.43		00:34.72		01:10.15	7
16	3501	Koch, Michael	MSC Schmallenberg	00:34.78		00:35.45		01:10.23	6
17	1638	Rommel, Stefan	Hagener AC 05	00:34.30		00:33.94	2	01:10.24	5
18	3930	Erlekamp, Nick	AC Warendorf	00:34.15	2	00:34.13		01:10.28	4
19	8710	Dittrich, Lennart	AMC Schwelm	00:35.10		00:35.25		01:10.35	3
20	3605	Kallweit, Mika	OC Siegerland-Nord	00:35.43		00:35.07		01:10.50	2
21	3018	Rüße, Louis	AC Oelde	00:34.67	2	00:33.85		01:10.52	1
22	1611	Klein, Tilo	Hagener AC 05	00:35.16		00:35.54		01:10.70	1
23	3606	Piontek, Linda	OC Siegerland-Nord	00:35.19	2	00:34.90		01:12.09	1
24	3016	Nordmeyer, Niels	AC Oelde	00:34.18	2	00:34.16	2	01:12.34	1
25	3023	Windhövel, Maximilian	AC Oelde	00:35.15		00:35.25	2	01:12.40	1
26	1612	Ok, Ilkan-Emre	Hagener AC 05	00:34.46	2	00:33.98	2	01:12.44	1
27	3926	Laudon, Maximilian	AC Warendorf	00:34.14	2	00:35.69	2	01:13.83	1
28	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:34.95	2	00:35.08	2	01:14.03	1
29	3948	Strotmann, Jonas	AC Warendorf	00:33.85	4	00:33.58	4	01:15.43	1
30	4507	Schüttler, Niclas	MSC Süd Sauerland	00:35.17		00:34.88	6	01:16.05	1

Zeitnahme: P.Overhoff
Auswertung: B.Treek

Schnellster Lauf: 00:33.63
(Voß, Nico - 9 / 410)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3005	Hovestadt, Justin	AC Oelde	00:33.46		00:33.58		01:07.04	30
2	3908	Wiedemann, Milan	AC Warendorf	00:33.48		00:33.67		01:07.15	27
3	1603	Brandenburg, Marcel	Hagener AC 05	00:33.62		00:33.59		01:07.21	24
4	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:33.46		00:33.77		01:07.23	22
5	4511	Peuser, Shareen	MSC Süd Sauerland	00:33.95		00:33.45		01:07.40	20
6	3034	Schmidt, Marvin	AC Oelde	00:33.95		00:33.79		01:07.74	18
7	4508	Dumke, Timo	MSC Süd Sauerland	00:34.07		00:33.70		01:07.77	16
8	601	Biegler, Jens	AMC Wittgenstein Bad Berlebu	00:34.44		00:33.56		01:08.00	14
9	903	Günther, Jannik	Briloner AC	00:33.92		00:34.09		01:08.01	13
10	3952	Peichl, Kevin	AC Warendorf	00:34.23		00:33.89		01:08.12	12
11	2014	Brummel, Marius	MFC Auf dem Schnee Herdecke	00:34.55		00:33.88		01:08.43	11
12	2535	Graf, Patrick	AMSC Lüdinghausen	00:34.46		00:34.27		01:08.73	10
13	1816	Schlie, Marvin	MSC Harsewinkel	00:34.86		00:34.25		01:09.11	9
14	4816	Fink, Kevin	MSC Soester Börde	00:35.08		00:34.68		01:09.76	8
15	1001	Eckhardt, Lorenz	AMC Burbach	00:35.79		00:34.51		01:10.30	7
16	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berlebu	00:34.26	2	00:34.08		01:10.34	6
17	1965	Lagoda, Phillipp	MSC Heeren-Werve	00:34.35		00:34.02	2	01:10.37	5
18	2922	Heupel, Franziska	AMC Oberrau	00:34.40	2	00:34.02		01:10.42	4
19	3045	Zabel, Jan	AC Oelde	00:34.27		00:34.18	2	01:10.45	3
20	1617	Karamitsios, Evangelos	Hagener AC 05	00:33.47		00:33.44	4	01:10.91	2
21	1627	Schäfer, Marvin	Hagener AC 05	00:34.65		00:34.40	2	01:11.05	1
22	8701	Flender, Jonathan	AMC Schwelm	00:34.48	2	00:34.81		01:11.29	1
23	901	Gross, Jan	Briloner AC	00:34.82		00:34.63	2	01:11.45	1
24	1819	Buxel, Leon	MSC Harsewinkel	00:34.82	2	00:34.65		01:11.47	1
25	1613	Seeland, Arne Luca	Hagener AC 05	00:35.05	2	00:34.74		01:11.79	1
26	4817	Daners, Nils	MSC Soester Börde	00:33.57	4	00:33.37	2	01:12.94	1
27	2111	Stanski, Luca	MSC Herten	00:33.46		00:33.79	6	01:13.25	1
28	3123	Bischopink, Alexander	MSC Oenetal	00:33.54		00:33.41	8	01:14.95	1
29	2525	Weustenhagen, Marius	AMSC Lüdinghausen	00:35.86		00:36.47	8	01:20.33	1

Zeitnahme: P.Overhoff
Auswertung: B.Treek

Schnellster Lauf: 00:33.45
(Peuser, Shareen - 5 / 4511)

Platz	Ortsclub	Starter	gewertet	Punkte
1	AC Warendorf	112 Optenhövel, Alina (30) Spänle, Mathilda (27) Wiedemann, Milan (27) Spänle, Oskar (22) Optenhövel, Nick (6)	84	30
2	MSC Harsewinkel	80 Schlie, Phil (30) Neisens, Luis (22) Fußner, Maximilian (18) Schlie, Marvin (9) Bolte, Jannek (1)	70	27
3	AC Oelde	74 Hovestadt, Justin (30) Grundkötter, Tobias (22) Schmidt, Marvin (18) Zabel, Jan (3) Rübe, Louis (1)	70	24
4	MSC Süd Sauerland	83 Nöcker, Tobias (24) Peuser, Shareen (20) Dumke, Timo (16) Neuhaus, Alexander (14) Grotmann, Nelio (9)	60	22
5	MSC Bergstadt Rüthen	63 Sossna, Lennard (30) Enthof, Jan (22) Schnitger, Marvin (7) Schnitger, Nico (3) Enthof, Annika (1)	59	20
6	RC Haltern	65 Körnig, Jastin (27) Wanzke, Noah (16) Masling, Sedic (13) Uphues, Finn (8) Fladung, Henrik (1)	56	18
7	AMC Burbach	62 Berg, Maximilian (20) Kwasnik, Lukas (16) Huber, Valentin (16) Eckhardt, Lorenz (7) Murali, Geethan (3)	52	16
8	MFC Auf dem Schnee Herdecke	66 Heinz, Maico (30) Brummel, Marius (11) Tschasche, Mick (10) Wabe, Jaden (10) Bohnert, Justin (5)	51	14
9	Hagener AC 05	56 Karamitsios, Lukas (20) Anders, Jan (18) Sechtin, Tim (12) Rommel, Stefan (5) Ok, Ilkan-Emre (1)	50	13
10	MSC Bork	52 Wünsch, Yannick (20) Besbes, Niklas Maximilian (12) Lobe, Nico Sebastian (11) Jüngling, Kai (9) , (0)	43	12
11	Kiersper RC	40 de Padova, Davide (27) de Padova, Noah (10) Schwarzkopf, Peter (2) Schwarzkopf, Michael (1) , (0)	39	11
12	AMC Wittgenstein Bad Berleburg	40 Biegler, Jens (14) Walter, Jan-Erik (11) Walter, Florian (8) Kuhmichel, Lea-Marie (6) Fuchs, Nico (1)	33	10
13	MSC Soester Börde	35 Boss, Leon (24) Fink, Kevin (8) Boss, Tilo (1) Daners, Jan (1) Daners, Nils (1)	33	9
14	MSC Oenetal	41 Blaschke, Justin (12) Dolle, Luis (10) Frey, Maximilian (9) Sauer, Nils (9) Bischopink, Alexander (1)	31	8
15	MSC Herten	32 Jürgensmeyer, Devin (24) Jakob, Tim (5) Quade, Luis (1) Godde, Tom (1) Stanski, Luca (1)	30	7
16	MSC Heeren-Werve	23 Störmer, Lars Niklas (12) Holzapfel, Moritz (6) Lagoda, Philipp (5) , (0) , (0)	23	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	MSC Schmallenberg	18 Schmidt, Kevin (11) Koch, Michael (6) Albers, Dominik (1) , (0) , (0)	18	5
18	AMSC Lüdinghausen	16 Graf, Patrick (10) Graf, Dominik (4) Stucke, Miguel (1) Weustenhagen, Marius (1) , (0)	15	4
19	MSC Oberruhr Velmede	13 Siewers, Kimi (13) , (0) , (0) , (0) , (0)	13	3
20	MSC Oeventrop	5 Frielinghaus, Julian (5) , (0) , (0) , (0) , (0)	5	2
21	AMC Schwelm	4 Dittrich, Lennart (3) Flender, Jonathan (1) , (0) , (0) , (0)	4	1
22	AMC Obernau	4 Heupel, Franziska (4) , (0) , (0) , (0) , (0)	4	1
23	OC Siegerland-Nord	3 Kallweit, Mika (2) Piontek, Linda (1) , (0) , (0) , (0)	3	1
24	MSC Westerkappeln	3 Illmann, Paul (2) Bornemann, Erik (1) , (0) , (0) , (0)	3	1
25	MSC Holzwickede	2 Baumgart, Pepe (1) Leitmann, Justin (1) , (0) , (0) , (0)	2	1
26	AC Hohenseelbachkopf	2 Polat, Esad (1) Engel, Paul (1) , (0) , (0) , (0)	2	1
27	MSC Helle	1 Köhler, Robin (1) , (0) , (0) , (0) , (0)	1	1