

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2018	Heinz, Maico	MFC Auf dem Schnee Herdecke	00:42.08		00:40.56		01:22.64	30
2	3003	Prangemeier, Tom	AC Oelde	00:41.50	2	00:40.32		01:23.82	27
3	4305	Polat, Esad	AC Hohenseelbachskopf	00:42.48	2	00:41.33		01:25.81	24
4	2119	Quade, Luis	MSC Herten	00:43.02	2	00:41.33		01:26.35	22
5	2531	Graf, Dominik	AMSC Lüdinghausen	00:45.04		00:43.44		01:28.48	20
6	1710	Joppich, Nico	RC Haltern	00:42.87	2	00:45.30		01:30.17	18
7	1838	Neisens, Luis	MSC Harsewinkel	00:43.66		00:43.07	4	01:30.73	16
8	2801	Jagic, David	MSF Netphen	00:46.78		00:44.07		01:30.85	14
9	1717	Masling, Sedric	RC Haltern	00:46.52		00:45.89		01:32.41	13
10	1837	Bückmann, Lennart	MSC Harsewinkel	00:48.05		00:44.41		01:32.46	12
11	1706	Fladung, Henrik	RC Haltern	00:47.46		00:45.69		01:33.15	11
12	1802	Ostermann, Nick	MSC Harsewinkel	00:46.16	2	00:46.17		01:34.33	10
13	3103	Dolle, Luis	MSC Oenetal	00:48.13		00:46.38		01:34.51	9
14	4902	Schwarzkopf, Michael	Kiersper RC	00:49.27		00:47.92		01:37.19	8
15	4505	Grotmann, Nelio	MSC Süd Sauerland	00:48.63	2	00:46.59		01:37.22	7
16	902	Kiewel, Paul	Briloner AC	00:48.53	2	00:44.78	2	01:37.31	6
17	1702	Götze, Jaron	RC Haltern	00:50.73		00:46.86		01:37.59	5
18	1703	Schücker, Pepe	RC Haltern	00:49.89		00:48.16		01:38.05	4
19	3808	Kipopoulos, Dimi Kosta	AMC Waltrop	00:51.06	2	00:45.07		01:38.13	3
20	1927	Holzapfel, Moritz	MSC Heeren-Werve	00:48.32	2	00:43.90	4	01:38.22	2
21	1718	Wanzke, Noah	RC Haltern	00:46.52		00:45.72	6	01:38.24	1
22	1021	Obenlüneschloß, Leonie	AMC Burbach	00:50.34	2	00:46.20		01:38.54	1
23	608	Walter, Florian	AMC Wittgenstein Bad Berlebu	00:48.62		00:45.05	6	01:39.67	1
24	804	Besbes, Niklas Maximilian	MSC Bork	00:51.07		00:46.92	2	01:39.99	1
25	1719	Halberstadt, Jannik	RC Haltern	00:52.20		00:48.12		01:40.32	1
26	2219	Rolleder, Andreas	AMC Ibbenbüren	00:55.57		00:44.88		01:40.45	1
27	834	Wünsch, Yannick	MSC Bork	00:50.32		00:47.61	4	01:41.93	1
28	4701	Frielinghaus, Julian	MSC Oeventrop	00:51.74	2	00:48.62	2	01:44.36	1
29	2526	Stucke, Miguel	AMSC Lüdinghausen	00:53.14		00:48.37	6	01:47.51	1

Zeitnahme: M. Spänle  
Auswertung: B. Treek

Schnellster Lauf: 00:40.32  
(Prangemeier, Tom - 2 / 3003)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1019	Kwasnik, Lukas	AMC Burbach	00:38.67		00:38.34		01:17.01	30
2	1807	Fußner, Maximilian	MSC Harsewinkel	00:38.71		00:39.68		01:18.39	27
3	803	Jüngling, Kai	MSC Bork	00:39.64		00:38.88		01:18.52	24
4	3910	Spänle, Mathilda	AC Warendorf	00:39.65		00:39.11		01:18.76	22
5	4439	Sossna, Lennard	MSC Bergstadt Rüthen	00:40.11		00:39.40		01:19.51	20
6	4426	Schnitger, Nico	MSC Bergstadt Rüthen	00:39.75		00:39.98		01:19.73	18
7	2002	Bohnert, Justin	MFC Auf dem Schnee Herdecke	00:40.19		00:39.65		01:19.84	16
8	4201	Köhler, Robin	MSC Helle	00:40.26		00:39.81		01:20.07	14
9	2015	Tschasche, Mick	MFC Auf dem Schnee Herdecke	00:40.24		00:39.94		01:20.18	13
10	3954	Distler, Matthes	AC Warendorf	00:40.38		00:39.94		01:20.32	12
11	3917	Niemeyer, Hannes	AC Warendorf	00:40.49		00:40.02		01:20.51	11
12	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:40.00		00:40.72		01:20.72	10
13	1604	Klein, Malon	Hagener AC 05	00:40.52		00:40.23		01:20.75	9
14	4515	Nöcker, Tobias	MSC Süd Sauerland	00:40.84		00:40.31		01:21.15	8
15	1004	Schneider, Leon Odin	AMC Burbach	00:40.54		00:40.67		01:21.21	7
16	4808	Boss, Tilo	MSC Soester Börde	00:39.67	2	00:39.85		01:21.52	6
17	1961	Störmer, Lars Niklas	MSC Heeren-Werve	00:41.12		00:40.69		01:21.81	5
18	4434	Kühle, Jan	MSC Bergstadt Rüthen	00:41.41		00:40.64		01:22.05	4
19	3951	Ellebracht, Jeniel Mauris	AC Warendorf	00:39.31		00:39.37	4	01:22.68	3
20	2202	Huckenheimer, Paul	AMC Ibbenbüren	00:40.98		00:41.99		01:22.97	2
21	4103	Bornemann, Erik	MSC Westerkappeln	00:41.81		00:41.44		01:23.25	1
22	2606	Breuer, Julius	AMSC Marl-Hüls	00:42.34		00:41.21		01:23.55	1
23	4921	Schwarzkopf, Peter	Kiersper RC	00:41.66		00:42.31		01:23.97	1
24	1721	Fortmann, Joan	RC Haltern	00:41.49		00:43.10		01:24.59	1
25	5027	Baumgart, Pepe	MSC Holzwickede	00:42.73		00:41.96		01:24.69	1
26	612	Walter, Jan-Erik	AMC Wittgenstein Bad Berlebu	00:41.60		00:41.45	2	01:25.05	1
27	618	Adler, Tim	AMC Wittgenstein Bad Berlebu	00:40.58	2	00:40.63	2	01:25.21	1
28	620	Funk, Fabian	AMC Wittgenstein Bad Berlebu	00:41.33	2	00:42.17		01:25.50	1
29	1017	Rothe, Luis	AMC Burbach	00:41.11	2	00:40.76	2	01:25.87	1
30	1218	Reimer, Julian	MSF Cobbenrode	00:40.43	2	00:41.34	4	01:27.77	1

Zeitnahme: M. Spänle  
Auswertung: B. Treek

Schnellster Lauf: 00:38.34  
(Kwasnik, Lukas - 1 / 1019)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:38.46		00:38.32		01:16.78	30
2	3907	Spänle, Oskar	AC Warendorf	00:38.23		00:38.72		01:16.95	27
3	4912	de Padova, Davide	Kiersper RC	00:38.70		00:38.53		01:17.23	24
4	1822	Schlie, Phil	MSC Harsewinkel	00:39.12		00:38.47		01:17.59	22
5	3916	Optenhövel, Nick	AC Warendorf	00:38.75		00:39.29		01:18.04	20
6	1616	Karamitsios, Lukas	Hagener AC 05	00:38.77		00:39.43		01:18.20	18
7	4813	Boss, Leon	MSC Soester Börde	00:39.18		00:39.05		01:18.23	16
8	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebu	00:39.30		00:39.04		01:18.34	14
9	4814	Daners, Jan	MSC Soester Börde	00:39.44		00:39.11		01:18.55	13
10	4304	Engel, Paul	AC Hohenseelbachskopf	00:39.74		00:39.18		01:18.92	12
11	1608	Sechtin, Tim	Hagener AC 05	00:39.72		00:39.31		01:19.03	11
12	1011	Schmal, Tim	AMC Burbach	00:39.63		00:39.53		01:19.16	10
13	1009	Lasota, Julian	AMC Burbach	00:39.48		00:39.85		01:19.33	9
14	1804	Ostermann, Tom	MSC Harsewinkel	00:40.37		00:38.97		01:19.34	8
15	3950	Peichl, Niklas	AC Warendorf	00:39.34		00:40.07		01:19.41	7
16	1713	Uphues, Finn	RC Haltern	00:39.49		00:40.01		01:19.50	6
17	1008	Murali, Geethan	AMC Burbach	00:39.84		00:39.68		01:19.52	5
18	2013	Wabe, Jaden	MFC Auf dem Schnee Herdecke	00:39.69		00:39.85		01:19.54	4
19	1821	Oubina-Hens, Elias	MSC Harsewinkel	00:40.17		00:39.61		01:19.78	3
20	3109	Frey, Maximilian	MSC Oenetal	00:40.01		00:39.90		01:19.91	2
21	1012	Huber, Valentin	AMC Burbach	00:39.04		00:38.94	2	01:19.98	1
22	2125	Jakob, Tim	MSC Herten	00:39.37	2	00:38.99		01:20.36	1
23	4104	Illmann, Paul	MSC Westerkappeln	00:40.25		00:40.28		01:20.53	1
24	3503	Schmidt, Kevin	MSC Schmallenberg	00:40.85		00:40.02		01:20.87	1
25	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:40.62		00:40.58		01:21.20	1
26	5018	Leitmann, Justin	MSC Holzwickede	00:41.19		00:40.39		01:21.58	1
27	1711	Korte, Kevin	RC Haltern	00:41.48		00:40.39		01:21.87	1
28	3026	Ruddigkeit, Lars	AC Oelde	00:40.60	2	00:40.38		01:22.98	1
29	2105	Godde, Tom	MSC Herten	00:39.51	4	00:39.68		01:23.19	1
30	1817	Bolte, Jannek	MSC Harsewinkel	00:40.97	2	00:40.11	2	01:25.08	1

Zeitnahme: M. Spänle  
Auswertung: B. Treek

Schnellster Lauf: 00:38.23  
(Spänle, Oskar - 2 / 3907)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3008	Grundkötter, Tobias	AC Oelde	00:38.00		00:38.20		01:16.20	30
2	3918	Optenhövel, Alina	AC Warendorf	00:38.57		00:37.87		01:16.44	27
3	4913	de Padova, Noah	Kiersper RC	00:38.49		00:38.00		01:16.49	24
4	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:38.68		00:38.44		01:17.12	22
5	3926	Laudon, Maximilian	AC Warendorf	00:38.81		00:38.55		01:17.36	20
6	1712	Körnig, Jastin	RC Haltern	00:38.70		00:38.73		01:17.43	18
7	1013	Berg, Maximilian	AMC Burbach	00:39.44		00:38.33		01:17.77	16
8	1638	Rommel, Stefan	Hagener AC 05	00:38.84		00:39.04		01:17.88	14
9	2116	Jürgensmeyer, Devin	MSC Herten	00:39.17		00:38.75		01:17.92	13
10	3930	Erlekamp, Nick	AC Warendorf	00:38.94		00:39.16		01:18.10	12
11	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:39.23		00:38.95		01:18.18	11
12	3102	Sauer, Nils	MSC Oenetal	00:39.10		00:39.09		01:18.19	10
13	3606	Piontek, Linda	OC Siegerland-Nord	00:39.12		00:39.29		01:18.41	9
14	3127	Blaschke, Justin	MSC Oenetal	00:39.08		00:39.42		01:18.50	8
15	3948	Strotmann, Jonas	AC Warendorf	00:38.21	2	00:38.45		01:18.66	7
16	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:39.66		00:39.30		01:18.96	6
17	410	Voß, Nico	MSC Lennetal-Bamenohl	00:38.67	2	00:38.43		01:19.10	5
18	3016	Nordmeyer, Niels	AC Oelde	00:39.85		00:39.32		01:19.17	4
19	4507	Schüttler, Niclas	MSC Süd Sauerland	00:39.22		00:39.98		01:19.20	3
20	3023	Windhövel, Maximilian	AC Oelde	00:39.44		00:40.07		01:19.51	2
21	831	Lobe, Nico Sebastian	MSC Bork	00:39.87		00:39.91		01:19.78	1
22	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:39.84		00:40.06		01:19.90	1
23	4838	Bürger, Ruben-Markus	MSC Soester Börde	00:38.85	2	00:39.37		01:20.22	1
24	1611	Klein, Tilo	Hagener AC 05	00:39.54		00:38.87	2	01:20.41	1
25	3605	Kallweit, Mika	OC Siegerland-Nord	00:39.39		00:39.63	2	01:21.02	1
26	3501	Koch, Michael	MSC Schmalleberg	00:39.66		00:39.59	2	01:21.25	1
27	8710	Dittrich, Lennart	AMC Schwelm	00:39.93	4	00:38.46		01:22.39	1
28	1612	Ok, Ilkan-Emre	Hagener AC 05	00:39.35	8	00:38.24		01:25.59	1

Zeitnahme: M. Spänle  
Auswertung: B. Treek

Schnellster Lauf: 00:37.87  
(Optenhövel, Alina - 2 / 3918)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4817	Daners, Nils	MSC Soester Börde	00:37.84		00:40.52		01:18.36	30
2	3123	Bischopink, Alexander	MSC Oenetal	00:38.19		00:40.35		01:18.54	27
3	901	Gross, Jan	Briloner AC	00:39.49		00:40.32		01:19.81	24
4	2922	Heupel, Franziska	AMC Obernau	00:38.92		00:41.75		01:20.67	22
5	1816	Schlie, Marvin	MSC Harsewinkel	00:39.40		00:41.33		01:20.73	20
6	1627	Schäfer, Marvin	Hagener AC 05	00:39.09		00:41.69		01:20.78	18
7	1617	Karamitsios, Evangelos	Hagener AC 05	00:38.34		00:42.51		01:20.85	16
8	2525	Weustenhagen, Marius	AMSC Lüdinghausen	00:39.74		00:41.17		01:20.91	14
9	8701	Flender, Jonathan	AMC Schwelm	00:39.29		00:41.68		01:20.97	13
10	3952	Peichl, Kevin	AC Warendorf	00:38.85		00:43.19		01:22.04	12
11	3908	Wiedemann, Milan	AC Warendorf	00:39.02		00:43.02		01:22.04	11
12	1001	Eckhardt, Lorenz	AMC Burbach	00:39.05		00:43.17		01:22.22	10
13	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berlebu	00:39.49		00:42.78		01:22.27	9
14	2535	Graf, Patrick	AMSC Lüdinghausen	00:39.11		00:44.06		01:23.17	8
15	3005	Hovestadt, Justin	AC Oelde	00:39.58		00:44.15		01:23.73	7
16	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:39.88		00:44.32		01:24.20	6
17	4508	Dumke, Timo	MSC Süd Sauerland	00:39.06		00:45.16		01:24.22	5
18	601	Biegler, Jens	AMC Wittgenstein Bad Berlebu	00:40.50		00:43.72		01:24.22	4
19	4511	Peuser, Shareen	MSC Süd Sauerland	00:40.27		00:44.32		01:24.59	3
20	3045	Zabel, Jan	AC Oelde	00:40.03		00:44.72		01:24.75	2
21	2014	Brummel, Marius	MFC Auf dem Schnee Herdecl	00:40.68		00:44.14		01:24.82	1
22	1965	Lagoda, Phillipp	MSC Heeren-Werve	00:40.57	4	00:40.52		01:25.09	1
23	2111	Stanski, Luca	MSC Herten	00:38.85		00:44.72	2	01:25.57	1
24	4816	Fink, Kevin	MSC Soester Börde	00:39.49		00:42.13	4	01:25.62	1
25	1603	Brandenburg, Marcel	Hagener AC 05	00:39.19		00:44.45	2	01:25.64	1
26	1613	Seeland, Arne Luca	Hagener AC 05	00:39.53		00:44.96	2	01:26.49	1
27	903	Günther, Jannik	Briloner AC	00:40.54		00:45.30	2	01:27.84	1
28	1819	Buxel, Leon	MSC Harsewinkel	00:41.83	2	00:44.80		01:28.63	1

Zeitnahme: M. Spänle  
Auswertung: B. Treek

Schnellster Lauf: 00:37.84  
(Daners, Nils - 1 / 4817)

Platz	Ortsclub	Starter	gewertet	Punkte
1	AC Warendorf	107 Spänle, Oskar (27) Optenhövel, Alina (27) Spänle, Mathilda (22) Optenhövel, Nick (20) Wiedemann, Milan (11)	76	30
2	MSC Harsewinkel	67 Fußner, Maximilian (27) Schlie, Phil (22) Neisens, Luis (16) Bolte, Jannek (1) Buxel, Leon (1)	65	27
3	AC Oelde	70 Grundkötter, Tobias (30) Prangemeier, Tom (27) Hovestadt, Justin (7) Nordmeyer, Niels (4) Zabel, Jan (2)	64	24
4	Hagener AC 05	74 Anders, Jan (30) Karamitsios, Lukas (18) Rommel, Stefan (14) Sechtin, Tim (11) Ok, Ilkan-Emre (1)	62	22
5	MSC Soester Börde	66 Daners, Nils (30) Boss, Leon (16) Daners, Jan (13) Boss, Tilo (6) Fink, Kevin (1)	59	20
6	MFC Auf dem Schnee Herdecke	64 Heinz, Maico (30) Bohnert, Justin (16) Tschasche, Mick (13) Wabe, Jaden (4) Brummel, Marius (1)	59	18
7	AMC Burbach	67 Kwasnik, Lukas (30) Berg, Maximilian (16) Schmal, Tim (10) Eckhardt, Lorenz (10) Huber, Valentin (1)	56	16
8	Kiersper RC	57 de Padova, Davide (24) de Padova, Noah (24) Schwarzkopf, Michael (8) Schwarzkopf, Peter (1) , (0)	56	14
9	RC Haltern	66 Joppich, Nico (18) Körnig, Jastin (18) Masling, Sedic (13) Fladung, Henrik (11) Uphues, Finn (6)	49	13
10	MSC Bergstadt Rüthen	56 Sossna, Lennard (20) Schnitger, Nico (18) Enthof, Annika (11) Enthof, Jan (6) Schnitger, Marvin (1)	49	12
11	MSC Oenetal	56 Bischopink, Alexander (27) Sauer, Nils (10) Dolle, Luis (9) Blaschke, Justin (8) Frey, Maximilian (2)	46	11
12	AMSC Lüdinghausen	43 Graf, Dominik (20) Weustenhagen, Marius (14) Graf, Patrick (8) Stucke, Miguel (1) , (0)	42	10
13	MSC Süd Sauerland	45 Neuhaus, Alexander (22) Nöcker, Tobias (8) Grotmann, Nelio (7) Dumke, Timo (5) Peuser, Shareen (3)	37	9
14	MSC Herten	38 Quade, Luis (22) Jürgensmeyer, Devin (13) Jakob, Tim (1) Godde, Tom (1) Stanski, Luca (1)	36	8
15	AC Hohenseelbachskopf	36 Polat, Esad (24) Engel, Paul (12) , (0) , (0) , (0)	36	7
16	AMC Wittgenstein Bad Berleburg	29 Fuchs, Nico (14) Kuhmichel, Lea-Marie (9) Biegler, Jens (4) Walter, Florian (1) Walter, Jan-Erik (1)	27	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	MSC Bork	27 Jüngling, Kai (24) Besbes, Niklas Maximilian (1) Wünsch, Yannick (1) Lobe, Nico Sebastian (1) , (0)	26	5
18	AMC Obernau	22 Heupel, Franziska (22) , (0) , (0) , (0) , (0)	22	4
19	MSC Helle	14 Köhler, Robin (14) , (0) , (0) , (0) , (0)	14	3
20	AMC Schwelm	14 Flender, Jonathan (13) Dittrich, Lennart (1) , (0) , (0) , (0)	14	2
21	MSC Oberruhr Velmede	11 Siewers, Kimi (10) Bunte, Jonas (1) , (0) , (0) , (0)	11	1
22	OC Siegerland-Nord	10 Piontek, Linda (9) Kallweit, Mika (1) , (0) , (0) , (0)	10	1
23	MSC Heeren-Werve	8 Störmer, Lars Niklas (5) Holzapfel, Moritz (2) Lagoda, Phillipp (1) , (0) , (0)	8	1
24	AMC Waltrop	3 Kipopoulos, Dimi Kosta (3) , (0) , (0) , (0) , (0)	3	1
25	MSC Westerkappeln	2 Bornemann, Erik (1) Illmann, Paul (1) , (0) , (0) , (0)	2	1
26	MSC Schmalleberg	2 Schmidt, Kevin (1) Koch, Michael (1) , (0) , (0) , (0)	2	1
27	MSC Holzwickede	2 Baumgart, Pepe (1) Leitmann, Justin (1) , (0) , (0) , (0)	2	1
28	MSC Oeventrop	1 Frielinghaus, Julian (1) , (0) , (0) , (0) , (0)	1	1