

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3003	Prangemeier, Tom	AC Oelde	00:45.85		00:45.63		01:31.48	30
2	2018	Heinz, Maico	MFC Auf dem Schnee Herdeck	00:46.60	2	00:44.84	2	01:35.44	27
3	4305	Polat, Esad	AC Hohenseelbachkopf	00:49.68		00:46.43		01:36.11	24
4	2119	Quade, Luis	MSC Herten	00:49.37		00:47.66	2	01:39.03	22
5	1838	Neisens, Luis	MSC Harsewinkel	00:47.45	4	00:46.60	2	01:40.05	20
6	1710	Joppich, Nico	RC Haltern	00:49.47	2	00:48.78		01:40.25	18
7	608	Walter, Florian	AMC Wittgenstein Bad Berlet	00:51.68		00:48.86		01:40.54	16
8	1802	Ostermann, Nick	MSC Harsewinkel	00:49.09	2	00:49.78		01:40.87	14
9	2531	Graf, Dominik	AMSC Lüdinghausen	00:49.63	2	00:49.77		01:41.40	13
10	804	Besbes, Niklas Maximilian	MSC Bork	00:51.19		00:50.90		01:42.09	12
11	3513	Albers, Dominik	MSC Schmallenberg	00:52.03		00:50.74		01:42.77	11
12	1927	Holzapfel, Moritz	MSC Heeren-Werve	00:49.99	2	00:50.82		01:42.81	10
13	2801	Jagic, David	MSF Netphen	00:50.39	2	00:50.96		01:43.35	9
14	1717	Masling, Sedic	RC Haltern	00:48.79	4	00:48.57	2	01:43.36	8
15	1706	Fladung, Henrik	RC Haltern	00:51.43		00:50.12	2	01:43.55	7
16	3103	Dolle, Luis	MSC Oenetal	00:52.31		00:51.52		01:43.83	6
17	1703	Schücker, Pepe	RC Haltern	00:49.45		00:50.39	4	01:43.84	5
18	902	Kiewel, Paul	Briloner AC	00:48.81		00:49.07	8	01:45.88	4
19	1837	Bückmann, Lennart	MSC Harsewinkel	00:52.78	2	00:53.49		01:48.27	3
20	4505	Grotmann, Nelio	MSC Süd Sauerland	00:53.71		00:54.90		01:48.61	2
21	2219	Rolleder, Andreas	AMC Ibbenbüren	00:58.83		00:48.19	2	01:49.02	1
22	2526	Stucke, Miguel	AMSC Lüdinghausen	00:55.05		00:54.23	2	01:51.28	1
23	1718	Wanzke, Noah	RC Haltern	00:59.04	8	00:47.20		01:54.24	1
24	3808	Kipopoulos, Dimi Kosta	AMC Waltrop	00:58.44	2	00:51.52	4	01:55.96	1
25	4701	Frielinghaus, Julian	MSC Oeventrop	00:55.69	6	00:52.66	2	01:56.35	1
26	1702	Götze, Jaron	RC Haltern	00:47.75	14	00:49.00	6	01:56.75	1
27	1021	Obenlüneschloß, Leonie	AMC Burbach	00:57.01	4	00:56.50		01:57.51	1
28	4902	Schwarzkopf, Michael	Kiersper RC	00:54.45	2	00:56.24	6	01:58.69	1
29	1719	Halberstadt, Jannik	RC Haltern	00:53.19		01:03.40	6	02:02.59	1
30	834	Wünsch, Yannick	MSC Bork	00:52.61	14	00:53.98	2	02:02.59	1

Zeitnahme: J. Schulte
Auswertung: B. Treek

Schnellster Lauf: 00:45.63
(Prangemeier, Tom - 1 / 3003)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1019	Kwasnik, Lukas	AMC Burbach	00:36.02	2	00:35.75		01:13.77	30
2	1807	Fußner, Maximilian	MSC Harsewinkel	00:36.75		00:36.58	2	01:15.33	27
3	1218	Reimer, Julian	MSF Cobbenrode	00:36.89		00:36.49	2	01:15.38	24
4	3910	Spänle, Mathilda	AC Warendorf	00:36.77	2	00:36.65		01:15.42	22
5	3951	Ellebracht, Jeniel Mauris	AC Warendorf	00:37.26		00:36.23	2	01:15.49	20
6	1017	Rothe, Luis	AMC Burbach	00:37.64		00:37.85		01:15.49	18
7	4439	Sossna, Lennard	MSC Bergstadt Rüthen	00:38.66		00:38.44		01:17.10	16
8	612	Walter, Jan-Erik	AMC Wittgenstein Bad Berlek	00:38.25		00:39.10		01:17.35	14
9	3954	Distler, Matthes	AC Warendorf	00:37.75	2	00:37.71		01:17.46	13
10	3917	Niemeyer, Hannes	AC Warendorf	00:38.52		00:39.04		01:17.56	12
11	4201	Köhler, Robin	MSC Helle	00:38.64		00:38.94		01:17.58	11
12	4808	Boss, Tilo	MSC Soester Börde	00:37.23	2	00:36.65	2	01:17.88	10
13	1961	Störmer, Lars Niklas	MSC Heeren-Werve	00:38.07	2	00:37.91		01:17.98	9
14	4426	Schnitger, Nico	MSC Bergstadt Rüthen	00:38.08	2	00:39.14		01:19.22	8
15	2015	Tschasche, Mick	MFC Auf dem Schnee Herdec	00:37.34	2	00:38.20	2	01:19.54	7
16	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:39.93		00:40.11		01:20.04	6
17	803	Jüngling, Kai	MSC Bork	00:38.21		00:38.29	4	01:20.50	5
18	1004	Schneider, Leon Odin	AMC Burbach	00:39.77	2	00:38.84		01:20.61	4
19	4434	Kühle, Jan	MSC Bergstadt Rüthen	00:39.69		00:38.95	2	01:20.64	3
20	2202	Huckenheimer, Paul	AMC Ibbenbüren	00:39.38		00:39.29	2	01:20.67	2
21	1604	Klein, Malon	Hagener AC 05	00:38.11	2	00:36.80	4	01:20.91	1
22	620	Funk, Fabian	AMC Wittgenstein Bad Berlek	00:37.10	4	00:38.16	2	01:21.26	1
23	4103	Bornemann, Erik	MSC Westerkappeln	00:40.41		00:39.05	2	01:21.46	1
24	4515	Nöcker, Tobias	MSC Süd Sauerland	00:37.58	6	00:38.07		01:21.65	1
25	2002	Bohnert, Justin	MFC Auf dem Schnee Herdec	00:40.92		00:41.09		01:22.01	1
26	1721	Fortmann, Joan	RC Haltern	00:40.57		00:42.08		01:22.65	1
27	5027	Baumgart, Pepe	MSC Holzwickede	00:40.71	2	00:39.99		01:22.70	1
28	2606	Breuer, Julius	AMSC Marl-Hüls	00:38.73		00:40.27	4	01:23.00	1
29	4921	Schwarzkopf, Peter	Kiersper RC	00:40.21		00:39.48	6	01:25.69	1
30	618	Adler, Tim	AMC Wittgenstein Bad Berlek	00:48.43	12	00:37.04	2	01:39.47	1

Zeitnahme: J. Schulte
Auswertung: B. Treek

Schnellster Lauf: 00:35.75
(Kwasnik, Lukas - 1 / 1019)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:35.43		00:35.22		01:10.65	30
2	3916	Optenhövel, Nick	AC Warendorf	00:36.07		00:35.67		01:11.74	27
3	1608	Sechtin, Tim	Hagener AC 05	00:35.79		00:36.07		01:11.86	24
4	1822	Schlie, Phil	MSC Harsewinkel	00:35.93		00:35.97		01:11.90	22
5	2125	Jakob, Tim	MSC Herten	00:36.19		00:36.37		01:12.56	20
6	610	Fuchs, Nico	AMC Wittgenstein Bad Berlet	00:35.39	2	00:35.41		01:12.80	18
7	4813	Boss, Leon	MSC Soester Börde	00:36.23		00:36.89		01:13.12	16
8	1011	Schmal, Tim	AMC Burbach	00:36.35		00:36.91		01:13.26	14
9	3907	Spänle, Oskar	AC Warendorf	00:34.88	2	00:34.47	2	01:13.35	13
10	1713	Uphues, Finn	RC Haltern	00:36.68		00:37.04		01:13.72	12
11	1817	Bolte, Jannek	MSC Harsewinkel	00:37.61		00:37.14		01:14.75	11
12	4304	Engel, Paul	AC Hohenseelbachkopf	00:37.69		00:37.65		01:15.34	10
13	1711	Korte, Kevin	RC Haltern	00:37.12		00:38.24		01:15.36	9
14	1012	Huber, Valentin	AMC Burbach	00:35.55	2	00:34.22	4	01:15.77	8
15	2105	Godde, Tom	MSC Herten	00:35.91	2	00:35.92	2	01:15.83	7
16	1616	Karamitsios, Lukas	Hagener AC 05	00:35.86	2	00:36.15	2	01:16.01	6
17	1804	Ostermann, Tom	MSC Harsewinkel	00:38.41		00:37.79		01:16.20	5
18	4814	Daners, Jan	MSC Soester Börde	00:37.00	2	00:35.63	2	01:16.63	4
19	3950	Peichl, Niklas	AC Warendorf	00:35.87		00:36.80	4	01:16.67	3
20	2013	Wabe, Jaden	MFC Auf dem Schnee Herdeck	00:36.68		00:38.03	2	01:16.71	2
21	3503	Schmidt, Kevin	MSC Schmallenberg	00:36.42	4	00:36.53		01:16.95	1
22	3026	Ruddigkeit, Lars	AC Oelde	00:36.34		00:36.63	4	01:16.97	1
23	1008	Murali, Geethan	AMC Burbach	00:36.73	2	00:36.52	2	01:17.25	1
24	1009	Lasota, Julian	AMC Burbach	00:36.53	2	00:36.88	2	01:17.41	1
25	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:39.06		00:38.63		01:17.69	1
26	5018	Leitmann, Justin	MSC Holzwickede	00:37.84	2	00:38.02		01:17.86	1
27	4104	Illmann, Paul	MSC Westerkappeln	00:38.01		00:37.96	2	01:17.97	1
28	4912	de Padova, Davide	Kiersper RC	00:36.23	4	00:35.86	2	01:18.09	1
29	1821	Oubina-Hens, Elias	MSC Harsewinkel	00:38.59		00:37.81	2	01:18.40	1
30	3109	Frey, Maximilian	MSC Oenetal	00:38.38	2	00:36.82	2	01:19.20	1

Zeitnahme: J. Schulte
Auswertung: B. Treek

Schnellster Lauf: 00:35.22
(Anders, Jan - 1 / 1637)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:34.97		00:35.61		01:10.58	30
2	3930	Erlekamp, Nick	AC Warendorf	00:35.42		00:35.62		01:11.04	27
3	2116	Jürgensmeyer, Devin	MSC Herten	00:36.08		00:35.16		01:11.24	24
4	4913	de Padova, Noah	Kiersper RC	00:35.52		00:35.78		01:11.30	22
5	1638	Rommel, Stefan	Hagener AC 05	00:35.73		00:35.61		01:11.34	20
6	1712	Körnig, Jastin	RC Haltern	00:35.94		00:35.55		01:11.49	18
7	1612	Ok, Ilkan-Emre	Hagener AC 05	00:36.21		00:35.43		01:11.64	16
8	3918	Optenhövel, Alina	AC Warendorf	00:35.50		00:36.31		01:11.81	14
9	831	Lobe, Nico Sebastian	MSC Bork	00:35.87		00:36.65		01:12.52	13
10	1013	Berg, Maximilian	AMC Burbach	00:36.63		00:35.95		01:12.58	12
11	3018	Rüße, Louis	AC Oelde	00:35.13	2	00:35.49		01:12.62	11
12	2103	Habicht, Tim	MSC Herten	00:37.11		00:35.84		01:12.95	10
13	3127	Blaschke, Justin	MSC Oenetal	00:36.77		00:36.97		01:13.74	9
14	3605	Kallweit, Mika	OC Siegerland-Nord	00:36.54		00:37.35		01:13.89	8
15	3606	Piontek, Linda	OC Siegerland-Nord	00:36.82		00:37.16		01:13.98	7
16	8710	Dittrich, Lennart	AMC Schwelm	00:35.26	2	00:36.84		01:14.10	6
17	3102	Sauer, Nils	MSC Oenetal	00:37.19		00:36.94		01:14.13	5
18	3501	Koch, Michael	MSC Schmallenberg	00:37.79		00:36.47		01:14.26	4
19	4838	Bürger, Ruben-Markus	MSC Soester Börde	00:36.03		00:36.45	2	01:14.48	3
20	3008	Grundkötter, Tobias	AC Oelde	00:35.01	2	00:35.56	2	01:14.57	2
21	3948	Strotmann, Jonas	AC Warendorf	00:35.48	4	00:35.56		01:15.04	1
22	3023	Windhövel, Maximilian	AC Oelde	00:36.39	2	00:35.12	2	01:15.51	1
23	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:36.96		00:36.85	2	01:15.81	1
24	1611	Klein, Tilo	Hagener AC 05	00:35.56	2	00:36.49	2	01:16.05	1
25	3016	Nordmeyer, Niels	AC Oelde	00:35.25	6	00:36.08		01:17.33	1
26	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:36.27	4	00:36.47	2	01:18.74	1
27	4507	Schüttler, Niclas	MSC Süd Sauerland	00:35.55	8	00:35.48		01:19.03	1
28	410	Voß, Nico	MSC Lennetal-Bamenoehl	00:34.31	4	00:35.76	8	01:22.07	1
29	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:36.39	8	00:35.89	2	01:22.28	1
30	3926	Laudon, Maximilian	AC Warendorf	00:35.61	6	00:36.83	12	01:30.44	1

Zeitnahme: J. Schulte
Auswertung: B. Treek

Schnellster Lauf: 00:34.97
(Neuhaus, Alexander - 1 / 4501)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3908	Wiedemann, Milan	AC Warendorf	00:34.10	2	00:34.16		01:10.26	30
2	601	Biegler, Jens	AMC Wittgenstein Bad Berlet	00:35.36		00:35.01		01:10.37	27
3	4511	Peuser, Shareen	MSC Süd Sauerland	00:35.17		00:35.47		01:10.64	24
4	4508	Dumke, Timo	MSC Süd Sauerland	00:35.15		00:36.13		01:11.28	22
5	4425	Enthof, Jan	MSC Bergstadt Rütthen	00:36.03		00:35.62		01:11.65	20
6	2535	Graf, Patrick	AMSC Lüdinghausen	00:35.88		00:36.11		01:11.99	18
7	903	Günther, Jannik	Briloner AC	00:35.66		00:36.46		01:12.12	16
8	3045	Zabel, Jan	AC Oelde	00:35.74		00:34.96	2	01:12.70	14
9	2014	Brummel, Marius	MFC Auf dem Schnee Herder	00:36.65		00:36.18		01:12.83	13
10	3952	Peichl, Kevin	AC Warendorf	00:36.61		00:36.24		01:12.85	12
11	4816	Fink, Kevin	MSC Soester Börde	00:36.34		00:36.52		01:12.86	11
12	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berlet	00:35.36	2	00:35.64		01:13.00	10
13	1613	Seeland, Arne Luca	Hagener AC 05	00:36.64		00:36.39		01:13.03	9
14	4920	Schwarzkopf, Rudolf	Kiersper RC	00:35.82		00:35.46	2	01:13.28	8
15	1603	Brandenburg, Marcel	Hagener AC 05	00:35.76	2	00:35.63		01:13.39	7
16	1819	Buxel, Leon	MSC Harsewinkel	00:36.39		00:37.30		01:13.69	6
17	1816	Schlie, Marvin	MSC Harsewinkel	00:37.05		00:36.67		01:13.72	5
18	8701	Flender, Jonathan	AMC Schwelm	00:36.81		00:37.06		01:13.87	4
19	2111	Stanski, Luca	MSC Herten	00:35.51	2	00:34.81	2	01:14.32	3
20	3005	Hovestadt, Justin	AC Oelde	00:34.53	2	00:34.88	4	01:15.41	2
21	3034	Schmidt, Marvin	AC Oelde	00:35.87	2	00:35.56	2	01:15.43	1
22	901	Gross, Jan	Briloner AC	00:35.52	4	00:35.20	2	01:16.72	1
23	3123	Bischopink, Alexander	MSC Oenetal	00:34.69	4	00:34.34	4	01:17.03	1
24	1627	Schäfer, Marvin	Hagener AC 05	00:37.45		00:36.22	4	01:17.67	1
25	1617	Karamitsios, Evangelos	Hagener AC 05	00:34.68	6	00:35.30	2	01:17.98	1
26	2525	Weustenhagen, Marius	AMSC Lüdinghausen	00:37.42	2	00:36.62	2	01:18.04	1
27	1001	Eckhardt, Lorenz	AMC Burbach	00:36.04	4	00:34.69	12	01:26.73	1
28	2922	Heupel, Franziska	AMC Obernau	00:35.87		00:43.93	8	01:27.80	1
29	1965	Lagoda, Phillipp	MSC Heeren-Werve	00:35.91	16	00:34.34	6	01:32.25	1

Zeitnahme: J. Schulte
Auswertung: B. Treek

Schnellster Lauf: 00:34.16
(Wiedemann, Milan - 1 / 3908)