

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|----------------------|----------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 1218 | Reimer, Julian | MSF Cobbenrode | 00:40.54 | | 00:42.29 | 2 | 01:24.83 | 30 |
| 2 | 4510 | Lauer, Kevin | MSC Süd Sauerland | 00:42.28 | | 00:45.43 | | 01:27.71 | 27 |
| 3 | 3105 | Nöcker, Tobias | MSC Oenetal | 00:49.37 | | 00:41.13 | | 01:30.50 | 24 |
| 4 | 4921 | Schwarzkopf, Peter | Kiersper RC | 00:43.81 | 4 | 00:43.81 | | 01:31.62 | 22 |
| 5 | 1004 | Schneider, Leon Odin | AMC Burbach | 00:43.17 | | 00:44.56 | 4 | 01:31.73 | 20 |
| 6 | 612 | Walter, Jan-Eric | AMC Wittgenstein Bad Berli | 00:40.41 | 4 | 00:40.81 | 8 | 01:33.22 | 18 |
| 7 | 3730 | Siewers, Kimi | MSC Oberruhr Velmede | 00:42.06 | 10 | 00:42.05 | 2 | 01:36.11 | 16 |
| 8 | 1005 | Kölsch, Lea | AMC Burbach | 00:44.00 | 6 | 00:44.72 | 2 | 01:36.72 | 14 |
| 9 | 403 | Bitzer, Niklas | MSC Lennetal-Bameno hl | 00:45.41 | 8 | 00:45.61 | | 01:39.02 | 13 |
| 10 | 620 | Funk, Fabian | AMC Wittgenstein Bad Berli | 00:39.56 | 16 | 00:41.03 | 8 | 01:44.59 | 12 |
| 11 | 4506 | Maddox, Hein | MSC Süd Sauerland | 00:45.96 | 2 | 00:52.66 | 4 | 01:44.62 | 11 |
| 12 | 618 | Adler, Tim | AMC Wittgenstein Bad Berli | 00:52.36 | | 00:48.17 | 6 | 01:46.53 | 10 |
| 13 | 5313 | Kwasnik, Lukas | MSC Siegerland | 00:38.76 | 26 | 00:38.98 | 8 | 01:51.74 | 9 |
| 14 | 401 | Di Marco, Daniel | MSC Lennetal-Bameno hl | 00:50.34 | 14 | 00:52.46 | 4 | 02:00.80 | 8 |
| 15 | 3110 | Buhr, Jarvis-Noel | MSC Oenetal | 00:58.86 | 4 | 00:56.09 | 18 | 02:16.95 | 7 |
| 16 | 3731 | Richter, Lars | MSC Oberruhr Velmede | 00:59.00 | 8 | 00:59.76 | 18 | 02:24.76 | 6 |
| 17 | 3112 | Sondermann, Fabian | MSC Oenetal | 00:56.22 | 22 | 01:09.00 | 22 | 02:49.22 | 5 |

Zeitnahme: Nino Müns
Auswertung: Malte Müns

Schnellster Lauf: 00:40.54
(Reimer, Julian - 1 / 1218)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|---------------------------|----------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 1010 | Kölsch, Tom | AMC Burbach | 00:35.72 | 2 | 00:36.52 | | 01:14.24 | 30 |
| 2 | 1011 | Schmal, Tim | AMC Burbach | 00:36.10 | 2 | 00:36.17 | | 01:14.27 | 27 |
| 3 | 2902 | Engel, Paul | AMC Obernau | 00:38.46 | | 00:38.68 | | 01:17.14 | 24 |
| 4 | 3109 | Frey, Maximilian | MSC Oenetal | 00:38.71 | | 00:39.00 | | 01:17.71 | 22 |
| 5 | 610 | Fuchs, Nico | AMC Wittgenstein Bad Berli | 00:37.99 | | 00:38.04 | 2 | 01:18.03 | 20 |
| 6 | 4308 | Grunewald, Max | AC Hohenseelbachkopf | 00:38.47 | 2 | 00:38.33 | | 01:18.80 | 18 |
| 7 | 1018 | Stieding, Jason-Jeremy | AMC Burbach | 00:39.45 | 4 | 00:37.95 | | 01:21.40 | 16 |
| 8 | 3703 | Bunte, Jonas | MSC Oberruhr Velmede | 00:39.41 | 2 | 00:40.76 | | 01:22.17 | 14 |
| 9 | 2903 | Glowick, Mats | AMC Obernau | 00:39.31 | 2 | 00:39.68 | 2 | 01:22.99 | 13 |
| 10 | 2804 | Galbas, Leon Benedikt | MSF Netphen | 00:40.91 | 2 | 00:40.65 | | 01:23.56 | 12 |
| 11 | 1012 | Huber, Valentin | AMC Burbach | 00:38.89 | 8 | 00:38.54 | | 01:25.43 | 11 |
| 12 | 2913 | Palzer, Leon | AMC Obernau | 00:42.00 | 2 | 00:40.06 | 2 | 01:26.06 | 10 |
| 13 | 2810 | Huhn, Alexander | MSF Netphen | 00:39.31 | 4 | 00:41.08 | 2 | 01:26.39 | 9 |
| 14 | 3104 | Döring, Rene | MSC Oenetal | 00:39.14 | 4 | 00:39.77 | 6 | 01:28.91 | 8 |
| 15 | 3503 | Schmidt, Kevin | MSC Schmallenberg | 00:37.83 | 10 | 00:39.18 | 2 | 01:29.01 | 7 |
| 16 | 411 | Fischer, Tim Luca | MSC Lennetal-Bamenoht | 00:41.48 | | 00:47.76 | | 01:29.24 | 6 |
| 17 | 2809 | Soates Braga, Luis Miguel | MSF Netphen | 00:39.85 | 10 | 00:41.03 | | 01:30.88 | 5 |
| 18 | 4318 | Schlosser, Fabienne | AC Hohenseelbachkopf | 00:40.80 | 6 | 00:42.61 | 2 | 01:31.41 | 4 |
| 19 | 603 | Funk, Daniel | AMC Wittgenstein Bad Berli | 00:40.90 | 8 | 00:40.52 | 2 | 01:31.42 | 3 |
| 20 | 1008 | Murali, Geethan | AMC Burbach | 00:39.07 | 12 | 00:36.71 | 6 | 01:33.78 | 2 |
| 21 | 4905 | Kugel, Jason | Kiersper RC | 00:41.28 | 2 | 00:44.59 | 6 | 01:33.87 | 1 |
| 22 | 4919 | Pieper, Andre | Kiersper RC | 00:42.14 | 2 | 00:37.69 | 14 | 01:35.83 | 1 |
| 23 | 602 | Adler, Torben | AMC Wittgenstein Bad Berli | 00:46.77 | 4 | 00:46.86 | 2 | 01:39.63 | 1 |
| 24 | 4503 | Lauer, Merle Kathleen | MSC Süd Sauerland | 00:41.06 | 16 | 00:39.26 | 4 | 01:40.32 | 1 |
| 25 | 3417 | Katanek, Jasmin | Olper AC | 00:40.93 | 4 | 00:45.28 | 12 | 01:42.21 | 1 |
| 26 | 3111 | Ruschke, Jan | MSC Oenetal | 00:46.02 | 4 | 00:46.61 | 6 | 01:42.63 | 1 |
| 27 | 607 | Koch, David | AMC Wittgenstein Bad Berli | 00:41.76 | 10 | 00:40.43 | 14 | 01:46.19 | 1 |
| 28 | 3613 | Gül, Cem | OC Siegerland-Nord | 00:42.10 | 4 | 00:51.05 | 10 | 01:47.15 | 1 |
| 29 | 3108 | Murgia, Enrico | MSC Oenetal | 00:46.24 | 4 | 00:50.96 | 10 | 01:51.20 | 1 |
| 30 | 2901 | Böhmer, Niklas | AMC Obernau | 00:54.42 | 18 | 00:43.06 | 10 | 02:05.48 | 1 |
| 31 | 5307 | Biyikli, Noel | MSC Siegerland | 00:48.37 | 8 | 00:53.77 | 22 | 02:12.14 | 1 |

Zeitnahme: Nino Müns
Auswertung: Malte Müns

Schnellster Lauf: 00:36.17
(Schmal, Tim - 2 / 1011)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|-------------------------|----------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 1006 | Saar, Lukas | AMC Burbach | 00:35.24 | 2 | 00:36.30 | | 01:13.54 | 30 |
| 2 | 1013 | Berg, Maximilian | AMC Burbach | 00:36.52 | | 00:37.05 | | 01:13.57 | 27 |
| 3 | 3107 | Schüttler, Niclas | MSC Oenetal | 00:36.90 | | 00:37.77 | | 01:14.67 | 24 |
| 4 | 606 | Koch, Tanja | AMC Wittgenstein Bad Berli | 00:37.50 | | 00:37.28 | | 01:14.78 | 22 |
| 5 | 3411 | Springob, Jan-Philipp | Olper AC | 00:37.38 | 2 | 00:38.57 | | 01:17.95 | 20 |
| 6 | 3127 | Blaschke, Justin | MSC Oenetal | 00:36.70 | 2 | 00:37.52 | 2 | 01:18.22 | 18 |
| 7 | 3403 | Schulte, Marvin | Olper AC | 00:37.59 | 2 | 00:39.03 | | 01:18.62 | 16 |
| 8 | 3605 | Kallweit, Mika | OC Siegerland-Nord | 00:38.86 | | 00:38.58 | 2 | 01:19.44 | 14 |
| 9 | 4314 | Klappert, Nico | AC Hohenseelbachskopf | 00:38.59 | 2 | 00:37.80 | 2 | 01:20.39 | 13 |
| 10 | 912 | van Dijk, Jana | Briloner AC | 00:41.60 | | 00:39.88 | | 01:21.48 | 12 |
| 11 | 3501 | Koch, Michael | MSC Schmallenberg | 00:38.26 | 2 | 00:37.79 | 6 | 01:24.05 | 11 |
| 12 | 1211 | Effey, Tobias | MSF Cobbenrode | 00:37.56 | 6 | 00:38.64 | 2 | 01:24.20 | 10 |
| 13 | 3102 | Sauer, Nils | MSC Oenetal | 00:38.70 | 6 | 00:38.12 | 2 | 01:24.82 | 9 |
| 14 | 3606 | Piontek, Linda | OC Siegerland-Nord | 00:40.51 | 2 | 00:42.41 | | 01:24.92 | 8 |
| 15 | 4914 | Lo Bello, Federico | Kiersper RC | 00:40.57 | 2 | 00:41.58 | 2 | 01:26.15 | 7 |
| 16 | 2911 | Lanzillotta, Fabrizio | AMC Obernau | 00:39.57 | 4 | 00:41.94 | 2 | 01:27.51 | 6 |
| 17 | 4501 | Neuhaus, Alexander | MSC Süd Sauerland | 00:38.32 | 2 | 00:37.36 | 10 | 01:27.68 | 5 |
| 18 | 410 | Voß, Nico | MSC Lennetal-Bamenohl | 00:41.06 | 6 | 00:41.27 | | 01:28.33 | 4 |
| 19 | 913 | van Dijk, Eileen | Briloner AC | 00:42.02 | 2 | 00:42.70 | 2 | 01:28.72 | 3 |
| 20 | 4517 | Lauer, Lena Marie | MSC Süd Sauerland | 00:37.00 | 6 | 00:43.98 | 2 | 01:28.98 | 2 |
| 21 | 617 | Fuchs, Kevin | AMC Wittgenstein Bad Berli | 00:37.68 | 12 | 00:38.65 | 2 | 01:30.33 | 1 |
| 22 | 4909 | Büchel, Maurice | Kiersper RC | 00:42.06 | 4 | 00:43.54 | 2 | 01:31.60 | 1 |
| 23 | 2816 | Fick, Markus | MSF Netphen | 00:38.79 | 4 | 00:36.95 | 12 | 01:31.74 | 1 |
| 24 | 3619 | Schönfelder, Maximilian | OC Siegerland-Nord | 00:37.79 | 8 | 00:38.29 | 8 | 01:32.08 | 1 |
| 25 | 3517 | Niederstraßer, David | MSC Schmallenberg | 00:43.42 | 6 | 00:39.06 | 6 | 01:34.48 | 1 |
| 26 | 4910 | Hallmann, Leon | Kiersper RC | 00:39.51 | 12 | 00:42.61 | 2 | 01:36.12 | 1 |
| 27 | 3106 | Runge, André | MSC Oenetal | 00:42.80 | 6 | 00:43.39 | 4 | 01:36.19 | 1 |
| 28 | 2908 | Hofmann, Nick | AMC Obernau | 00:41.83 | 6 | 00:43.71 | 10 | 01:41.54 | 1 |
| 29 | 409 | Rapp, Enrique | MSC Lennetal-Bamenohl | 00:42.59 | 28 | 00:40.03 | 16 | 02:06.62 | 1 |
| 30 | 406 | Di Marco, Salvatore | MSC Lennetal-Bamenohl | 00:46.55 | 38 | 00:46.54 | 24 | 02:35.09 | 1 |

Zeitnahme: Nino Müns
Auswertung: Malte Müns

Schnellster Lauf: 00:36.30
(Saar, Lukas - 1 / 1006)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|----------------------------|----------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 4508 | Dumke, Timo | MSC Süd Sauerland | 00:35.64 | | 00:35.81 | | 01:11.45 | 30 |
| 2 | 1001 | Eckhard, Lorenz | AMC Burbach | 00:35.73 | | 00:36.80 | | 01:12.53 | 27 |
| 3 | 903 | Günther, Jannik | Briloner AC | 00:36.56 | | 00:37.15 | | 01:13.71 | 24 |
| 4 | 5311 | Pizzurro, Alessandro | MSC Siegerland | 00:37.66 | | 00:37.18 | | 01:14.84 | 22 |
| 5 | 3724 | Bunte, Jannik | MSC Oberruhr Velmede | 00:36.08 | | 00:36.78 | 2 | 01:14.86 | 20 |
| 6 | 5302 | Diehl, Jannik | MSC Siegerland | 00:37.70 | | 00:37.41 | | 01:15.11 | 18 |
| 7 | 3408 | Alba, Sandro | Olper AC | 00:37.38 | | 00:38.44 | | 01:15.82 | 16 |
| 8 | 3409 | Bauer, Maximilian | Olper AC | 00:36.89 | 2 | 00:36.94 | | 01:15.83 | 14 |
| 9 | 2904 | Schelhas, Vera | AMC Obernau | 00:38.39 | | 00:37.91 | | 01:16.30 | 13 |
| 10 | 901 | Gross, Jan | Briloner AC | 00:36.58 | 2 | 00:37.91 | | 01:16.49 | 12 |
| 11 | 4511 | Peuser, Shareen | MSC Süd Sauerland | 00:37.01 | | 00:37.64 | 2 | 01:16.65 | 11 |
| 12 | 3101 | Sauer, Lars | MSC Oenetal | 00:38.36 | | 00:38.46 | | 01:16.82 | 10 |
| 13 | 3123 | Bischopink, Alexander | MSC Oenetal | 00:35.98 | | 00:36.93 | 4 | 01:16.91 | 9 |
| 14 | 613 | Fuchs, Katja | AMC Wittgenstein Bad Berli | 00:37.56 | 2 | 00:37.69 | | 01:17.25 | 8 |
| 15 | 4916 | Fischer, Jacques | Kiersper RC | 00:37.80 | | 00:37.79 | 2 | 01:17.59 | 7 |
| 16 | 5309 | Seidel, Patrick Paul | MSC Siegerland | 00:37.59 | | 00:38.31 | 2 | 01:17.90 | 6 |
| 17 | 4915 | Lo Bello, Francesco | Kiersper RC | 00:38.99 | 2 | 00:37.36 | | 01:18.35 | 5 |
| 18 | 3714 | Smorra, Gina-Maria | MSC Oberruhr Velmede | 00:37.24 | 2 | 00:37.29 | 2 | 01:18.53 | 4 |
| 19 | 4901 | Billhardt, Dennis | Kiersper RC | 00:37.89 | 2 | 00:36.95 | 2 | 01:18.84 | 3 |
| 20 | 902 | Becker, Leon | Briloner AC | 00:38.71 | | 00:40.32 | | 01:19.03 | 2 |
| 21 | 1029 | Obenlüneschloß, Robin | AMC Burbach | 00:36.20 | 2 | 00:37.27 | 4 | 01:19.47 | 1 |
| 22 | 4920 | Schwarzkopf, Rudolf | Kiersper RC | 00:37.25 | 2 | 00:38.26 | 2 | 01:19.51 | 1 |
| 23 | 4303 | Jung, Justin | AC Hohenseelbachkopf | 00:38.68 | 2 | 00:37.22 | 2 | 01:19.90 | 1 |
| 24 | 604 | Kuhmichel, Lea-Marie | AMC Wittgenstein Bad Berli | 00:35.75 | 4 | 00:36.58 | 4 | 01:20.33 | 1 |
| 25 | 5310 | Seidel, Stefan Herbert | MSC Siegerland | 00:36.80 | 2 | 00:37.65 | 4 | 01:20.45 | 1 |
| 26 | 4310 | Schlosser, Alina | AC Hohenseelbachkopf | 00:36.34 | 6 | 00:36.43 | 2 | 01:20.77 | 1 |
| 27 | 4309 | Grunewald, Nico | AC Hohenseelbachkopf | 00:36.95 | 6 | 00:36.72 | 2 | 01:21.67 | 1 |
| 28 | 4516 | Maas, Marc-Pascal | MSC Süd Sauerland | 00:36.43 | 10 | 00:35.75 | | 01:22.18 | 1 |
| 29 | 3415 | Verbücheln, Nico | Olper AC | 00:37.40 | 4 | 00:38.18 | 4 | 01:23.58 | 1 |
| 30 | 5308 | Mittelbach, Joshua | MSC Siegerland | 00:36.39 | 6 | 00:37.30 | 4 | 01:23.69 | 1 |
| 31 | 909 | van Dijk, Yannick-Bastiaan | Briloner AC | 00:36.47 | 2 | 00:39.42 | 6 | 01:23.89 | 1 |
| 32 | 2805 | Kleiner, Jan Robin | MSF Netphen | 00:39.99 | | 00:39.92 | 4 | 01:23.91 | 1 |
| 33 | 404 | Müller, Andre | MSC Lennetal-Bameno hl | 00:39.77 | 2 | 00:38.36 | 4 | 01:24.13 | 1 |
| 34 | 2802 | Baumhoff, Nils | MSF Netphen | 00:41.40 | 4 | 00:39.62 | 2 | 01:27.02 | 1 |
| 35 | 4906 | Müller, Elina | Kiersper RC | 00:40.06 | 4 | 00:37.33 | 6 | 01:27.39 | 1 |
| 36 | 1007 | Knautz, Jeremy | AMC Burbach | 00:35.95 | 8 | 00:35.66 | 8 | 01:27.61 | 1 |

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|----------------|-----------------------|----------|-----|----------|-----|-----------------|-----|
| 37 | 426 | Brandt, Johan | MSC Lennetal-Bamenohl | 00:39.17 | 6 | 00:38.87 | 4 | 01:28.04 | 1 |
| 38 | 407 | Hesse, David | MSC Lennetal-Bamenohl | 00:42.03 | | 00:42.87 | 4 | 01:28.90 | 1 |
| 39 | 3414 | Vogel, Lars | Olper AC | 00:38.15 | 8 | 00:39.32 | 6 | 01:31.47 | 1 |
| 40 | 5303 | Giordano, Nino | MSC Siegerland | 00:45.25 | 24 | 00:38.53 | 2 | 01:49.78 | 1 |

Zeitnahme: *Nino Müns*
Auswertung: *Malte Müns*

Schnellster Lauf: *00:35.64*
(*Dumke, Timo - 1 / 4508*)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|--------------------------|----------------------------|----------|-----|----------|-----|-----------------|-----|
| 1 | 1026 | Thanabalasingam, Janujan | AMC Burbach | 00:35.64 | | 00:35.97 | | 01:11.61 | 30 |
| 2 | 601 | Biegler, Jens | AMC Wittgenstein Bad Berli | 00:36.65 | | 00:36.24 | | 01:12.89 | 27 |
| 3 | 1016 | Obenlüneschloß, Sabrina | AMC Burbach | 00:36.52 | | 00:36.63 | | 01:13.15 | 24 |
| 4 | 2922 | Heupel, Franziska | AMC Obernau | 00:36.69 | | 00:36.97 | | 01:13.66 | 22 |
| 5 | 4907 | Müller, Stefan | Kiersper RC | 00:37.30 | | 00:36.91 | | 01:14.21 | 20 |
| 6 | 418 | Rademacher, Tobias | MSC Lennetal-Bamenohl | 00:36.30 | | 00:36.17 | 2 | 01:14.47 | 18 |
| 7 | 4509 | Laux, Carolin | MSC Süd Sauerland | 00:36.25 | 2 | 00:36.41 | | 01:14.66 | 16 |
| 8 | 4513 | Dumke, Patricia | MSC Süd Sauerland | 00:36.17 | 2 | 00:36.59 | | 01:14.76 | 14 |
| 9 | 3708 | McBride, Jan | MSC Oberruhr Velmede | 00:37.92 | | 00:37.88 | | 01:15.80 | 13 |
| 10 | 1015 | Kretzer, Alicia | AMC Burbach | 00:36.18 | 2 | 00:36.05 | 2 | 01:16.23 | 12 |
| 11 | 425 | Schmidt, Andre | MSC Lennetal-Bamenohl | 00:36.23 | 4 | 00:36.50 | | 01:16.73 | 11 |
| 12 | 4504 | Neuhaus, Ann-Christin | MSC Süd Sauerland | 00:38.21 | | 00:37.58 | 2 | 01:17.79 | 10 |
| 13 | 5305 | Bertellmann, Tobias | MSC Siegerland | 00:38.71 | | 00:38.29 | 2 | 01:19.00 | 9 |
| 14 | 3726 | Böckmann, Leon | MSC Oberruhr Velmede | 00:38.07 | 4 | 00:37.51 | 2 | 01:21.58 | 8 |
| 15 | 4316 | Puche, Jan | AC Hohenseelbachskopf | 00:37.10 | 6 | 00:36.34 | 4 | 01:23.44 | 7 |
| 16 | 405 | Wilmes, Andre | MSC Lennetal-Bamenohl | 00:38.42 | 4 | 00:38.42 | 4 | 01:24.84 | 6 |
| 17 | 4903 | Kowalski, Konstantin | Kiersper RC | 00:36.15 | 12 | 00:37.46 | 4 | 01:29.61 | 5 |

Zeitnahme: Nino Müns
Auswertung: Malte Müns

Schnellster Lauf: 00:35.64
(Thanabalasingam, Janujan - 1 / 1026)

| Platz | Ortsclub | Starter | gewertet | Punkte |
|-------|--------------------------------|--|----------|--------|
| 1 | AMC Burbach | 144 Kölsch, Tom (30) Saar, Lukas (30) Thanabalasingam, Janujan (30) Berg, Maximilian (27) Eckhard, Lorenz (27) | 90 | 30 |
| 2 | MSC Oenetal | 97 Nöcker, Tobias (24) Schüttler, Niclas (24) Frey, Maximilian (22) Blaschke, Justin (18) Bischopink, Alexander (9) | 70 | 27 |
| 3 | AMC Wittgenstein Bad Berleburg | 78 Biegler, Jens (27) Fuchs, Nico (20) Walter, Jan-Eric (18) Adler, Tim (10) Funk, Daniel (3) | 65 | 24 |
| 4 | AMC Obernau | 78 Engel, Paul (24) Heupel, Franziska (22) Glowick, Mats (13) Schelhas, Vera (13) Lanzillotta, Fabrizio (6) | 59 | 22 |
| 5 | MSC Süd Sauerland | 72 Dumke, Timo (30) Laux, Carolin (16) Peuser, Shareen (11) Neuhaus, Ann-Christin (10) Neuhaus, Alexander (5) | 57 | 20 |
| 6 | Olper AC | 67 Springob, Jan-Philipp (20) Schulte, Marvin (16) Alba, Sandro (16) Bauer, Maximilian (14) Verbücheln, Nico (1) | 52 | 18 |
| 7 | MSC Oberruhr Velmede | 67 Bunte, Jannik (20) Siewers, Kimi (16) Bunte, Jonas (14) McBride, Jan (13) Smorra, Gina-Maria (4) | 50 | 16 |
| 8 | MSF Cobbenrode | 40 Reimer, Julian (30) Effe, Tobias (10) , (0) , (0) , (0) | 40 | 14 |
| 9 | MSC Lennetal-Bamenohl | 44 Rademacher, Tobias (18) Bitzer, Niklas (13) Di Marco, Daniel (8) Voß, Nico (4) Brandt, Johan (1) | 39 | 13 |
| 10 | Briloner AC | 42 Günther, Jannik (24) Gross, Jan (12) van Dijk, Eileen (3) Becker, Leon (2) van Dijk, Yannick-Bastiaan (1) | 39 | 12 |
| 11 | AC Hohenseelbachkopf | 40 Grunewald, Max (18) Klappert, Nico (13) Puche, Jan (7) Schlosser, Alina (1) Grunewald, Nico (1) | 38 | 11 |
| 12 | Kiersper RC | 34 Müller, Stefan (20) Lo Bello, Federico (7) Lo Bello, Francesco (5) Pieper, Andre (1) Müller, Elina (1) | 32 | 10 |
| 13 | MSF Netphen | 28 Galbas, Leon Benedikt (12) Huhn, Alexander (9) Soates Braga, Luis Miguel (5) Kleiner, Jan Robin (1) Baumhoff, Nils (1) | 26 | 9 |
| 14 | OC Siegerland-Nord | 24 Kallweit, Mika (14) Piontek, Linda (8) Gül, Cem (1) Schönfelder, Maximilian (1) , (0) | 23 | 8 |
| 15 | MSC Schmallenberg | 19 Koch, Michael (11) Schmidt, Kevin (7) Niedersträßer, David (1) , (0) , (0) | 19 | 7 |