

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:39.40		00:39.95		<b>01:19.35</b>	30
2	3105	Nöcker, Tobias	MSC Oenetal	00:40.11		00:39.88		<b>01:19.99</b>	27
3	618	Adler, Tim	AMC Wittgenstein Bad Berli	00:38.31	2	00:38.83	2	<b>01:21.14</b>	24
4	4921	Schwarzkopf, Peter	Kiersper RC	00:37.33	4	00:40.02		<b>01:21.35</b>	22
5	401	Di Marco, Daniel	MSC Lennetal-Bamenohl	00:40.26	2	00:42.99	2	<b>01:27.25</b>	20
6	1218	Reimer, Julian	MSF Cobbenrode	00:38.48	6	00:39.93	4	<b>01:28.41</b>	18
7	4505	Neubauer, Lino Tom	MSC Süd Sauerland	00:39.72	4	00:40.11	6	<b>01:29.83</b>	16
8	4510	Lauer, Kevin	MSC Süd Sauerland	00:38.98	8	00:40.92	2	<b>01:29.90</b>	14
9	2905	Caracciolo, Mario	AMC Obernau	00:43.47	2	00:44.06	4	<b>01:33.53</b>	13
10	612	Walter, Jan-Eric	AMC Wittgenstein Bad Berli	00:48.48	2	00:41.13	2	<b>01:33.61</b>	12
11	4506	Maddox, Hein	MSC Süd Sauerland	00:43.84	2	00:44.06	4	<b>01:33.90</b>	11
12	620	Funk, Fabian	AMC Wittgenstein Bad Berli	00:41.27		00:41.88	12	<b>01:35.15</b>	10
13	5313	Kwasnik, Lukas	MSC Siegerland	00:40.58	10	00:40.90	6	<b>01:37.48</b>	9
14	1005	Kölsch, Lea	AMC Burbach	00:46.28	2	00:47.20	2	<b>01:37.48</b>	8
15	1004	Schneider, Leon Odin	AMC Burbach	00:42.66	2	00:46.51	10	<b>01:41.17</b>	7
16	3731	Richter, Lars	MSC Oberruhr Velmede	00:52.70		00:55.98		<b>01:48.68</b>	6
17	3112	Sondermann, Fabian	MSC Oenetal	00:51.37	8	00:54.94	6	<b>02:00.31</b>	5
18	3110	Buhr, Jarvis-Noel	MSC Oenetal	00:50.51	28	00:44.02	10	<b>02:12.53</b>	4
19	403	Bitzer, Niklas	MSC Lennetal-Bamenohl	00:47.00	12	00:34.09	72	<b>02:45.09</b>	3

Zeitnahme: Lothar Kasper  
 Auswertung: Harald Zawdski

Schnellster Lauf: 00:39.40  
 (Siewers, Kimi - 1 / 3730)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1010	Kölsch, Tom	AMC Burbach	00:36.09		00:35.62		<b>01:11.71</b>	30
2	3503	Schmidt, Kevin	MSC Schmallenberg	00:36.33		00:36.44		<b>01:12.77</b>	27
3	1011	Schmal, Tim	AMC Burbach	00:36.04		00:35.66	2	<b>01:13.70</b>	24
4	4919	Pieper, Andre	Kiersper RC	00:37.10		00:36.82		<b>01:13.92</b>	22
5	4905	Kugel, Jason	Kiersper RC	00:37.63		00:37.13		<b>01:14.76</b>	20
6	2902	Engel, Paul	AMC Obernau	00:37.59		00:37.60		<b>01:15.19</b>	18
7	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:36.69	2	00:36.53		<b>01:15.22</b>	16
8	4308	Grunewald, Max	AC Hohenseelbachkopf	00:36.68		00:36.58	2	<b>01:15.26</b>	14
9	1008	Murali, Geethan	AMC Burbach	00:38.04		00:37.68		<b>01:15.72</b>	13
10	3109	Frey, Maximilian	MSC Oenetal	00:37.49	2	00:36.53		<b>01:16.02</b>	12
11	2810	Huhn, Alexander	MSF Netphen	00:36.88		00:37.19	2	<b>01:16.07</b>	11
12	603	Funk, Daniel	AMC Wittgenstein Bad Berli	00:38.77		00:37.53		<b>01:16.30</b>	10
13	610	Fuchs, Nico	AMC Wittgenstein Bad Berli	00:37.02	4	00:36.27		<b>01:17.29</b>	9
14	2804	Galbas, Leon Benedikt	MSF Netphen	00:38.15	2	00:37.22	2	<b>01:19.37</b>	8
15	3104	Döring, Rene	MSC Oenetal	00:39.89		00:40.31		<b>01:20.20</b>	7
16	1009	Lasota, Julian	AMC Burbach	00:36.86	6	00:37.37		<b>01:20.23</b>	6
17	2903	Glowick, Mats	AMC Obernau	00:38.62	2	00:38.01	2	<b>01:20.63</b>	5
18	1018	Stieding, Jason-Jeremy	AMC Burbach	00:37.37		00:37.39	6	<b>01:20.76</b>	4
19	2809	Soates Braga, Luis Miguel	MSF Netphen	00:38.83	2	00:38.53	2	<b>01:21.36</b>	3
20	602	Adler, Torben	AMC Wittgenstein Bad Berli	00:37.43	6	00:38.10		<b>01:21.53</b>	2
21	1012	Huber, Valentin	AMC Burbach	00:38.24	2	00:37.90	4	<b>01:22.14</b>	1
22	4503	Lauer, Merle Kathleen	MSC Süd Sauerland	00:39.67	4	00:39.60	2	<b>01:25.27</b>	1
23	2901	Böhmer, Niklas	AMC Obernau	00:41.82	2	00:41.66		<b>01:25.48</b>	1
24	4318	Schlosser, Fabienne	AC Hohenseelbachkopf	00:39.65	4	00:39.90	2	<b>01:25.55</b>	1
25	4725	Wirßing, Connor	MSC Oeventrop	00:39.80		00:40.88	6	<b>01:26.68</b>	1
26	4711	Bolzenius, Max	MSC Oeventrop	00:36.66	14	00:37.26		<b>01:27.92</b>	1
27	3108	Murgia, Enrico	MSC Oenetal	00:42.02	2	00:40.83	4	<b>01:28.85</b>	1
28	411	Fischer, Tim Luca	MSC Lennetal-Bamenoehl	00:39.79	2	00:38.48	10	<b>01:30.27</b>	1
29	3111	Ruschke, Jan	MSC Oenetal	00:42.04	8	00:43.18	8	<b>01:41.22</b>	1
30	2913	Palzer, Leon	AMC Obernau	00:35.29	24	00:38.79	4	<b>01:42.08</b>	1

Zeitnahme: Lothar Kasper  
Auswertung: Harald Zawdski

Schnellster Lauf: 00:35.62  
(Kölsch, Tom - 1 / 1010)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3605	Kallweit, Mika	OC Siegerland-Nord	00:36.11		00:36.25		<b>01:12.36</b>	30
2	3127	Blaschke, Justin	MSC Oenetal	00:35.80		00:36.78		<b>01:12.58</b>	27
3	4914	Lo Bello, Federico	Kiersper RC	00:36.14		00:36.97		<b>01:13.11</b>	24
4	606	Koch, Tanja	AMC Wittgenstein Bad Berli	00:36.50		00:36.63		<b>01:13.13</b>	22
5	1006	Saar, Lukas	AMC Burbach	00:35.56		00:35.70	2	<b>01:13.26</b>	20
6	3107	Schüttler, Niclas	MSC Oenetal	00:36.54		00:36.75		<b>01:13.29</b>	18
7	3501	Koch, Michael	MSC Schmallerberg	00:35.87		00:35.67	2	<b>01:13.54</b>	16
8	1013	Berg, Maximilian	AMC Burbach	00:35.95	2	00:36.08		<b>01:14.03</b>	14
9	4314	Clappert, Nico	AC Hohenseelbachskopf	00:37.04		00:37.25		<b>01:14.29</b>	13
10	3403	Schulte, Marvin	Olper AC	00:37.46		00:37.12		<b>01:14.58</b>	12
11	3517	Niederstraßer, David	MSC Schmallerberg	00:37.16		00:37.44		<b>01:14.60</b>	11
12	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:35.11	4	00:35.75		<b>01:14.86</b>	10
13	1211	Effey, Tobias	MSF Cobbenrode	00:37.81		00:37.69		<b>01:15.50</b>	9
14	4910	Hallmann, Leon	Kiersper RC	00:37.86		00:37.86		<b>01:15.72</b>	8
15	4517	Lauer, Lena Marie	MSC Süd Sauerland	00:37.74		00:38.12		<b>01:15.86</b>	7
16	410	Voß, Nico	MSC Lennetal-Bamenohl	00:36.12	2	00:35.89	2	<b>01:16.01</b>	6
17	3102	Sauer, Nils	MSC Oenetal	00:37.34	2	00:36.74		<b>01:16.08</b>	5
18	5306	Haardt, Niclas	MSC Siegerland	00:37.37	2	00:37.65		<b>01:17.02</b>	4
19	3609	Kessler, Maren	OC Siegerland-Nord	00:38.28	2	00:38.64		<b>01:18.92</b>	3
20	3411	Springob, Jan-Philipp	Olper AC	00:37.38	2	00:37.60	2	<b>01:18.98</b>	2
21	2908	Hofmann, Nick	AMC Obernau	00:39.82		00:38.55	2	<b>01:20.37</b>	1
22	3619	Schönfelder, Maximilian	OC Siegerland-Nord	00:36.13	2	00:36.39	6	<b>01:20.52</b>	1
23	3606	Piontek, Linda	OC Siegerland-Nord	00:37.71		00:39.03	4	<b>01:20.74</b>	1
24	4909	Büchel, Maurice	Kiersper RC	00:38.76	2	00:38.09	2	<b>01:20.85</b>	1
25	2911	Lanzillotta, Fabrizio	AMC Obernau	00:36.40	2	00:38.69	4	<b>01:21.09</b>	1
26	3106	Runge, André	MSC Oenetal	00:40.86		00:40.96		<b>01:21.82</b>	1
27	2816	Fick, Markus	MSF Netphen	00:37.39	4	00:38.72	4	<b>01:24.11</b>	1
28	406	Di Marco, Salvatore	MSC Lennetal-Bamenohl	00:40.53	4	00:40.24		<b>01:24.77</b>	1
29	409	Rapp, Enrique	MSC Lennetal-Bamenohl	00:37.22	2	00:38.02	10	<b>01:27.24</b>	1
30	4715	Wirßing, Marlon	MSC Oeventrop	00:39.60	4	00:38.78	6	<b>01:28.38</b>	1
31	3406	Heik, Robin	Olper AC	00:40.38	4	00:41.45	6	<b>01:31.83</b>	1
32	5312	Bötcher, Fynn	MSC Siegerland	00:38.67	14	00:38.09	4	<b>01:34.76</b>	1
33	3424	Rumpff, Paul	Olper AC	00:43.05	8	00:43.06	2	<b>01:36.11</b>	1

Zeitnahme: Lothar Kasper  
Auswertung: Harald Zawdzki

Schnellster Lauf: 00:35.56  
(Saar, Lukas - 5 / 1006)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4508	Dumke, Timo	MSC Süd Sauerland	00:35.55		00:34.88		<b>01:10.43</b>	30
2	4511	Peuser, Shareen	MSC Süd Sauerland	00:35.11		00:35.58		<b>01:10.69</b>	27
3	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:35.17		00:35.92		<b>01:11.09</b>	24
4	901	Gross, Jan	Briloner AC	00:36.17		00:35.57		<b>01:11.74</b>	22
5	909	van Dijk, Yannick-Bastiaan	Briloner AC	00:36.18		00:35.77		<b>01:11.95</b>	20
6	4920	Schwarzkopf, Rudolf	Kiersper RC	00:35.85		00:36.17		<b>01:12.02</b>	18
7	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:35.93		00:36.24		<b>01:12.17</b>	16
8	4915	Lo Bello, Francesco	Kiersper RC	00:35.95		00:36.22		<b>01:12.17</b>	14
9	4906	Müller, Elina	Kiersper RC	00:36.27		00:35.93		<b>01:12.20</b>	13
10	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:36.39		00:35.91		<b>01:12.30</b>	12
11	613	Fuchs, Katja	AMC Wittgenstein Bad Berli	00:36.39		00:36.03		<b>01:12.42</b>	11
12	4916	Fischer, Jacques	Kiersper RC	00:36.54		00:36.40		<b>01:12.94</b>	10
13	2904	Schelhas, Vera	AMC Obernau	00:35.58	2	00:35.40		<b>01:12.98</b>	9
14	3123	Bischopink, Alexander	MSC Oenetal	00:35.15		00:35.86	2	<b>01:13.01</b>	8
15	4901	Billhardt, Dennis	Kiersper RC	00:35.52		00:35.78	2	<b>01:13.30</b>	7
16	1001	Eckhardt, Lorenz	AMC Burbach	00:36.40		00:36.91		<b>01:13.31</b>	6
17	902	Becker, Leon	Briloner AC	00:36.53		00:37.16		<b>01:13.69</b>	5
18	3409	Bauer, Maximilian	Olper AC	00:35.79	2	00:36.51		<b>01:14.30</b>	4
19	2802	Baumhoff, Nils	MSF Netphen	00:37.53		00:36.92		<b>01:14.45</b>	3
20	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:35.85	4	00:35.14		<b>01:14.99</b>	2
21	1029	Obenlüneschloß, Robin	AMC Burbach	00:36.36	2	00:36.63		<b>01:14.99</b>	1
22	404	Müller, Andre	MSC Lennetal-Bamenohl	00:36.37	2	00:36.98		<b>01:15.35</b>	1
23	903	Günther, Jannik	Briloner AC	00:35.86	2	00:35.57	2	<b>01:15.43</b>	1
24	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berli	00:36.09	2	00:35.69	2	<b>01:15.78</b>	1
25	5311	Pizzurro, Alessandro	MSC Siegerland	00:36.39	4	00:36.04		<b>01:16.43</b>	1
26	5302	Diehl, Jannik	MSC Siegerland	00:36.04	2	00:36.39	2	<b>01:16.43</b>	1
27	3415	Verbücheln, Nico	Olper AC	00:37.13	4	00:36.42		<b>01:17.55</b>	1
28	3101	Sauer, Lars	MSC Oenetal	00:37.08		00:36.89	4	<b>01:17.97</b>	1
29	3414	Vogel, Lars	Olper AC	00:37.14	2	00:37.36	2	<b>01:18.50</b>	1
30	5310	Seidel, Stefan Herbert	MSC Siegerland	00:37.58	2	00:37.10	2	<b>01:18.68</b>	1
31	2805	Kleiner, Jan Robin	MSF Netphen	00:37.53	2	00:37.66	2	<b>01:19.19</b>	1
32	4309	Grunewald, Nico	AC Hohenseelbachskopf	00:36.83	2	00:36.92	4	<b>01:19.75</b>	1
33	407	Hesse, David	MSC Lennetal-Bamenohl	00:39.11		00:38.64	2	<b>01:19.75</b>	1
34	5309	Seidel, Patrick Paul	MSC Siegerland	00:36.85	6	00:37.79		<b>01:20.64</b>	1
35	3412	Schmidt, Jan-Niklas	Olper AC	00:39.18	6	00:39.46	8	<b>01:32.64</b>	1
36	5308	Mittelbach, Joshua	MSC Siegerland	00:36.27	20	00:37.41		<b>01:33.68</b>	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
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Zeitnahme: Lothar Kasper  
Auswertung: Harald Zawdski

Schnellster Lauf: 00:34.88  
(Dumke, Timo - 1 / 4508)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1026	Thanabalasingam, Janujan	AMC Burbach	00:34.65		00:35.50		<b>01:10.15</b>	30
2	2922	Heupel, Franziska	AMC Oberruhr	00:35.07		00:35.33		<b>01:10.40</b>	27
3	601	Biegler, Jens	AMC Wittgenstein Bad Berli	00:35.68		00:34.84		<b>01:10.52</b>	24
4	4509	Laux, Carolin	MSC Süd Sauerland	00:35.32		00:35.74		<b>01:11.06</b>	22
5	425	Schmidt, Andre	MSC Lennetal-Bamenohl	00:35.40		00:35.69		<b>01:11.09</b>	20
6	3708	McBride, Jan	MSC Oberruhr Velmede	00:35.47		00:35.98		<b>01:11.45</b>	18
7	4513	Dumke, Patricia	MSC Süd Sauerland	00:36.05		00:35.48		<b>01:11.53</b>	16
8	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:36.31		00:36.23		<b>01:12.54</b>	14
9	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:36.16		00:37.35		<b>01:13.51</b>	13
10	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:36.08	2	00:35.48		<b>01:13.56</b>	12
11	3512	Mache, Brian	MSC Schmallenberg	00:36.64		00:37.13		<b>01:13.77</b>	11
12	4908	Meier, René	Kiersper RC	00:37.12		00:37.48		<b>01:14.60</b>	10
13	3518	Heikel, Justin	MSC Schmallenberg	00:37.19		00:37.99		<b>01:15.18</b>	9
14	4316	Puche, Jan	AC Hohenseelbachkopf	00:35.90		00:37.43	2	<b>01:15.33</b>	8
15	1015	Kretzer, Alicia	AMC Burbach	00:38.25		00:37.94		<b>01:16.19</b>	7
16	2818	Fick, Alexander	MSF Netphen	00:35.98	2	00:35.78	4	<b>01:17.76</b>	6
17	405	Wilmes, Andre	MSC Lennetal-Bamenohl	00:39.17		00:40.51		<b>01:19.68</b>	5
18	4903	Kowalski, Konstantin	Kiersper RC	00:36.11	8	00:35.79		<b>01:19.90</b>	4
19	5305	Bertellmann, Tobias	MSC Siegerland	00:36.40	4	00:37.83	2	<b>01:20.23</b>	3
20	3530	Derouiche, Dennis-Ali	MSC Schmallenberg	00:38.34	2	00:39.55	2	<b>01:21.89</b>	2
21	4306	Kersten, Dustin	AC Hohenseelbachkopf	00:35.91	4	00:37.41	8	<b>01:25.32</b>	1

Zeitnahme: Lothar Kasper  
 Auswertung: Harald Zawdski

Schnellster Lauf: 00:34.65  
 (Thanabalasingam, Janujan - 1 / 1026)

Platz	Ortsclub	Starter	gewertet	Punkte
1	AMC Burbach	98 Kölsch, Tom (30) Thanabalasingam, Janujan (30) Schmal, Tim (24) Berg, Maximilian (14) , (0)	84	30
2	MSC Süd Sauerland	105 Dumke, Timo (30) Peuser, Shareen (27) Laux, Carolin (22) Dumke, Patricia (16) Neuhaus, Alexander (10)	79	27
3	MSC Oenetal	92 Nöcker, Tobias (27) Blaschke, Justin (27) Schüttler, Niclas (18) Frey, Maximilian (12) Bischopink, Alexander (8)	72	24
4	AMC Wittgenstein Bad Berleburg	91 Adler, Tim (24) Biegler, Jens (24) Koch, Tanja (22) Walter, Jan-Eric (12) Fuchs, Nico (9)	70	22
5	MSC Oberruhr Velmede	92 Siewers, Kimi (30) McBride, Jan (18) Bunte, Jonas (16) Bunte, Jannik (16) Smorra, Gina-Maria (12)	64	20
6	MSC Lennetal-Bamenohl	76 Brandt, Johan (24) Di Marco, Daniel (20) Schmidt, Andre (20) Rademacher, Tobias (12) , (0)	64	18
7	MSC Schmallenberg	63 Schmidt, Kevin (27) Koch, Michael (16) Mache, Brian (11) Heikel, Justin (9) , (0)	54	16
8	AMC Obernau	60 Heupel, Franziska (27) Engel, Paul (18) Schelhas, Vera (9) Glowick, Mats (5) Lanzillotta, Fabrizio (1)	54	14
9	Briloner AC	48 Gross, Jan (22) van Dijk, Yannick-Bastiaan (20) Becker, Leon (5) Günther, Jannik (1) , (0)	47	13
10	Kiersper RC	43 Schwarzkopf, Peter (22) Lo Bello, Francesco (14) Billhardt, Dennis (7) , (0) , (0)	43	12
11	AC Hohenseelbachskopf	36 Grunewald, Max (14) Klappert, Nico (13) Puche, Jan (8) Grunewald, Nico (1) , (0)	35	11
12	OC Siegerland-Nord	35 Kallweit, Mika (30) Kessler, Maren (3) Schönfelder, Maximilian (1) Piontek, Linda (1) , (0)	34	10
13	MSF Cobbenrode	27 Reimer, Julian (18) Effey, Tobias (9) , (0) , (0) , (0)	27	9
14	MSF Netphen	22 Huhn, Alexander (11) Fick, Alexander (6) Baumhoff, Nils (3) Fick, Markus (1) Kleiner, Jan Robin (1)	20	8
15	Olper AC	20 Schulte, Marvin (12) Bauer, Maximilian (4) Springob, Jan-Philipp (2) Verbücheln, Nico (1) Vogel, Lars (1)	18	7
16	MSC Oeventrop	3 Wirßing, Connor (1) Bolzenius, Max (1) Wirßing, Marlon (1) , (0) , (0)	3	6