

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4921	Schwarzkopf, Peter	Kiersper RC	00:37.88	2	00:38.26		01:18.14	30
2	3105	Nöcker, Tobias	MSC Oenetal	00:38.35	2	00:38.10		01:18.45	27
3	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:39.02	2	00:38.54		01:19.56	24
4	3910	Spänle, Mathilda	AC Warendorf	00:39.97		00:39.66		01:19.63	22
5	2015	Tschasche, Mick	MFC Auf dem Schnee Herdecke	00:40.10		00:39.71		01:19.81	20
6	3917	Niemeyer, Hannes	AC Warendorf	00:38.06		00:38.36	4	01:20.42	18
7	1805	Laumann, Nico	MSC Harsewinkel	00:39.75	2	00:39.41		01:21.16	16
8	1704	Beckmann, Niklas	RC Haltern	00:40.74		00:41.67		01:22.41	14
9	3007	Windhövel, Josephine	AC Oelde	00:41.02		00:42.14		01:23.16	13
10	4434	Kühle, Jan	MSC Bergstadt Rüthen	00:42.15		00:41.11		01:23.26	12
11	4439	Sossna, Lennard	MSC Bergstadt Rüthen	00:39.94		00:39.85	4	01:23.79	11
12	3951	Ellebracht, Jeniel Mauris	AC Warendorf	00:39.79	4	00:40.16		01:23.95	10
13	401	Di Marco, Daniel	MSC Lennetal-Bamenohl	00:42.12		00:42.46		01:24.58	9
14	4009	Boss, Tilo	MSF Warstein	00:41.14	2	00:39.89	2	01:25.03	8
15	5410	Voss, Carolin	AJT des AC Lüdenscheid / Ha	00:39.16	2	00:40.05	4	01:25.21	7
16	4510	Lauer, Kevin	MSC Süd Sauerland	00:40.35		00:41.37	4	01:25.72	6
17	862	Basenau, Maverick	MSC Bork	00:37.37	6	00:39.34	4	01:26.71	5
18	612	Walter, Jan-Eric	AMC Wittgenstein Bad Berlebu	00:40.31	4	00:41.41	2	01:27.72	4
19	618	Adler, Tim	AMC Wittgenstein Bad Berlebu	00:39.95	2	00:45.94		01:27.89	3
20	1604	Klein, Malon	Hagener AC 05	00:37.67	6	00:37.23	8	01:28.90	2
21	2002	Bohnet, Justin	MFC Auf dem Schnee Herdecke	00:42.60	6	00:40.51		01:29.11	1
22	4426	Schnitger, Nico	MSC Bergstadt Rüthen	00:43.14	2	00:42.71	2	01:29.85	1
23	1961	Störmer, Lars Niklas	MSC Heeren-Werve	00:42.12	2	00:41.76	4	01:29.88	1
24	4506	Maddox, Hein	MSC Süd Sauerland	00:43.25	4	00:41.27	2	01:30.52	1
25	1714	Vogl, Eric	RC Haltern	00:42.10	4	00:44.48		01:30.58	1
26	4101	Höptner, Fynn	MSC Westerkappeln	00:42.14	10	00:39.94		01:32.08	1
27	1218	Reimer, Julian	MSF Cobbenrode	00:44.53	6	00:41.12	4	01:35.65	1
28	1807	Fußner, Maximilian	MSC Harsewinkel	00:39.22	8	00:39.58	10	01:36.80	1
29	308	Harpeniuk, David	AC Ascheberg	00:46.30	14	00:43.36	6	01:49.66	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:38.06

(Niemeyer, Hannes - 6 / 3917)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1616	Karamitsios, Lukas	Hagener AC 05	00:35.37		00:35.27		01:10.64	30
2	1822	Schlie, Phil	MSC Harsewinkel	00:35.63		00:35.42		01:11.05	27
3	527	Dirkschnieder, Jan	MSC Beckum	00:35.80		00:35.36		01:11.16	24
4	2902	Engel, Paul	AMC Obernau	00:35.48		00:35.75		01:11.23	22
5	4814	Daners, Jan	MSC Soester Börde	00:35.96		00:36.18		01:12.14	20
6	1602	Ungefroren, Kai	Hagener AC 05	00:34.94		00:35.33	2	01:12.27	18
7	4013	Boss, Leon	MSF Warstein	00:36.07		00:36.32		01:12.39	16
8	1011	Schmal, Tim	AMC Burbach	00:36.56		00:36.05		01:12.61	14
9	2105	Godde, Tom	MSC Herten	00:36.44		00:36.26		01:12.70	13
10	4308	Grunewald, Max	AC Hohenseelbachskopf	00:36.89		00:36.11		01:13.00	12
11	3907	Spänle, Oskar	AC Warendorf	00:36.22	2	00:35.52		01:13.74	11
12	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebu	00:35.77		00:36.09	2	01:13.86	10
13	3950	Peichl, Niklas	AC Warendorf	00:34.67		00:35.47	4	01:14.14	9
14	1009	Lasota, Julian	AMC Burbach	00:36.25		00:36.81	2	01:15.06	8
15	1637	Anders, Jan	Hagener AC 05	00:35.61		00:35.48	4	01:15.09	7
16	1608	Sechtin, Tim	Hagener AC 05	00:38.33		00:37.44		01:15.77	6
17	3947	Aulke, Sven-Ole	AC Warendorf	00:35.48	2	00:36.39	2	01:15.87	5
18	1909	Kurz, Florian	MSC Heeren-Werve	00:38.28		00:37.98		01:16.26	4
19	1711	Korte, Kevin	RC Haltern	00:37.76		00:38.72		01:16.48	3
20	1713	Uphues, Finn	RC Haltern	00:39.97		00:35.06	2	01:17.03	2
21	3503	Schmidt, Kevin	MSC Schmallenberg	00:36.94	4	00:36.15		01:17.09	1
22	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:38.49		00:39.19		01:17.68	1
23	3109	Frey, Maximilian	MSC Oenetal	00:38.72		00:39.10		01:17.82	1
24	1817	Bolte, Jannek	MSC Harsewinkel	00:37.48	2	00:36.37	2	01:17.85	1
25	3026	Ruddigkeit, Lars	AC Oelde	00:35.77	2	00:36.35	4	01:18.12	1
26	2903	Glowick, Mats	AMC Obernau	00:37.62	2	00:37.40	2	01:19.02	1
27	3916	Optenhövel, Nick	AC Warendorf	00:37.79	2	00:36.13	4	01:19.92	1
28	3921	Meimann, Luis	AC Warendorf	00:38.90	12	00:36.33	2	01:29.23	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:34.67

(Peichl, Niklas - 13 / 3950)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1712	Körnig, Jastin	RC Haltern	00:34.38		00:34.45		01:08.83	30
2	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:34.72		00:34.71		01:09.43	27
3	2116	Jürgensmeyer, Devin	MSC Herten	00:34.71		00:34.80		01:09.51	24
4	1801	Aistermann, Marvin	MSC Harsewinkel	00:34.69		00:34.92		01:09.61	22
5	1610	de Padova, Noah	Hagener AC 05	00:34.88		00:34.82		01:09.70	20
6	3948	Strotmann, Jonas	AC Warendorf	00:34.20		00:33.87	2	01:10.07	18
7	4838	Bürger, Ruben-Markus	MSC Soester Börde	00:34.96		00:35.11		01:10.07	16
8	1612	Ok, Ilkan-Emre	Hagener AC 05	00:35.36		00:34.78		01:10.14	14
9	3605	Kallweit, Mika	OC Siegerland-Nord	00:35.08		00:35.14		01:10.22	13
10	1006	Saar, Lukas	AMC Burbach	00:35.08		00:35.21		01:10.29	12
11	3918	Optenhövel, Alina	AC Warendorf	00:35.59		00:35.31		01:10.90	11
12	3127	Blaschke, Justin	MSC Oenetal	00:34.85	2	00:34.20		01:11.05	10
13	1703	Collins, McColl	RC Haltern	00:36.13		00:35.05		01:11.18	9
14	2103	Habicht, Tim	MSC Herten	00:34.52		00:34.72	2	01:11.24	8
15	1013	Berg, Maximilian	AMC Burbach	00:36.43		00:35.18		01:11.61	7
16	3008	Grundkötter, Tobias	AC Oelde	00:34.91		00:34.87	2	01:11.78	6
17	3924	Niemeyer, Paul	AC Warendorf	00:34.82	2	00:35.00		01:11.82	5
18	2215	Krutsch, Dennis	AMC Ibbenbüren	00:35.85		00:36.14		01:11.99	4
19	3930	Erlekamp, Nick	AC Warendorf	00:35.31	2	00:34.80		01:12.11	3
20	3501	Koch, Michael	MSC Schmallenberg	00:35.49		00:34.75	2	01:12.24	2
21	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:35.27	2	00:35.13		01:12.40	1
22	4119	Molano, Lara	MSC Westerkappeln	00:35.28	2	00:35.35		01:12.63	1
23	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:35.42		00:35.21	2	01:12.63	1
24	3102	Sauer, Nils	MSC Oenetal	00:36.86		00:36.11		01:12.97	1
25	410	Voß, Nico	MSC Lennetal-Bamenohl	00:36.40		00:34.99	2	01:13.39	1
26	606	Koch, Tanja	AMC Wittgenstein Bad Berlebu	00:35.70		00:36.14	2	01:13.84	1
27	3107	Schüttler, Niclas	MSC Oenetal	00:35.15	2	00:34.73	2	01:13.88	1
28	1611	Klein, Tilo	Hagener AC 05	00:34.65	4	00:34.44	2	01:15.09	1
29	3031	Hellweg, Luca	AC Oelde	00:35.42	2	00:34.80	4	01:16.22	1
30	5411	Voss, Lennart	AJT des AC Lüdenscheid / Ha	00:34.67	12	00:34.27	8	01:28.94	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:34.20

(Strotmann, Jonas - 6 / 3948)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:32.99		00:33.36		01:06.35	30
2	3123	Bischopink, Alexander	MSC Oenetal	00:33.91		00:33.48		01:07.39	27
3	4511	Peuser, Shareen	MSC Süd Sauerland	00:34.22		00:33.50		01:07.72	24
4	2111	Stanski, Luca	MSC Herten	00:33.96		00:33.93		01:07.89	22
5	1617	Karamitsios, Evangelos	Hagener AC 05	00:33.86		00:34.18		01:08.04	20
6	4817	Daners, Nils	MSC Soester Börde	00:34.03		00:34.14		01:08.17	18
7	5412	Winkler, Timo	AJT des AC Lüdenscheid / Ha	00:34.44		00:34.03		01:08.47	16
8	903	Günther, Jannik	Briloner AC	00:34.30		00:34.26		01:08.56	14
9	2117	Schmidt, Niklas	MSC Herten	00:34.48		00:34.46		01:08.94	13
10	2014	Brummel, Marius	MFC Auf dem Schnee Herdecke	00:34.51		00:34.57		01:09.08	12
11	2618	Dec, Markus	AMSC Marl-Hüls	00:34.68		00:34.49		01:09.17	11
12	3908	Wiedemann, Milan	AC Warendorf	00:33.98	2	00:33.31		01:09.29	10
13	1816	Schlie, Marvin	MSC Harsewinkel	00:35.13		00:34.31		01:09.44	9
14	505	Epp, Daniel	MSC Beckum	00:34.96		00:34.76		01:09.72	8
15	1403	Thünnemann, Marius	MSV Dulmania	00:35.03		00:34.78		01:09.81	7
16	3033	Klingbeil, Max	AC Oelde	00:35.29		00:34.79		01:10.08	6
17	8701	Flender, Jonathan	AMC Schwelm	00:35.79		00:34.63		01:10.42	5
18	3901	Litsch, Jan-Luca	AC Warendorf	00:33.79	2	00:33.82	2	01:11.61	4
19	1613	Seeland, Arne Luca	Hagener AC 05	00:35.01		00:34.96	2	01:11.97	3
20	818	Kühl, Kelvin	MSC Bork	00:35.70		00:36.34		01:12.04	2
21	3034	Schmidt, Marvin	AC Oelde	00:33.75	2	00:34.34	2	01:12.09	1
22	2904	Schelhas, Vera	AMC Obernau	00:35.28		00:35.08	2	01:12.36	1
23	715	Lasnig, Timo	MSC Ruhr-Blitz Bochum	00:36.89		00:35.52		01:12.41	1
24	528	Dirkschnieder, Daniel	MSC Beckum	00:35.59		00:34.93	2	01:12.52	1
25	3409	Bauer, Maximilian	Olper AC	00:36.23		00:34.55	2	01:12.78	1
26	3949	Strotmann, Leonie	AC Warendorf	00:35.54	2	00:35.26		01:12.80	1
27	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:35.24		00:35.05	6	01:16.29	1
28	4915	Lo Bello, Francesco	Kiersper RC	00:35.84	2	00:36.17	4	01:18.01	1
29	901	Gross, Jan	Briloner AC	00:34.78	4	00:33.82	10	01:22.60	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:32.99

(Enthof, Jan - 1 / 4425)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3903	Petermann, Niclas	AC Warendorf	00:33.43		00:33.57		01:07.00	30
2	3940	Hovestadt, Justin	AC Warendorf	00:33.70		00:33.82		01:07.52	27
3	601	Biegler, Jens	AMC Wittgenstein Bad Berlebu	00:33.39		00:34.17		01:07.56	24
4	3004	Gerling, Adrian	AC Oelde	00:33.91		00:33.68		01:07.59	22
5	1026	Thanabalasingam, Janujan	AMC Burbach	00:33.82		00:33.81		01:07.63	20
6	4416	Hillebrand, Nicolas Zdenko	MSC Bergstadt R�then	00:33.92		00:34.21		01:08.13	18
7	1824	Jochmann, Kevin	MSC Harsewinkel	00:34.45		00:33.91		01:08.36	16
8	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:34.42		00:34.01		01:08.43	14
9	2922	Heupel, Franziska	AMC Obernau	00:34.05		00:34.38		01:08.43	13
10	3906	Mannefeld, Kevin	AC Warendorf	00:33.48	2	00:33.14		01:08.62	12
11	5407	Pohl, Moritz	AJT des AC L�denscheid / Ha	00:34.14		00:34.55		01:08.69	11
12	4504	Neuhaus, Ann-Christin	MSC S�d Sauerland	00:34.41		00:34.35		01:08.76	10
13	8708	Kalthoff, Sebastian	AMC Schwelm	00:34.44		00:34.65		01:09.09	9
14	1603	Brandenburg, Marcel	Hagener AC 05	00:34.62		00:34.55		01:09.17	8
15	1627	Sch�fer, Marvin	Hagener AC 05	00:35.07		00:34.27		01:09.34	7
16	853	Stricker, Matthias	MSC Bork	00:33.92	2	00:33.46		01:09.38	6
17	4513	Dumke, Patricia	MSC S�d Sauerland	00:34.59		00:34.98		01:09.57	5
18	1819	Buxel, Leon	MSC Harsewinkel	00:35.01		00:34.70		01:09.71	4
19	3935	Hartmann, Nils	AC Warendorf	00:33.96		00:34.05	2	01:10.01	3
20	1016	Obenl�neschlo�, Sabrina	AMC Burbach	00:35.28		00:35.49		01:10.77	2
21	3805	Braune, Devin	AMC Waltrop	00:34.59	2	00:34.38		01:10.97	1
22	3938	Melches, Tobias	AC Warendorf	00:34.74		00:34.38	2	01:11.12	1
23	3804	Block, Tobias	AMC Waltrop	00:35.45		00:35.14	2	01:12.59	1
24	2535	Graf, Patrick	AMSC L�dinghausen	00:34.73	2	00:34.26	2	01:12.99	1
25	3708	McBride, Jan	MSC Oberruhr Velmede	00:35.03	2	00:34.38	2	01:13.41	1
26	1622	Mejri, Dalila	Hagener AC 05	00:35.78		00:35.67	2	01:13.45	1
27	2107	Kugel, Manuel	MSC Herten	00:34.04	2	00:34.05	4	01:14.09	1
28	1629	Schrade, Julia	Hagener AC 05	00:34.03	12	00:33.40		01:19.43	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:33.14

(Mannefeld, Kevin - 10 / 3906)

Platz	Ortsclub	Starter	gewertet	Punkte
1	MSC Bergstadt Rüthen	88 Enthof, Jan (30) Enthof, Annika (27) Hillebrand, Nicolas Zdenko (18) Kühle, Jan (12) Schnitger, Nico (1)	75	30
2	Hagener AC 05	79 Karamitsios, Lukas (30) de Padova, Noah (20) Karamitsios, Evangelos (20) Anders, Jan (7) Klein, Malon (2)	70	27
3	MSC Oenetal	66 Nöcker, Tobias (27) Bischopink, Alexander (27) Blaschke, Justin (10) Frey, Maximilian (1) Schüttler, Niclas (1)	64	24
4	MSC Herten	68 Jürgensmeyer, Devin (24) Stanski, Luca (22) Godde, Tom (13) Habicht, Tim (8) Kugel, Manuel (1)	59	22
5	MSC Soester Börde	54 Daners, Jan (20) Daners, Nils (18) Bürger, Ruben-Markus (16) , (0) , (0)	54	20
6	RC Haltern	58 Körnig, Jastin (30) Beckmann, Niklas (14) Collins, McCol (9) Korte, Kevin (3) Uphues, Finn (2)	53	18
7	MSC Harsewinkel	57 Schlie, Phil (27) Laumann, Nico (16) Schlie, Marvin (9) Buxel, Leon (4) Block, Jan-Nicklas (1)	52	16
8	AC Warendorf	63 Hovestadt, Justin (27) Mannefeld, Kevin (12) Spänle, Oskar (11) Peichl, Niklas (9) Litsch, Jan-Luca (4)	50	14
9	AMC Burbach	55 Thanabalasingam, Janujan (20) Schmal, Tim (14) Saar, Lukas (12) Berg, Maximilian (7) Obenlüneschloß, Sabrina (2)	46	13
10	AC Oelde	43 Gerling, Adrian (22) Windhövel, Josephine (13) Grundkötter, Tobias (6) Hellweg, Luca (1) Schmidt, Marvin (1)	41	12
11	MSC Süd Sauerland	42 Peuser, Shareen (24) Neuhaus, Ann-Christin (10) Lauer, Kevin (6) Maddox, Hein (1) Neuhaus, Alexander (1)	40	11
12	AMC Wittgenstein Bad Berleburg	42 Biegler, Jens (24) Fuchs, Nico (10) Walter, Jan-Eric (4) Adler, Tim (3) Koch, Tanja (1)	38	10
13	AMC Obernau	37 Engel, Paul (22) Heupel, Franziska (13) Glowick, Mats (1) Schelhas, Vera (1) , (0)	36	9
14	AJT des AC Lüdenscheid / Halve	35 Winkler, Timo (16) Pohl, Moritz (11) Voss, Carolin (7) Voss, Lennart (1)	34	8
15	MSC Beckum	33 Dirkschnieder, Jan (24) Epp, Daniel (8) Dirkschnieder, Daniel (1) , (0) , (0)	33	7
16	MFC Auf dem Schnee Herdecke	33 Tschasche, Mick (20) Brummel, Marius (12) Bohnet, Justin (1) , (0) , (0)	33	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	MSC Oberruhr Velmede	27 Siewers, Kimi (24) Bunte, Jonas (1) Bunte, Jannik (1) McBride, Jan (1) , (0)	26	5
18	MSF Warstein	24 Boss, Leon (16) Boss, Tilo (8) , (0) , (0) , (0)	24	4
19	MSC Lennetal-Bamenohl	24 Rademacher, Tobias (14) Di Marco, Daniel (9) Voß, Nico (1) , (0) , (0)	24	3
20	AMC Schwelm	14 Kalthoff, Sebastian (9) Flender, Jonathan (5) , (0) , (0) , (0)	14	2
21	MSC Bork	13 Stricker, Matthias (6) Basenau, Maverick (5) Kühl, Kelvin (2) , (0) , (0)	13	1
22	MSC Heeren-Werve	5 Kurz, Florian (4) Störmer, Lars Niklas (1) , (0) , (0) , (0)	5	1
23	MSC Schmallenberg	3 Koch, Michael (2) Schmidt, Kevin (1) , (0) , (0) , (0)	3	1
24	MSC Westerkappeln	2 Höptner, Fynn (1) Molano, Lara (1) , (0) , (0) , (0)	2	1
25	Olper AC	1 Bauer, Maximilian (1) , (0) , (0) , (0) , (0)	1	1
26	AMSC Lüdinghausen	1 Graf, Patrick (1) , (0) , (0) , (0) , (0)	1	1