

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:34.20	4	00:35.09	2	01:15.29	30
2	3105	Nöcker, Tobias	MSC Oenetal	00:36.04	4	00:36.81	4	01:20.85	27
3	4505	Neubauer, Lino Tom	MSC Süd Sauerland	00:36.84	10	00:38.31	2	01:27.15	24
4	1218	Reimer, Julian	MSF Cobbenrode	00:47.21	2	00:36.65	2	01:27.86	22
5	4510	Lauer, Kevin	MSC Süd Sauerland	00:42.14	2	00:38.79	6	01:28.93	20
6	612	Walter, Jan-Eric	AMC Wittgenstein Bad Berli	00:40.25	6	00:39.48	4	01:29.73	18
7	620	Funk, Fabian	AMC Wittgenstein Bad Berli	00:39.07	8	00:39.29	4	01:30.36	16
8	618	Adler, Tim	AMC Wittgenstein Bad Berli	00:38.53	8	00:39.03	6	01:31.56	14
9	401	Di Marco, Daniel	MSC Lennetal-Bamenohl	00:39.32	4	00:45.09	4	01:32.41	13
10	1004	Schneider, Leon Odin	AMC Burbach	00:47.99		00:42.78	2	01:32.77	12
11	1005	Kölsch, Lea	AMC Burbach	00:45.33		00:44.79	4	01:34.12	11
12	2905	Caracciolo, Mario	AMC Oberruhr	00:42.97	8	00:40.20	4	01:35.17	10
13	4506	Meddox, Hein	MSC Süd Sauerland	00:42.72	4	00:44.31	6	01:37.03	9
14	3103	Zdrevkovic, Conner	MSC Oenetal	00:45.27		00:45.86	6	01:37.13	8
15	403	Bitzer, Niklas	MSC Lennetal-Bamenohl	00:43.15		00:51.79	6	01:40.94	7
16	3110	Buhr, Jarvis-Noel	MSC Oenetal	01:10.97	18	01:04.01	6	02:38.98	6
17	3112	Sondermann, Fabian	MSC Oenetal	01:13.64	4	01:21.14	22	03:00.78	5

Zeitnahme:

Auswertung: Michael Peuser

Schnellster Lauf: 00:37.09

(Siewers, Kimi - 1 / 3730)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:34.34		00:34.69		01:09.03	30
2	2903	Glowick, Mats	AMC Obernau	00:35.58		00:34.68		01:10.26	27
3	2810	Huhn, Alexander	MSF Netphen	00:33.14	2	00:35.30	2	01:12.44	24
4	610	Fuchs, Nico	AMC Wittgenstein Bad Berli	00:34.19	2	00:34.65	2	01:12.84	22
5	4503	Lauer, Merle Kathleen	MSC Süd Sauerland	00:35.94		00:37.32		01:13.26	20
6	603	Funk, Daniel	AMC Wittgenstein Bad Berli	00:35.69	2	00:36.00		01:13.69	18
7	4711	Bolzenius, Max	MSC Oeventrop	00:35.97		00:36.28	2	01:14.25	16
8	1010	Kölsch, Tom	AMC Burbach	00:33.62	4	00:35.09	2	01:14.71	14
9	602	Adler, Torben	AMC Wittgenstein Bad Berli	00:35.51	2	00:35.78	2	01:15.29	13
10	1011	Schmal, Tim	AMC Burbach	00:33.98	2	00:35.34	4	01:15.32	12
11	3109	Frey, Maximilian	MSC Oenetal	00:35.50	4	00:33.83	2	01:15.33	11
12	1009	Lasota, Julian	AMC Burbach	00:34.63	2	00:35.26	4	01:15.89	10
13	4919	Pieper, Andre	Kiersper RC	00:35.44	2	00:36.93	2	01:16.37	9
14	2902	Engel, Paul	AMC Obernau	00:36.05	4	00:34.44	2	01:16.49	8
15	3613	Gül, Cem	OC Siegerland-Nord	00:35.79	2	00:37.43	2	01:17.22	7
16	3503	Schmidt, Kevin	MSC Schmallenberg	00:37.06	4	00:35.53	2	01:18.59	6
17	916	Mittmann, Malik	Briloner AC	00:40.26	2	00:38.20		01:20.46	5
18	4905	Kugel, Jason	Kiersper RC	00:37.60		00:39.04	4	01:20.64	4
19	4725	Wirßing, Connor	MSC Oeventrop	00:35.80	2	00:39.02	4	01:20.82	3
20	2901	Böhmer, Niklas	AMC Obernau	00:36.25	6	00:36.70	2	01:20.95	2
21	4318	Schlosser, Fabienne	AC Hohenseelbachkopf	00:39.39	2	00:37.60	2	01:20.99	1
22	4308	Grunewald, Max	AC Hohenseelbachkopf	00:36.90	6	00:36.49	2	01:21.39	1
23	3506	Frisse, Marlon	MSC Schmallenberg	00:39.94		00:41.65		01:21.59	1
24	2809	Soates Braga, Luis Miguel	MSF Netphen	00:39.08	2	00:38.59	2	01:21.67	1
25	3417	Katanek, Jasmin	Olper AC	00:37.41	2	00:38.57	4	01:21.98	1
26	3104	Döring, Rene	MSC Oenetal	00:38.41	4	00:36.89	4	01:23.30	1
27	2804	Galbas, Leon Benedikt	MSF Netphen	00:35.58	4	00:40.95	4	01:24.53	1
28	3108	Murgia, Enrico	MSC Oenetal	00:39.58	4	00:41.14	2	01:26.72	1
29	1012	Huber, Valentin	AMC Burbach	00:37.95		00:43.00	10	01:30.95	1
30	411	Fischer, Tim Luca	MSC Lennetal-Bamenoht	00:47.04	4	00:38.00	2	01:31.04	1
31	2907	Fischer, Moritz	AMC Obernau	00:36.67	8	00:36.89	14	01:35.56	1

Zeitnahme:

Auswertung: Michael Peuser

Schnellster Lauf: 00:34.34

(Bunte, Jonas - 1 / 3703)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3107	Schüttler, Niclas	MSC Oenetal	00:33.40		00:31.47		01:04.87	30
2	3127	Blaschke, Justin	MSC Oenetal	00:34.52		00:30.46		01:04.98	27
3	3501	Koch, Michael	MSC Schmallenberg	00:33.21	2	00:30.61		01:05.82	24
4	3102	Sauer, Nils	MSC Oenetal	00:34.21		00:31.74		01:05.95	22
5	3605	Kallweit, Mika	OC Siegerland-Nord	00:34.79		00:32.49		01:07.28	20
6	4517	Lauer, Lena Marie	MSC Süd Sauerland	00:34.18		00:34.15		01:08.33	18
7	2911	Lanzillotta, Fabrizio	AMC Obernau	00:33.08	2	00:33.48		01:08.56	16
8	4501	Neuhaus, Alexander	MSC Süd Sauerland	00:33.05	2	00:31.62	2	01:08.67	14
9	606	Koch, Tanja	AMC Wittgenstein Bad Berli	00:34.21		00:32.57	2	01:08.78	13
10	1006	Saar, Lukas	AMC Burbach	00:34.01		00:33.38	2	01:09.39	12
11	5301	Böhm, Lukas	MSC Siegerland	00:34.87		00:34.53		01:09.40	11
12	910	Löhr, Tim Niklas	Briloner AC	00:34.74	2	00:32.70		01:09.44	10
13	1013	Berg, Maximilian	AMC Burbach	00:35.37		00:34.90		01:10.27	9
14	3411	Springob, Jan-Philipp	Olper AC	00:34.25	4	00:33.35		01:11.60	8
15	1211	Effey, Tobias	MSF Cobbenrode	00:34.77	2	00:33.15	2	01:11.92	7
16	4914	Lo Bello, Federico	Kiersper RC	00:36.96		00:35.47		01:12.43	6
17	410	Voß, Nico	MSC Lennetal-Bameno	00:36.45	2	00:34.35		01:12.80	5
18	4314	Klappert, Nico	AC Hohenseelbachskopf	00:34.13	4	00:33.22	2	01:13.35	4
19	912	van Dijk, Jana	Briloner AC	00:35.49		00:34.07	4	01:13.56	3
20	3619	Schönfelder, Maximilian	OC Siegerland-Nord	00:33.89		00:31.74	8	01:13.63	2
21	409	Rapp, Enrique	MSC Lennetal-Bameno	00:35.64	4	00:34.69		01:14.33	1
22	3517	Niederstraßer, David	MSC Schmallenberg	00:36.47		00:34.25	4	01:14.72	1
23	3106	Runge, André	MSC Oenetal	00:37.33		00:36.42	2	01:15.75	1
24	2908	Hofmann, Nick	AMC Obernau	00:35.17	6	00:33.41	2	01:16.58	1
25	617	Fuchs, Kevin	AMC Wittgenstein Bad Berli	00:35.56	4	00:33.34	4	01:16.90	1
26	5312	Bötcher, Fynn	MSC Siegerland	00:38.87	2	00:36.30		01:17.17	1
27	4715	Wirßing, Marlon	MSC Oeventrop	00:34.52	2	00:34.72	6	01:17.24	1
28	913	van Dijk, Eileen	Briloner AC	00:35.99	4	00:35.26	2	01:17.25	1
29	3609	Kessler, Maren	OC Siegerland-Nord	00:36.46	6	00:34.96		01:17.42	1
30	2816	Fick, Markus	MSF Netphen	00:36.05	2	00:35.84	4	01:17.89	1
31	4910	Hallmann, Leon	Kiersper RC	00:38.22	2	00:38.75	4	01:22.97	1
32	3403	Schulte, Marvin	Olper AC	00:34.00	2	00:33.84	20	01:29.84	1
33	3424	Rumpff, Paul	Olper AC	00:39.78	16	00:38.28	2	01:36.06	1

Zeitnahme:
Auswertung: Michael Peuser

Schnellster Lauf: 00:30.46
(Blaschke, Justin - 2 / 3127)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1029	Obenlüneschloß, Robin	AMC Burbach	00:30.61		00:34.12		01:04.73	30
2	4508	Dumke, Timo	MSC Süd Sauerland	00:32.60		00:32.27		01:04.87	27
3	5309	Seidel, Patrick Paul	MSC Siegerland	00:31.43		00:34.55		01:05.98	24
4	4511	Peuser, Shareen	MSC Süd Sauerland	00:33.69		00:32.29		01:05.98	22
5	4309	Grunewald, Nico	AC Hohenseelbachkopf	00:32.91		00:33.20		01:06.11	20
6	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:31.93	2	00:32.22		01:06.15	18
7	2904	Schelhas, Vera	AMC Oberruhr	00:33.91		00:32.70		01:06.61	16
8	3101	Sauer, Lars	MSC Oenetal	00:33.72		00:33.11		01:06.83	14
9	5302	Diehl, Jannik	MSC Siegerland	00:29.63	2	00:33.45	2	01:07.08	13
10	1001	Eckhard, Lorenz	AMC Burbach	00:30.82		00:34.36	2	01:07.18	12
11	3409	Bauer, Maximilian	Olper AC	00:33.75		00:33.56		01:07.31	11
12	2805	Kleiner, Jan Robin	MSF Netphen	00:32.22		00:35.33		01:07.55	10
13	901	Gross, Jan	Briloner AC	00:33.53	2	00:32.41		01:07.94	9
14	4502	Laux, Fabian	MSC Süd Sauerland	00:33.54	2	00:32.79		01:08.33	8
15	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:32.93		00:33.46	2	01:08.39	7
16	3415	Verbücheln, Nico	Olper AC	00:34.45		00:33.97		01:08.42	6
17	1007	Knautz, Jeremy	AMC Burbach	00:30.25	2	00:34.22	2	01:08.47	5
18	3123	Bischopink, Alexander	MSC Oenetal	00:32.81	2	00:31.73	2	01:08.54	4
19	426	Brandt, Johan	MSC Lennetal-Bameno	00:33.38		00:33.17	2	01:08.55	3
20	2802	Baumhoff, Nils	MSF Netphen	00:32.54		00:36.02		01:08.56	2
21	902	Becker, Leon	Briloner AC	00:34.97		00:33.62		01:08.59	1
22	4916	Fischer, Jacques	Kiersper RC	00:34.87		00:33.93		01:08.80	1
23	5308	Mittelbach, Joshua	MSC Siegerland	00:30.16	4	00:32.66	2	01:08.82	1
24	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:33.03		00:32.03	4	01:09.06	1
25	4901	Billhardt, Dennis	Kiersper RC	00:33.74	2	00:33.33		01:09.07	1
26	4915	Lo Bello, Francesco	Kiersper RC	00:33.83	2	00:33.67		01:09.50	1
27	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berli	00:34.51		00:33.89	2	01:10.40	1
28	613	Fuchs, Katja	AMC Wittgenstein Bad Berli	00:35.21	2	00:33.36		01:10.57	1
29	4906	Müller, Elina	Kiersper RC	00:34.46		00:34.38	2	01:10.84	1
30	5304	Rasquin, Florian	MSC Siegerland	00:34.10		00:36.86		01:10.96	1
31	903	Günther, Jannik	Briloner AC	00:33.83	6	00:31.53		01:11.36	1
32	3408	Alba, Sandro	Olper AC	00:34.57	2	00:35.10		01:11.67	1
33	404	Müller, Andre	MSC Lennetal-Bameno	00:34.59	2	00:33.71	2	01:12.30	1
34	3532	Frisse, Gina-Maria	MSC Schmallenberg	00:34.48	2	00:33.91	2	01:12.39	1
35	5311	Pizzurro, Alessandro	MSC Siegerland	00:32.61	2	00:33.57	6	01:14.18	1
36	407	Hesse, David	MSC Lennetal-Bameno	00:36.33	2	00:36.35		01:14.68	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	5310	Seidel, Stefan Herbert	MSC Siegerland	00:31.30	6	00:34.25	4	01:15.55	1
38	909	van Dijk, Yannick-Bastiaan	Briloner AC	00:33.67	4	00:33.38	6	01:17.05	1
39	4709	Kleine, Marvin	MSC Oeventrop	00:36.13	4	00:35.22	2	01:17.35	1
40	3414	Vogel, Lars	Olper AC	00:34.75	4	00:33.19	6	01:17.94	1
41	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:33.85	6	00:33.24	6	01:19.09	1

Zeitnahme:

Auswertung: Michael Peuser

Schnellster Lauf: 00:30.61

(Obenlüneschloß, Robin - 1 / 1029)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:32.73		00:30.86		01:03.59	30
2	3708	McBride, Jan	MSC Oberruhr Velmede	00:33.53		00:30.54		01:04.07	27
3	1026	Thanabalasingam, Janujan	AMC Burbach	00:32.31		00:31.92		01:04.23	24
4	418	Rademacher, Tobias	MSC Lennetal-Bameno hl	00:32.79		00:32.18		01:04.97	22
5	4504	Neuhaus, Ann-Christin	MSC Süd Sauerland	00:33.18		00:32.03		01:05.21	20
6	4904	Kohls, Maurice	Kiersper RC	00:32.49		00:31.74	2	01:06.23	18
7	2922	Heupel, Franziska	AMC Obernau	00:32.22	2	00:30.40	2	01:06.62	16
8	4704	Wirth, Kevin	MSC Oeventrop	00:32.39	2	00:30.46	2	01:06.85	14
9	4509	Laux, Carolin	MSC Süd Sauerland	00:33.14	2	00:30.72	2	01:07.86	13
10	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:33.93	2	00:32.62		01:08.55	12
11	3512	Mache, Brian	MSC Schmallenberg	00:35.59		00:33.04		01:08.63	11
12	4907	Müller, Stefan	Kiersper RC	00:34.15	2	00:32.58		01:08.73	10
13	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:31.38		00:29.79	8	01:09.17	9
14	4513	Dumke, Patricia	MSC Süd Sauerland	00:33.52	2	00:31.68	2	01:09.20	8
15	425	Schmidt, Andre	MSC Lennetal-Bameno hl	00:32.79	2	00:32.47	2	01:09.26	7
16	2818	Fick, Alexander	MSF Netphen	00:34.32	2	00:32.80	2	01:11.12	6
17	1204	Keggenhoff, Christina	MSF Cobbenrode	00:34.59	2	00:32.85	2	01:11.44	5
18	1015	Kretzer, Alicia	AMC Burbach	00:34.59	2	00:33.79	2	01:12.38	4
19	4903	Kowalski, Konstantin	Kiersper RC	00:34.11	2	00:33.17	4	01:13.28	3
20	405	Wilmes, Andre	MSC Lennetal-Bameno hl	00:35.08	4	00:35.13		01:14.21	2
21	2803	Jagic, Mario	MSF Netphen	00:34.16	2	00:33.34	6	01:15.50	1
22	3530	Derouiche, Dennis-Ali	MSC Schmallenberg	00:35.38		00:33.40	10	01:18.78	1

Zeitnahme:

Auswertung: Michael Peuser

Schnellster Lauf: 00:30.54

(McBride, Jan - 2 / 3708)

Platz	Ortsclub	Starter	gewertet	Punkte
1	MSC Oberruhr Velmede	112 Siewers, Kimi (30) Bunte, Jonas (30) McBride, Jan (27) Bunte, Jannik (18) Smorra, Gina-Maria (7)	87	30
2	MSC Oenetal	99 Schüttler, Niclas (30) Nöcker, Tobias (27) Blaschke, Justin (27) Frey, Maximilian (11) Bischopink, Alexander (4)	84	27
3	MSC Süd Sauerland	107 Dumke, Timo (27) Neubauer, Lino Tom (24) Peuser, Shareen (22) Neuhaus, Ann-Christin (20) Neuhaus, Alexander (14)	73	24
4	AMC Obernau	68 Glowick, Mats (27) Schelhas, Vera (16) Heupel, Franziska (16) Engel, Paul (8) Hofmann, Nick (1)	59	22
5	AMC Wittgenstein Bad Berleburg	76 Fuchs, Nico (22) Funk, Daniel (18) Adler, Tim (14) Koch, Tanja (13) Biegler, Jens (9)	54	20
6	AMC Burbach	71 Thanabalasingam, Janujan (24) Kölsch, Tom (14) Schmal, Tim (12) Saar, Lukas (12) Berg, Maximilian (9)	50	18
7	MSC Lennetal-Bamenohl	52 Rademacher, Tobias (22) Di Marco, Daniel (13) Bitzer, Niklas (7) Schmidt, Andre (7) Brandt, Johan (3)	42	16
8	MSC Schmallenberg	43 Koch, Michael (24) Mache, Brian (11) Schmidt, Kevin (6) Frisse, Marlon (1) Frisse, Gina-Maria (1)	41	14
9	MSF Netphen	36 Huhn, Alexander (24) Kleiner, Jan Robin (10) Galbas, Leon Benedikt (1) Fick, Markus (1) , (0)	35	13
10	Kiersper RC	36 Kohls, Maurice (18) Müller, Stefan (10) Lo Bello, Federico (6) Fischer, Jacques (1) Lo Bello, Francesco (1)	34	12
11	MSF Cobbenrode	34 Reimer, Julian (22) Effe, Tobias (7) Keggenhoff, Christina (5) , (0) , (0)	34	11
12	MSC Oeventrop	35 Bolzenius, Max (16) Wirth, Kevin (14) Wirßing, Connor (3) Wirßing, Marlon (1) Kleine, Marvin (1)	33	10
13	OC Siegerland-Nord	30 Kallweit, Mika (20) Gül, Cem (7) Schönfelder, Maximilian (2) Kessler, Maren (1) , (0)	29	9
14	Olper AC	27 Bauer, Maximilian (11) Springob, Jan-Philipp (8) Verbücheln, Nico (6) Schulte, Marvin (1) Alba, Sandro (1)	25	8
15	AC Hohenseelbachskopf	27 Grunewald, Nico (20) Klappert, Nico (4) Schlosser, Fabienne (1) Grunewald, Max (1) Schlosser, Alina (1)	25	7
16	Briloner AC	22 Löhr, Tim Niklas (10) Gross, Jan (9) Becker, Leon (1) Günther, Jannik (1) van Dijk, Yannick-Bastiaan (1)	20	6