

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|---------------------------|-----------------------------|----------|-----|----------|-----|----------|-----|
| 1 | 3007 | Windhövel, Josephine | AC Oelde | 00:32.00 | | 00:32.69 | 2 | 01:06.69 | 30 |
| 2 | 1604 | Klein, Malon | Hagener AC 05 | 00:33.35 | | 00:31.69 | 2 | 01:07.04 | 27 |
| 3 | 2015 | Tschasche, Mick | MFC Auf dem Schnee Herdeck | 00:34.45 | | 00:33.05 | | 01:07.50 | 24 |
| 4 | 862 | Basenau, Maverick | MSC Bork | 00:33.13 | | 00:32.54 | 2 | 01:07.67 | 22 |
| 5 | 1961 | Störmer, Lars Niklas | MSC Heeren-Werve | 00:32.04 | 4 | 00:31.42 | 2 | 01:09.46 | 20 |
| 6 | 5410 | Voss, Carolin | AJT des AC Lüdenscheid / H | 00:33.03 | 2 | 00:32.63 | 2 | 01:09.66 | 18 |
| 7 | 612 | Walter, Jan-Eric | AMC Wittgenstein Bad Berlet | 00:35.94 | | 00:33.97 | 2 | 01:11.91 | 16 |
| 8 | 3917 | Niemeyer, Hannes | AC Warendorf | 00:32.54 | 6 | 00:32.50 | 2 | 01:13.04 | 14 |
| 9 | 2002 | Bohnet, Justin | MFC Auf dem Schnee Herdeck | 00:37.87 | | 00:35.82 | | 01:13.69 | 13 |
| 10 | 3730 | Siewers, Kimi | MSC Oberruhr Velmede | 00:34.28 | 4 | 00:33.76 | 2 | 01:14.04 | 12 |
| 11 | 618 | Adler, Tim | AMC Wittgenstein Bad Berlet | 00:35.86 | 4 | 00:34.20 | | 01:14.06 | 11 |
| 12 | 3105 | Nöcker, Tobias | MSC Oenetal | 00:35.52 | 4 | 00:34.60 | | 01:14.12 | 10 |
| 13 | 4434 | Kühle, Jan | MSC Bergstadt Rütthen | 00:36.60 | 2 | 00:33.82 | 2 | 01:14.42 | 9 |
| 14 | 4009 | Boss, Tilo | MSF Warstein | 00:35.03 | 2 | 00:35.64 | 2 | 01:14.67 | 8 |
| 15 | 4921 | Schwarzkopf, Peter | Kiersper RC | 00:31.40 | 2 | 00:33.42 | 8 | 01:14.82 | 7 |
| 16 | 1704 | Beckmann, Niklas | RC Haltern | 00:34.42 | 2 | 00:34.62 | 4 | 01:15.04 | 6 |
| 17 | 1218 | Reimer, Julian | MSF Cobbenrode | 00:35.34 | 2 | 00:36.25 | 2 | 01:15.59 | 5 |
| 18 | 1714 | Vogl, Eric | RC Haltern | 00:35.85 | 4 | 00:34.05 | 2 | 01:15.90 | 4 |
| 19 | 1805 | Laumann, Nico | MSC Harsewinkel | 00:33.05 | 6 | 00:37.30 | | 01:16.35 | 3 |
| 20 | 4505 | Neubauer, Lino Tom | MSC Süd Sauerland | 00:36.84 | 4 | 00:33.65 | 2 | 01:16.49 | 2 |
| 21 | 4506 | Maddox, Hein | MSC Süd Sauerland | 00:35.48 | 4 | 00:35.65 | 2 | 01:17.13 | 1 |
| 22 | 3951 | Ellebracht, Jeniel Mauris | AC Warendorf | 00:36.07 | 6 | 00:33.87 | 2 | 01:17.94 | 1 |
| 23 | 4426 | Schnitger, Nico | MSC Bergstadt Rütthen | 00:38.99 | 4 | 00:33.89 | 2 | 01:18.88 | 1 |
| 24 | 3910 | Spänle, Mathilda | AC Warendorf | 00:33.13 | 4 | 00:32.45 | 10 | 01:19.58 | 1 |
| 25 | 1807 | Fußner, Maximilian | MSC Harsewinkel | 00:35.68 | 10 | 00:32.10 | 4 | 01:21.78 | 1 |
| 26 | 401 | Di Marco, Daniel | MSC Lennetal-Bamenohl | 00:34.77 | 10 | 00:35.15 | 2 | 01:21.92 | 1 |
| 27 | 308 | Harpeniuk, David | AC Ascheberg | 00:37.83 | 6 | 00:38.87 | 4 | 01:26.70 | 1 |
| 28 | 4439 | Sossna, Lennard | MSC Bergstadt Rütthen | 00:34.32 | 4 | 00:36.74 | 12 | 01:27.06 | 1 |
| 29 | 4510 | Lauer, Kevin | MSC Süd Sauerland | 00:45.97 | 4 | 00:35.45 | 6 | 01:31.42 | 1 |
| 30 | 4101 | Höptner, Fynn | MSC Westerkappeln | 00:37.56 | 28 | 00:36.51 | 4 | 01:46.07 | 1 |

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:32.00

(Windhövel, Josephine - 1 / 3007)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|--------------------|-----------------------------|----------|-----|----------|-----|----------|-----|
| 1 | 3950 | Peichl, Niklas | AC Warendorf | 00:29.40 | | 00:29.43 | | 00:58.83 | 30 |
| 2 | 1602 | Ungefroren, Kai | Hagener AC 05 | 00:29.53 | | 00:30.11 | | 00:59.64 | 27 |
| 3 | 1713 | Uphues, Finn | RC Haltern | 00:30.34 | | 00:30.42 | | 01:00.76 | 24 |
| 4 | 3907 | Spänle, Oskar | AC Warendorf | 00:29.65 | | 00:29.37 | 2 | 01:01.02 | 22 |
| 5 | 1616 | Karamitsios, Lukas | Hagener AC 05 | 00:30.79 | | 00:30.58 | | 01:01.37 | 20 |
| 6 | 527 | Dirkschnieder, Jan | MSC Beckum | 00:31.06 | | 00:30.44 | | 01:01.50 | 18 |
| 7 | 3947 | Aulke, Sven-Ole | AC Warendorf | 00:30.18 | 2 | 00:29.37 | | 01:01.55 | 16 |
| 8 | 1608 | Sechtin, Tim | Hagener AC 05 | 00:30.65 | | 00:30.94 | | 01:01.59 | 14 |
| 9 | 3503 | Schmidt, Kevin | MSC Schmallenberg | 00:30.31 | 2 | 00:29.56 | | 01:01.87 | 13 |
| 10 | 2902 | Engel, Paul | AMC Obernau | 00:31.26 | | 00:31.04 | | 01:02.30 | 12 |
| 11 | 4013 | Boss, Leon | MSF Warstein | 00:31.89 | | 00:30.72 | | 01:02.61 | 11 |
| 12 | 3916 | Optenhövel, Nick | AC Warendorf | 00:31.96 | | 00:31.21 | | 01:03.17 | 10 |
| 13 | 4308 | Grunewald, Max | AC Hohenseelbachkopf | 00:30.79 | 2 | 00:30.77 | | 01:03.56 | 9 |
| 14 | 1711 | Korte, Kevin | RC Haltern | 00:32.39 | | 00:32.41 | | 01:04.80 | 8 |
| 15 | 3703 | Bunte, Jonas | MSC Oberruhr Velmede | 00:32.84 | | 00:32.24 | | 01:05.08 | 7 |
| 16 | 3921 | Meimann, Luis | AC Warendorf | 00:31.68 | 2 | 00:31.43 | | 01:05.11 | 6 |
| 17 | 1822 | Schlie, Phil | MSC Harsewinkel | 00:30.48 | 6 | 00:29.48 | | 01:05.96 | 5 |
| 18 | 1817 | Bolte, Jannek | MSC Harsewinkel | 00:31.70 | 2 | 00:30.46 | 2 | 01:06.16 | 4 |
| 19 | 610 | Fuchs, Nico | AMC Wittgenstein Bad Berlet | 00:31.86 | 2 | 00:30.39 | 2 | 01:06.25 | 3 |
| 20 | 1009 | Lasota, Julian | AMC Burbach | 00:31.82 | 2 | 00:32.00 | 2 | 01:07.82 | 2 |
| 21 | 2810 | Huhn, Alexander | MSF Netphen | 00:31.20 | 4 | 00:31.09 | 2 | 01:08.29 | 1 |
| 22 | 1637 | Anders, Jan | Hagener AC 05 | 00:31.52 | 8 | 00:30.33 | | 01:09.85 | 1 |
| 23 | 1909 | Kurz, Florian | MSC Heeren-Werve | 00:32.77 | | 00:33.20 | 4 | 01:09.97 | 1 |
| 24 | 2903 | Glowick, Mats | AMC Obernau | 00:32.54 | 4 | 00:31.98 | 4 | 01:12.52 | 1 |
| 25 | 2105 | Godde, Tom | MSC Herten | 00:33.51 | 6 | 00:33.68 | | 01:13.19 | 1 |
| 26 | 3109 | Frey, Maximilian | MSC Oenetal | 00:34.19 | 10 | 00:30.21 | | 01:14.40 | 1 |
| 27 | 4814 | Daners, Jan | MSC Soester Börde | 00:30.78 | 4 | 00:31.16 | 10 | 01:15.94 | 1 |
| 28 | 1011 | Schmal, Tim | AMC Burbach | 00:30.52 | | 00:43.51 | 2 | 01:16.03 | 1 |
| 29 | 3026 | Ruddigkeit, Lars | AC Oelde | 00:37.56 | 8 | 00:31.24 | | 01:16.80 | 1 |
| 30 | 1606 | de Padova, Davide | Hagener AC 05 | 00:33.70 | 4 | 00:42.57 | 4 | 01:24.27 | 1 |

Zeitnahme:

Auswertung: B.Treek

 Schnellster Lauf: 00:29.37
 (Aulke, Sven-Ole - 7 / 3947)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|----------------------|-----------------------------|----------|-----|----------|-----|----------|-----|
| 1 | 1712 | Körnig, Jastin | RC Haltern | 00:29.09 | | 00:29.20 | | 00:58.29 | 30 |
| 2 | 2116 | Jürgensmeyer, Devin | MSC Herten | 00:29.41 | | 00:28.97 | | 00:58.38 | 27 |
| 3 | 3127 | Blaschke, Justin | MSC Oenetal | 00:29.29 | | 00:29.11 | | 00:58.40 | 24 |
| 4 | 2103 | Habicht, Tim | MSC Herten | 00:29.22 | | 00:29.22 | | 00:58.44 | 22 |
| 5 | 3501 | Koch, Michael | MSC Schmallenberg | 00:29.28 | | 00:29.29 | | 00:58.57 | 20 |
| 6 | 5411 | Voss, Lennart | AJT des AC Lüdenscheid / H | 00:29.73 | | 00:28.98 | | 00:58.71 | 18 |
| 7 | 4403 | Enthof, Annika | MSC Bergstadt Rüthen | 00:29.57 | | 00:29.33 | | 00:58.90 | 16 |
| 8 | 1610 | de Padova, Noah | Hagener AC 05 | 00:29.62 | | 00:29.54 | | 00:59.16 | 14 |
| 9 | 1611 | Klein, Tilo | Hagener AC 05 | 00:30.34 | | 00:28.88 | | 00:59.22 | 13 |
| 10 | 4119 | Molano, Lara | MSC Westerkappeln | 00:29.63 | | 00:29.68 | | 00:59.31 | 12 |
| 11 | 3605 | Kallweit, Mika | OC Siegerland-Nord | 00:29.65 | | 00:29.88 | | 00:59.53 | 11 |
| 12 | 1013 | Berg, Maximilian | AMC Burbach | 00:30.13 | | 00:29.96 | | 01:00.09 | 10 |
| 13 | 1813 | Block, Jan-Nicklas | MSC Harsewinkel | 00:30.23 | | 00:29.99 | | 01:00.22 | 9 |
| 14 | 3930 | Erlekamp, Nick | AC Warendorf | 00:29.38 | 2 | 00:29.24 | | 01:00.62 | 8 |
| 15 | 606 | Koch, Tanja | AMC Wittgenstein Bad Berlet | 00:29.29 | 2 | 00:29.36 | | 01:00.65 | 7 |
| 16 | 1801 | Aistermann, Marvin | MSC Harsewinkel | 00:29.36 | | 00:29.50 | 2 | 01:00.86 | 6 |
| 17 | 4838 | Bürger, Ruben-Markus | MSC Soester Börde | 00:29.39 | | 00:29.53 | 2 | 01:00.92 | 5 |
| 18 | 1703 | Collins, McColl | RC Haltern | 00:30.57 | | 00:30.37 | | 01:00.94 | 4 |
| 19 | 3918 | Optenhövel, Alina | AC Warendorf | 00:29.69 | | 00:30.11 | 2 | 01:01.80 | 3 |
| 20 | 2215 | Krutsch, Dennis | AMC Ibbenbüren | 00:30.09 | | 00:29.90 | 2 | 01:01.99 | 2 |
| 21 | 1612 | Ok, Ilkan-Emre | Hagener AC 05 | 00:29.97 | 2 | 00:30.15 | | 01:02.12 | 1 |
| 22 | 4501 | Neuhaus, Alexander | MSC Süd Sauerland | 00:30.81 | 2 | 00:30.45 | | 01:03.26 | 1 |
| 23 | 3924 | Niemeyer, Paul | AC Warendorf | 00:29.99 | 2 | 00:29.32 | 2 | 01:03.31 | 1 |
| 24 | 1006 | Saar, Lukas | AMC Burbach | 00:29.56 | | 00:29.81 | 4 | 01:03.37 | 1 |
| 25 | 410 | Voß, Nico | MSC Lennetal-Bamenohl | 00:30.56 | 2 | 00:30.89 | | 01:03.45 | 1 |
| 26 | 3031 | Hellweg, Luca | AC Oelde | 00:29.73 | 2 | 00:29.59 | 4 | 01:05.32 | 1 |
| 27 | 3008 | Grundkötter, Tobias | AC Oelde | 00:35.90 | 2 | 00:28.97 | | 01:06.87 | 1 |
| 28 | 3107 | Schüttler, Niclas | MSC Oenetal | 00:34.87 | 4 | 00:29.44 | | 01:08.31 | 1 |
| 29 | 3102 | Sauer, Nils | MSC Oenetal | 00:30.77 | 8 | 00:29.86 | | 01:08.63 | 1 |
| 30 | 3948 | Strotmann, Jonas | AC Warendorf | 00:29.21 | 10 | 00:28.65 | 4 | 01:11.86 | 1 |

Zeitnahme:

Auswertung: B.Treek

 Schnellster Lauf: 00:28.88
 (Klein, Tilo - 9 / 1611)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|------------------------|----------------------------|----------|-----|----------|-----|----------|-----|
| 1 | 3901 | Litsch, Jan-Luca | AC Warendorf | 00:27.50 | | 00:27.11 | | 00:54.61 | 30 |
| 2 | 4425 | Enthof, Jan | MSC Bergstadt Rüthen | 00:27.65 | | 00:26.99 | | 00:54.64 | 27 |
| 3 | 2111 | Stanski, Luca | MSC Herten | 00:27.38 | | 00:27.26 | | 00:54.64 | 24 |
| 4 | 3034 | Schmidt, Marvin | AC Oelde | 00:27.78 | | 00:27.17 | | 00:54.95 | 22 |
| 5 | 1617 | Karamitsios, Evangelos | Hagener AC 05 | 00:28.31 | | 00:26.98 | | 00:55.29 | 20 |
| 6 | 3123 | Bischopink, Alexander | MSC Oenetal | 00:27.87 | | 00:27.43 | | 00:55.30 | 18 |
| 7 | 4817 | Daners, Nils | MSC Soester Börde | 00:28.16 | | 00:27.67 | | 00:55.83 | 16 |
| 8 | 1816 | Schlie, Marvin | MSC Harsewinkel | 00:28.20 | | 00:27.70 | | 00:55.90 | 14 |
| 9 | 5412 | Winkler, Timo | AJT des AC Lüdenscheid / H | 00:28.68 | | 00:27.63 | | 00:56.31 | 13 |
| 10 | 2014 | Brummel, Marius | MFC Auf dem Schnee Herdec | 00:28.36 | | 00:28.09 | | 00:56.45 | 12 |
| 11 | 903 | Günther, Jannik | Briloner AC | 00:29.12 | | 00:27.49 | | 00:56.61 | 11 |
| 12 | 3724 | Bunte, Jannik | MSC Oberruhr Velmede | 00:29.07 | | 00:27.84 | | 00:56.91 | 10 |
| 13 | 2618 | Dec, Markus | AMSC Marl-Hüls | 00:29.23 | | 00:27.79 | | 00:57.02 | 9 |
| 14 | 3908 | Wiedemann, Milan | AC Warendorf | 00:28.25 | 2 | 00:27.32 | | 00:57.57 | 8 |
| 15 | 2117 | Schmidt, Niklas | MSC Herten | 00:29.19 | | 00:28.70 | | 00:57.89 | 7 |
| 16 | 818 | Kühl, Kelvin | MSC Bork | 00:29.54 | | 00:28.42 | | 00:57.96 | 6 |
| 17 | 901 | Gross, Jan | Briloner AC | 00:28.54 | | 00:27.78 | 2 | 00:58.32 | 5 |
| 18 | 528 | Dirkschnieder, Daniel | MSC Beckum | 00:28.95 | 2 | 00:27.56 | | 00:58.51 | 4 |
| 19 | 1613 | Seeland, Arne Luca | Hagener AC 05 | 00:30.36 | | 00:29.17 | | 00:59.53 | 3 |
| 20 | 3033 | Klingbeil, Max | AC Oelde | 00:29.84 | | 00:27.91 | 2 | 00:59.75 | 2 |
| 21 | 505 | Epp, Daniel | MSC Beckum | 00:28.37 | 2 | 00:27.56 | 2 | 00:59.93 | 1 |
| 22 | 715 | Lasnig, Timo | MSC Ruhr-Blitz Bochum | 00:29.97 | | 00:28.30 | 2 | 01:00.27 | 1 |
| 23 | 4508 | Dumke, Timo | MSC Süd Sauerland | 00:27.47 | 2 | 00:27.14 | 4 | 01:00.61 | 1 |
| 24 | 8701 | Flender, Jonathan | AMC Schwelm | 00:30.74 | | 00:28.43 | 2 | 01:01.17 | 1 |
| 25 | 2904 | Schelhas, Vera | AMC Obernau | 00:29.18 | | 00:28.15 | 4 | 01:01.33 | 1 |
| 26 | 4511 | Peuser, Shareen | MSC Süd Sauerland | 00:28.07 | | 00:27.27 | 6 | 01:01.34 | 1 |
| 27 | 1403 | Thünnemann, Marius | MSV Dulmania | 00:29.22 | 4 | 00:28.28 | | 01:01.50 | 1 |
| 28 | 3409 | Bauer, Maximilian | Olper AC | 00:29.47 | 4 | 00:27.79 | 2 | 01:03.26 | 1 |
| 29 | 3949 | Strotmann, Leonie | AC Warendorf | 00:30.76 | 16 | 00:29.33 | 12 | 01:28.09 | 1 |

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:26.98

(Karamitsios, Evangelos - 5 / 1617)

| Platz | StNr | Teilnehmer | Ortsclub | Lauf 1 | StS | Lauf 2 | StS | Gesamt | Pkt |
|-------|------|----------------------------|-----------------------------|----------|-----|----------|-----|----------|-----|
| 1 | 3004 | Gerling, Adrian | AC Oelde | 00:26.51 | | 00:26.40 | | 00:52.91 | 30 |
| 2 | 3940 | Hovestadt, Justin | AC Warendorf | 00:26.66 | | 00:26.31 | | 00:52.97 | 27 |
| 3 | 3906 | Mannefeld, Kevin | AC Warendorf | 00:26.71 | | 00:26.29 | | 00:53.00 | 24 |
| 4 | 853 | Stricker, Matthias | MSC Bork | 00:26.60 | | 00:26.49 | | 00:53.09 | 22 |
| 5 | 3903 | Petermann, Niclas | AC Warendorf | 00:26.58 | | 00:26.62 | | 00:53.20 | 20 |
| 6 | 1819 | Buxel, Leon | MSC Harsewinkel | 00:26.52 | | 00:26.75 | | 00:53.27 | 18 |
| 7 | 3805 | Braune, Devin | AMC Waltrop | 00:27.07 | | 00:26.38 | | 00:53.45 | 16 |
| 8 | 4416 | Hillebrand, Nicolas Zdenko | MSC Bergstadt Rütten | 00:26.99 | | 00:26.46 | | 00:53.45 | 14 |
| 9 | 418 | Rademacher, Tobias | MSC Lennetal-Bamenoehl | 00:26.82 | | 00:26.64 | | 00:53.46 | 13 |
| 10 | 601 | Biegler, Jens | AMC Wittgenstein Bad Berlet | 00:26.96 | | 00:26.54 | | 00:53.50 | 12 |
| 11 | 3708 | McBride, Jan | MSC Oberruhr Velmede | 00:26.97 | | 00:26.85 | | 00:53.82 | 11 |
| 12 | 425 | Schmidt, Andre | MSC Lennetal-Bamenoehl | 00:26.98 | | 00:26.89 | | 00:53.87 | 10 |
| 13 | 1824 | Jochmann, Kevin | MSC Harsewinkel | 00:27.33 | | 00:26.90 | | 00:54.23 | 9 |
| 14 | 8708 | Kalthoff, Sebastian | AMC Schwelm | 00:27.22 | | 00:27.02 | | 00:54.24 | 8 |
| 15 | 5407 | Pohl, Moritz | AJT des AC Lüdenscheid / Hk | 00:27.29 | | 00:27.04 | | 00:54.33 | 7 |
| 16 | 1016 | Obenlüneschloß, Sabrina | AMC Burbach | 00:27.17 | | 00:27.28 | | 00:54.45 | 6 |
| 17 | 1627 | Schäfer, Marvin | Hagener AC 05 | 00:28.28 | | 00:26.87 | | 00:55.15 | 5 |
| 18 | 2107 | Kugel, Manuel | MSC Herten | 00:26.81 | | 00:26.42 | 2 | 00:55.23 | 4 |
| 19 | 1603 | Brandenburg, Marcel | Hagener AC 05 | 00:26.64 | | 00:26.76 | 2 | 00:55.40 | 3 |
| 20 | 3935 | Hartmann, Nils | AC Warendorf | 00:27.27 | | 00:26.81 | 2 | 00:56.08 | 2 |
| 21 | 4504 | Neuhaus, Ann-Christin | MSC Süd Sauerland | 00:27.48 | | 00:26.60 | 2 | 00:56.08 | 1 |
| 22 | 1629 | Schrade, Julia | Hagener AC 05 | 00:27.42 | | 00:26.75 | 2 | 00:56.17 | 1 |
| 23 | 3938 | Melches, Tobias | AC Warendorf | 00:27.21 | | 00:27.09 | 2 | 00:56.30 | 1 |
| 24 | 2535 | Graf, Patrick | AMSC Lüdinghausen | 00:27.41 | | 00:26.96 | 2 | 00:56.37 | 1 |
| 25 | 3804 | Block, Tobias | AMC Waltrop | 00:27.18 | 2 | 00:27.26 | | 00:56.44 | 1 |
| 26 | 2922 | Heupel, Franziska | AMC Obernau | 00:26.66 | 2 | 00:26.71 | 2 | 00:57.37 | 1 |
| 27 | 4509 | Laux, Carolin | MSC Süd Sauerland | 00:27.42 | | 00:27.16 | 8 | 01:02.58 | 1 |
| 28 | 1622 | Mejri, Dalila | Hagener AC 05 | 00:27.42 | 8 | 00:27.27 | | 01:02.69 | 1 |
| 29 | 4513 | Dumke, Patricia | MSC Süd Sauerland | 00:27.43 | 10 | 00:26.50 | 2 | 01:05.93 | 1 |

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:26.29

(Mannefeld, Kevin - 3 / 3906)

| Platz | Ortsclub | Starter | gewertet | Punkte |
|-------|--------------------------------|---|----------|--------|
| 1 | AC Warendorf | 111 Litsch, Jan-Luca (30) Hovestadt, Justin (27) Mannefeld, Kevin (24) Spänle, Oskar (22) Wiedemann, Milan (8) | 81 | 30 |
| 2 | MSC Herten | 78 Jürgensmeyer, Devin (27) Stanski, Luca (24) Habicht, Tim (22) Kugel, Manuel (4) Godde, Tom (1) | 73 | 27 |
| 3 | RC Haltern | 72 König, Jastin (30) Uphues, Finn (24) Korte, Kevin (8) Beckmann, Niklas (6) Collins, McColl (4) | 62 | 24 |
| 4 | MSC Bergstadt Rüthen | 59 Enthof, Jan (27) Enthof, Annika (16) Hillebrand, Nicolas Zdenko (14) Schnitger, Nico (1) Sossna, Lennard (1) | 57 | 22 |
| 5 | AC Oelde | 56 Gerling, Adrian (30) Schmidt, Marvin (22) Klingbeil, Max (2) Hellweg, Luca (1) Grundkötter, Tobias (1) | 54 | 20 |
| 6 | MSC Oenetal | 54 Blaschke, Justin (24) Bischopink, Alexander (18) Nöcker, Tobias (10) Frey, Maximilian (1) Schüttler, Niclas (1) | 52 | 18 |
| 7 | MSC Bork | 50 Basenau, Maverick (22) Stricker, Matthias (22) Kühl, Kelvin (6) , (0) , (0) | 50 | 16 |
| 8 | AJT des AC Lüdenscheid / Halve | 56 Voss, Carolin (18) Voss, Lennart (18) Winkler, Timo (13) Pohl, Moritz (7) | 49 | 14 |
| 9 | MFC Auf dem Schnee Herdecke | 49 Tschasche, Mick (24) Bohnet, Justin (13) Brummel, Marius (12) , (0) , (0) | 49 | 13 |
| 10 | MSC Harsewinkel | 47 Buxel, Leon (18) Schlie, Marvin (14) Block, Jan-Nicklas (9) Schlie, Phil (5) Fußner, Maximilian (1) | 41 | 12 |
| 11 | AMC Wittgenstein Bad Berleburg | 49 Walter, Jan-Eric (16) Biegler, Jens (12) Adler, Tim (11) Koch, Tanja (7) Fuchs, Nico (3) | 39 | 11 |
| 12 | Hagener AC 05 | 38 Karamitsios, Lukas (20) Klein, Tilo (13) Brandenburg, Marcel (3) Anders, Jan (1) Ok, Ilkan-Emre (1) | 36 | 10 |
| 13 | MSC Oberruhr Velmede | 40 Siewers, Kimi (12) McBride, Jan (11) Bunte, Jannik (10) Bunte, Jonas (7) , (0) | 33 | 9 |
| 14 | MSC Schmalleberg | 33 Koch, Michael (20) Schmidt, Kevin (13) , (0) , (0) , (0) | 33 | 8 |
| 15 | MSC Lennetal-Bamenohl | 25 Rademacher, Tobias (13) Schmidt, Andre (10) Di Marco, Daniel (1) Voß, Nico (1) , (0) | 24 | 7 |
| 16 | MSC Soester Börde | 22 Daners, Nils (16) Bürger, Ruben-Markus (5) Daners, Jan (1) , (0) , (0) | 22 | 6 |

| Platz | Ortsclub | | Starter | gewertet | Punkte |
|-------|-------------------|----|---|----------|--------|
| 17 | MSC Heeren-Werve | 21 | Störmer, Lars Niklas (20) Kurz, Florian (1) , (0) , (0) , (0) | 21 | 5 |
| 18 | MSF Warstein | 19 | Boss, Leon (11) Boss, Tilo (8) , (0) , (0) , (0) | 19 | 4 |
| 19 | Briloner AC | 16 | Günther, Jannik (11) Gross, Jan (5) , (0) , (0) , (0) | 16 | 3 |
| 20 | AMC Obernau | 15 | Engel, Paul (12) Glowick, Mats (1) Schelhas, Vera (1) Heupel, Franziska (1) , (0) | 14 | 2 |
| 21 | AMC Burbach | 14 | Berg, Maximilian (10) Lasota, Julian (2) Schmal, Tim (1) Saar, Lukas (1) , (0) | 13 | 1 |
| 22 | MSC Westerkappeln | 13 | Molano, Lara (12) Höptner, Fynn (1) , (0) , (0) , (0) | 13 | 1 |
| 23 | AMC Schwelm | 9 | Kalthoff, Sebastian (8) Flender, Jonathan (1) , (0) , (0) , (0) | 9 | 1 |
| 24 | MSC Süd Sauerland | 5 | Lauer, Kevin (1) Neuhaus, Alexander (1) Dumke, Timo (1) Peuser, Shareen (1) Laux, Carolin (1) | 3 | 1 |
| 25 | Olper AC | 1 | Bauer, Maximilian (1) , (0) , (0) , (0) , (0) | 1 | 1 |
| 26 | AMSC Lüdinghausen | 1 | Graf, Patrick (1) , (0) , (0) , (0) , (0) | 1 | 1 |