

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3950	Peichel, Niklas	AC Warendorf	00:36.88		00:37.89		01:14.77	30
2	3109	Frey, Maximilian	MSC Oenetal	00:38.02		00:37.77		01:15.79	27
3	1606	de Padova, Davide	Hagener AC 05	00:38.65		00:38.54		01:17.19	24
4	4814	Daners, Jan	MSC Soester Börde	00:37.12	2	00:38.26		01:17.38	22
5	1713	Uphues, Finn	RC Haltern	00:36.63		00:37.33	4	01:17.96	20
6	1616	Karamitsios, Lukas	Hagener AC 05	00:37.83	2	00:38.27		01:18.10	18
7	2105	Godde, Tom	MSC Herten	00:39.87		00:39.69		01:19.56	16
8	536	Maul, Maik	MSC Beckum	00:40.40		00:39.43		01:19.83	14
9	1008	Murali, Geethan	AMC Burbach	00:38.80	2	00:39.50		01:20.30	13
10	4412	Pankewitz, Thore	MSC Bergstadt Rüthen	00:41.00		00:39.37		01:20.37	12
11	2614	Funk, Lara-Stephanie	AMSC Marl-Hüls	00:40.46		00:40.14		01:20.60	11
12	4308	Grunewald, Max	AC Hohenseelbachkopf	00:36.73		00:37.90	6	01:20.63	10
13	4711	Bolzenius, Max	MSC Oeventrop	00:39.43		00:40.13	2	01:21.56	9
14	2129	Grabon, Leon Noell	MSC Herten	00:39.29	2	00:40.34		01:21.63	8
15	1916	Joksch, Maik	MSC Heeren-Werve	00:39.65	4	00:39.61		01:23.26	7
16	2523	Kurz, Florian	AMSC Lüdinghausen	00:39.04	6	00:39.02		01:24.06	6
17	4919	Pieper, Andre	Kiersper RC	00:40.91	2	00:39.97	2	01:24.88	5
18	2130	Wallmann, Jan-Luca	MSC Herten	00:40.38		00:41.40	4	01:25.78	4
19	3907	Spänle, Oskar	AC Warendorf	00:38.42		00:37.92	10	01:26.34	3
20	3947	Aulke, Sven-Ole	AC Warendorf	00:40.09		00:44.45	2	01:26.54	2
21	4503	Lauer, Merle Kathleen	MSC Süd Sauerland	00:42.25	2	00:43.72	2	01:29.97	1
22	4204	Hübinger, Benjamin	MSC Helle	00:42.55		00:44.85	8	01:35.40	1
23	3730	Siewers, Kimi	MSC Oberruhr Velmede	00:44.60	10	00:42.30		01:36.90	1
24	602	Adler, Torben	AMC Wittgenstein Bad Berlebr	00:37.32	22	00:38.54		01:37.86	1
25	609	Schaller, Marek	AMC Wittgenstein Bad Berlebr	00:37.67	24	00:37.21		01:38.88	1
26	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:40.32		00:44.94	14	01:39.26	1
27	4104	Illmann, Paul	MSC Westerkappeln	00:39.13	10	00:41.64	10	01:40.77	1
28	1821	Oubina-Hens, Elias	MSC Harsewinkel	00:41.44	6	00:40.09	14	01:41.53	1
29	1817	Bolte, Jannek	MSC Harsewinkel	00:37.51	22	00:40.38	6	01:45.89	1
30	3010	Grundkötter, Lara	AC Oelde	00:43.96	20	00:39.79	10	01:53.75	1

Zeitnahme: Peter Schneidersmann  
Auswertung: Berthold Treek

Schnellster Lauf: 00:36.63  
(Uphues, Finn - 5 / 1713)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:35.79		00:35.07		01:10.86	30
2	3948	Strotmann, Jonas	AC Warendorf	00:35.71		00:35.47		01:11.18	27
3	3604	Neuhaus, Alexander	OC Siegerland-Nord	00:35.74		00:35.96		01:11.70	24
4	527	Dirkschnieder, Jan	MSC Beckum	00:36.28		00:35.92		01:12.20	22
5	1822	Schlie, Phil	MSC Harsewinkel	00:36.36		00:36.93		01:13.29	20
6	3411	Springob, Jan-Philipp	Olper AC	00:36.71		00:36.69		01:13.40	18
7	1611	Klein, Tilo	Hagener AC 05	00:37.24		00:36.18		01:13.42	16
8	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:37.17		00:36.35		01:13.52	14
9	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:36.40		00:37.27		01:13.67	13
10	2539	Lippelt, Nils	AMSC Lüdinghausen	00:37.06		00:37.18		01:14.24	12
11	3941	Hovestadt, Joel	AC Warendorf	00:37.64		00:37.04		01:14.68	11
12	3127	Blaschke, Justin	MSC Oenetal	00:37.11		00:37.61		01:14.72	10
13	1013	Berg, Maximilian	AMC Burbach	00:37.63		00:37.18		01:14.81	9
14	2116	Jürgensmeyer, Devin	MSC Herten	00:36.52	2	00:36.33		01:14.85	8
15	1636	Weber, Phillip	Hagener AC 05	00:36.52	2	00:36.37		01:14.89	7
16	1813	Block, Jan-Niklas	MSC Harsewinkel	00:37.32		00:37.62		01:14.94	6
17	1010	Kölsch, Tom	AMC Burbach	00:37.58		00:37.48		01:15.06	5
18	4408	Kontzen, Marius	MSC Bergstadt Rüthen	00:37.67		00:37.47		01:15.14	4
19	606	Koch, Tanja	AMC Wittgenstein Bad Berlebu	00:37.25		00:38.07		01:15.32	3
20	2208	Krutsch, Nadja	AMC Ibbenbüren	00:38.61		00:36.99		01:15.60	2
21	1602	Ungefroren, Kai	Hagener AC 05	00:36.95		00:37.28	2	01:16.23	1
22	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebu	00:37.52		00:37.23	2	01:16.75	1
23	4013	Boss, Leon	MSF Warstein	00:37.51	2	00:37.77		01:17.28	1
24	3503	Schmidt, Kevin	MSC Schmallenberg	00:39.48		00:39.03		01:18.51	1
25	1601	Vogthofer, Simon	Hagener AC 05	00:38.21	2	00:38.76		01:18.97	1
26	2902	Engel, Paul	AMC Obernau	00:38.70		00:38.38	2	01:19.08	1
27	1711	Korte, Kevin	RC Haltern	00:40.05		00:39.44		01:19.49	1
28	4304	Schmal, Tim	AC Hohenseelbachskopf	00:36.86	4	00:37.98	2	01:20.84	1
29	3008	Grundkötter, Tobias	AC Oelde	00:40.51	4	00:34.96	2	01:21.47	1
30	3012	Ilgen, Justin	AC Oelde	00:38.38	6	00:38.05		01:22.43	1
31	3924	Niemeyer, Paul	AC Warendorf	00:37.58	4	00:37.06	6	01:24.64	1

Zeitnahme: Peter Schneidersmann  
Auswertung: Berthold Treak

Schnellster Lauf: 00:35.07  
(Anders, Jan - 1 / 1637)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:34.93		00:34.87		01:09.80	30
2	4511	Peuser, Shareen	MSC Süd Sauerland	00:34.95		00:35.05		01:10.00	27
3	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:35.66		00:35.31		01:10.97	24
4	3123	Bischopink, Alexander	MSC Oenetal	00:35.80		00:35.26		01:11.06	22
5	1610	de Padova, Noah	Hagener AC 05	00:35.56		00:35.55		01:11.11	20
6	4817	Daners, Nils	MSC Soester Börde	00:35.64		00:35.66		01:11.30	18
7	901	Gross, Jan	Briloner AC	00:36.24		00:35.42		01:11.66	16
8	1612	Ok, Ilkan-Emre	Hagener AC 05	00:35.95		00:35.89		01:11.84	14
9	1001	Eckhard, Lorenz	AMC Burbach	00:36.52		00:35.55		01:12.07	13
10	1613	Seeland, Arne Luca	Hagener AC 05	00:36.80		00:35.67		01:12.47	12
11	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:36.27		00:36.48		01:12.75	11
12	1006	Saar, Lukas	AMC Burbach	00:35.32		00:35.61	2	01:12.93	10
13	4502	Laux, Fabian	MSC Süd Sauerland	00:36.64		00:36.36		01:13.00	9
14	3949	Strotmann, Leonie	AC Warendorf	00:36.96		00:36.54		01:13.50	8
15	3605	Kallweit, Mika	OC Siegerland-Nord	00:37.50		00:36.51		01:14.01	7
16	504	Klingbeil, Max	MSC Beckum	00:37.12		00:36.89		01:14.01	6
17	3908	Wiedemann, Milan	AC Warendorf	00:35.29		00:34.90	4	01:14.19	5
18	525	Hellweg, Luca	MSC Beckum	00:36.20		00:36.34	2	01:14.54	4
19	1712	Körnig, Jastin	RC Haltern	00:36.52	2	00:36.09		01:14.61	3
20	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berlebu	00:36.09		00:35.75	4	01:15.84	2
21	4119	Molano, Lara	MSC Westerkappeln	00:37.47		00:36.98	2	01:16.45	1
22	1818	Schicketanz, Ole	MSC Harsewinkel	00:38.89		00:38.08		01:16.97	1
23	3929	Hahnfeld, Leon	AC Warendorf	00:37.27	4	00:36.36		01:17.63	1
24	1816	Schlie, Marvin	MSC Harsewinkel	00:36.00	4	00:35.96	2	01:17.96	1
25	1617	Karamitsios, Evangelos	Hagener AC 05	00:35.68	6	00:34.30	2	01:17.98	1
26	533	Schmidt, Marvin	MSC Beckum	00:35.41		00:35.50	8	01:18.91	1
27	2103	Habicht, Tim	MSC Herten	00:36.49	6	00:36.69		01:19.18	1
28	8712	Höhne, Nick	AMC Schwelm	00:37.03		00:36.14	8	01:21.17	1
29	4421	Block, Niklas-Geronimo	MSC Bergstadt Rüthen	00:34.43	12	00:37.32		01:23.75	1
30	1811	Juncker, René	MSC Harsewinkel	00:41.28	12	00:37.22		01:30.50	1

Zeitnahme: Peter Schneidersmann  
Auswertung: Berthold Treek

Schnellster Lauf: 00:34.87  
(Brandt, Johan - 1 / 426)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2111	Stanski, Luca	MSC Herten	00:34.42		00:34.34		01:08.76	30
2	3940	Hovestadt, Justin	AC Warendorf	00:34.24		00:34.59		01:08.83	27
3	601	Biegler, Jens	AMC Wittgenstein Bad Berlebu	00:34.76		00:34.18		01:08.94	24
4	3901	Litsch, Jan-Luca	AC Warendorf	00:34.44		00:34.65		01:09.09	22
5	1603	Brandenburg, Marcel	Hagener AC 05	00:34.93		00:34.82		01:09.75	20
6	4507	Marques, Julio	MSC Süd Sauerland	00:34.92		00:35.12		01:10.04	18
7	3410	Schneider, Tim	Olper AC	00:35.26		00:35.15		01:10.41	16
8	2014	Brummel, Marius	MFC Auf dem Schnee Herdeck	00:35.69		00:35.11		01:10.80	14
9	3122	Pott, Niklas	MSC Oenetal	00:35.67		00:35.15		01:10.82	13
10	3045	Zabel, Jan	AC Oelde	00:35.42		00:35.54		01:10.96	12
11	1026	Thanabalasingam, Janujan	AMC Burbach	00:34.26		00:34.82	2	01:11.08	11
12	1012	Müller, Leon	AMC Burbach	00:34.84		00:34.35	2	01:11.19	10
13	3938	Melches, Tobias	AC Warendorf	00:36.14		00:35.12		01:11.26	9
14	903	Günther, Jannik	Briloner AC	00:35.95		00:35.49		01:11.44	8
15	3935	Hartmann, Nils	AC Warendorf	00:35.57		00:35.89		01:11.46	7
16	5117	Thünnemann, Marius	Cobra Racing Team	00:35.98		00:35.60		01:11.58	6
17	2535	Graf, Patrick	AMSC Lüdinghausen	00:36.41		00:35.59		01:12.00	5
18	4802	Henke, Tim	MSC Soester Börde	00:35.01	2	00:35.30		01:12.31	4
19	2922	Heupel, Franziska	AMC Obernau	00:34.90	2	00:35.54		01:12.44	3
20	505	Epp, Daniel	MSC Beckum	00:35.77	2	00:35.92		01:13.69	2
21	715	Lasnig, Timo	MSC Ruhr-Blitz Bochum	00:36.73		00:37.25		01:13.98	1
22	4508	Dumke, Timo	MSC Süd Sauerland	00:35.23		00:35.13	4	01:14.36	1
23	526	Dulisch, Niklas	MSC Beckum	00:36.25	2	00:36.17		01:14.42	1
24	1824	Jochmann, Kevin	MSC Harsewinkel	00:36.50		00:36.07	2	01:14.57	1
25	2117	Schmidt, Niklas	MSC Herten	00:37.01	2	00:36.54		01:15.55	1
26	4307	Völke, Leon	AC Hohenseelbachskopf	00:34.84	6	00:35.38		01:16.22	1
27	2604	Rode, Sven	AMSC Marl-Hüls	00:36.50	2	00:36.16	4	01:18.66	1
28	1819	Buxel, Leon	MSC Harsewinkel	00:35.40	6	00:35.68	2	01:19.08	1
29	8707	Kalthoff, Julian	AMC Schwelm	00:39.27	10	00:35.81		01:25.08	1

Zeitnahme: Peter Schneidersmann  
 Auswertung: Berthold Treek

Schnellster Lauf: 00:34.18  
 (Biegler, Jens - 3 / 601)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3421	Siscaro, Giuseppe	Olper AC	00:34.27		00:33.86		01:08.13	30
2	1604	Brandenburg, Pascal	Hagener AC 05	00:34.19		00:34.22		01:08.41	27
3	4805	Luig, Simon	MSC Soester Börde	00:34.17		00:34.50		01:08.67	24
4	619	Schaller, Manuel	AMC Wittgenstein Bad Berlebt	00:34.29		00:34.43		01:08.72	22
5	1720	Fischer, Maurice	RC Haltern	00:34.47		00:34.51		01:08.98	20
6	3125	Andrzejewski, Lars	MSC Oenetal	00:34.87		00:34.22		01:09.09	18
7	2006	Müller, Lucas	MFC Auf dem Schnee Herdecke	00:34.96		00:34.28		01:09.24	16
8	3906	Mannefeld, Kevin	AC Warendorf	00:34.81		00:34.45		01:09.26	14
9	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:34.60		00:34.85		01:09.45	13
10	3902	Gorny, Thilo	AC Warendorf	00:35.00		00:34.80		01:09.80	12
11	3910	Petermann, Stephen	AC Warendorf	00:35.02		00:35.01		01:10.03	11
12	3904	Wiedemann, Hagen	AC Warendorf	00:34.35		00:33.85	2	01:10.20	10
13	8708	Kalthoff, Sebastian	AMC Schwelm	00:35.06		00:35.17		01:10.23	9
14	3905	Gronhorst, Luca	AC Warendorf	00:35.60		00:34.76		01:10.36	8
15	3903	Petermann, Niclas	AC Warendorf	00:34.47		00:34.14	2	01:10.61	7
16	3708	McBride, Jan	MSC Oberruhr Velmede	00:36.13		00:34.98		01:11.11	6
17	3804	Block, Tobias	AMC Waltrop	00:35.90		00:35.67		01:11.57	5
18	3707	Hötte, Tobias	MSC Oberruhr Velmede	00:35.26		00:34.43	2	01:11.69	4
19	2107	Kugel, Manuel	MSC Herten	00:34.81		00:35.01	2	01:11.82	3
20	1622	Mejri, Dalila	Hagener AC 05	00:36.25		00:35.69		01:11.94	2
21	1623	Mejri, Ali	Hagener AC 05	00:34.11	2	00:34.16	2	01:12.27	1
22	4504	Hanisch, Julian	MSC Süd Sauerland	00:34.76		00:33.92	4	01:12.68	1
23	3004	Gerling, Adrian	AC Oelde	00:34.58	4	00:34.41		01:12.99	1
24	4509	Laux, Carolin	MSC Süd Sauerland	00:34.63	4	00:34.90		01:13.53	1
25	4506	Marques, Fabio	MSC Süd Sauerland	00:35.19	2	00:33.51	4	01:14.70	1
26	1629	Schrade, Julia	Hagener AC 05	00:36.29	2	00:35.72	2	01:16.01	1
27	4114	Windoffer, Fabian	MSC Westerkappeln	00:35.26		00:35.21	6	01:16.47	1
28	853	Stricker, Matthias	MSC Bork	00:34.89		00:38.91	6	01:19.80	1
29	819	Helmbrecht, Marvin	MSC Bork	00:36.73	12	00:37.16	4	01:29.89	1

Zeitnahme: Peter Schneidersmann  
 Auswertung: Berthold Treek

Schnellster Lauf: 00:33.86  
 (Siscaro, Giuseppe - 1 / 3421)

Platz	Ortsclub	Starter	gewertet	Punkte
1	Hagener AC 05	89 Anders, Jan (30) de Padova, Noah (20) Brandenburg, Marcel (20) Karamitsios, Lukas (18) Mejri, Ali (1)	70	30
2	MSC Oenetal	90 Frey, Maximilian (27) Bischopink, Alexander (22) Andrzejewski, Lars (18) Pott, Niklas (13) Blaschke, Justin (10)	67	27
3	MSC Soester Börde	68 Luig, Simon (24) Daners, Jan (22) Daners, Nils (18) Henke, Tim (4) , (0)	64	24
4	Olper AC	64 Siscaro, Giuseppe (30) Springob, Jan-Philipp (18) Schneider, Tim (16) , (0) , (0)	64	22
5	AC Warendorf	75 Hovestadt, Justin (27) Litsch, Jan-Luca (22) Mannefeld, Kevin (14) Petermann, Niclas (7) Wiedemann, Milan (5)	63	20
6	MSC Süd Sauerland	56 Peuser, Shareen (27) Marques, Julio (18) Laux, Fabian (9) Hanisch, Julian (1) Marques, Fabio (1)	54	18
7	MSC Bergstadt Rüthen	64 Enthof, Jan (24) Enthof, Annika (14) Schnitger, Marvin (13) Pankewitz, Thore (12) Block, Niklas-Geronimo (1)	51	16
8	AMC Wittgenstein Bad Berleburg	51 Biegler, Jens (24) Schaller, Manuel (22) Koch, Tanja (3) Schaller, Marek (1) Fuchs, Nico (1)	49	14
9	MSC Herten	50 Stanski, Luca (30) Grabon, Leon Noell (8) Jürgensmeyer, Devin (8) Kugel, Manuel (3) Habicht, Tim (1)	46	13
10	RC Haltern	44 Uphues, Finn (20) Fischer, Maurice (20) Körnig, Justin (3) Korte, Kevin (1) , (0)	43	12
11	MSC Lennetal-Bamenohl	43 Brandt, Johan (30) Rademacher, Tobias (13) , (0) , (0) , (0)	43	11
12	MSC Beckum	47 Dirkschnieder, Jan (22) Maul, Maik (14) Klingbeil, Max (6) Hellweg, Luca (4) Schmidt, Marvin (1)	42	10
13	AMC Burbach	56 Murali, Geethan (13) Eckhard, Lorenz (13) Thanabalasingam, Janujan (11) Müller, Leon (10) Berg, Maximilian (9)	37	9
14	MFC Auf dem Schnee Herdecke	30 Müller, Lucas (16) Brummel, Marius (14) , (0) , (0) , (0)	30	8
15	MSC Harsewinkel	29 Schlie, Phil (20) Block, Jan-Niklas (6) Bolte, Jannek (1) Schlie, Marvin (1) Juncker, René (1)	27	7
16	Briloner AC	24 Gross, Jan (16) Günther, Jannik (8) , (0) , (0) , (0)	24	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	AMSC Lüdinghausen	23 Lippelt, Nils (12) Kurz, Florian (6) Graf, Patrick (5) , (0) , (0)	23	5
18	MSC Oberruhr Velmede	23 Smorra, Gina-Maria (11) McBride, Jan (6) Hötte, Tobias (4) Siewers, Kimi (1) Bunte, Jonas (1)	21	4
19	AC Oelde	16 Zabel, Jan (12) Grundkötter, Lara (1) Grundkötter, Tobias (1) Ilgen, Justin (1) Gerling, Adrian (1)	14	3
20	AC Hohenseelbachkopf	12 Grunewald, Max (10) Schmal, Tim (1) Völke, Leon (1) , (0) , (0)	12	2
21	AMSC Marl-Hüls	12 Funk, Lara-Stephanie (11) Rode, Sven (1) , (0) , (0) , (0)	12	1
22	AMC Schwelm	11 Kalthoff, Sebastian (9) Höhne, Nick (1) Kalthoff, Julian (1) , (0) , (0)	11	1
23	MSC Oeventrop	9 Bolzenius, Max (9)	9	1
24	AMC Obernau	4 Heupel, Franziska (3) Engel, Paul (1) , (0) , (0) , (0)	4	1
25	MSC Westerkappeln	3 Illmann, Paul (1) Molano, Lara (1) Windoffer, Fabian (1) , (0) , (0)	3	1
26	MSC Bork	2 Stricker, Matthias (1) Helmbrecht, Marvin (1) , (0) , (0) , (0)	2	1
27	MSC Helle	1 Hübinger, Benjamin (1) , (0) , (0) , (0) , (0)	1	1
28	MSC Schmallenberg	1 Schmidt, Kevin (1) , (0) , (0) , (0) , (0)	1	1
29	MSF Warstein	1 Boss, Leon (1) , (0) , (0) , (0) , (0)	1	1