

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1817	Hovestadt, Joel	MSC Harsewinkel	00:39.76		00:39.44		01:19.20	30
2	3008	Grundkötter, Tobias	AC Oelde	00:39.82		00:39.91		01:19.73	27
3	606	Koch, Tanja	AMC Wittgenstein Bad Berlebu	00:39.93		00:40.50		01:20.43	24
4	3604	Neuhaus, Alexander	OC Siegerland-Nord	00:39.32	2	00:39.35		01:20.67	22
5	1611	Klein, Tilo	Hagener AC 05	00:39.23	2	00:40.19		01:21.42	20
6	3411	Springob, Jan-Philipp	Olper AC	00:40.79	2	00:39.88		01:22.67	18
7	2116	Jürgensmeyer, Devin	MSC Herten	00:39.31		00:39.75	4	01:23.06	16
8	4403	Enthof, Annika	MSC Bergstadt Rüthen	00:39.60	4	00:39.61		01:23.21	14
9	1636	Lenz, Phillip	Hagener AC 05	00:41.31		00:40.13	2	01:23.44	13
10	1822	Schlie, Phil	MSC Harsewinkel	00:41.76		00:40.56	2	01:24.32	12
11	4418	Schnitger, Marvin	MSC Bergstadt Rüthen	00:42.65		00:41.71		01:24.36	11
12	4811	Kopp, Dominik	MSC Soester Börde	00:40.93	4	00:41.01		01:25.94	10
13	407	Schulte, Dominik	MSC Lennetal-Bamenohl	00:41.74	2	00:42.64		01:26.38	9
14	3812	Winterberg, Leon	AMC Waltrop	00:45.39		00:41.89		01:27.28	8
15	1813	Block, Jan-Nicklas	MSC Harsewinkel	00:43.32		00:42.88	2	01:28.20	7
16	401	Lorek, Sebastian	MSC Lennetal-Bamenohl	00:42.76	4	00:41.54		01:28.30	6
17	3924	Niemeyer, Paul	AC Warendorf	00:44.27		00:42.46	2	01:28.73	5
18	4207	Hübinger, Daniel	MSC Helle	00:44.69		00:44.86		01:29.55	4
19	1423	Gross, Julian	MSV Dulmania	00:46.92		00:42.86		01:29.78	3
20	3012	Ilgen, Justin	AC Oelde	00:43.04	2	00:43.11	2	01:30.15	2
21	2539	Lippelt, Nils	AMSC Lüdinghausen	00:39.82	4	00:42.35	4	01:30.17	1
22	414	Klemm, Luis	MSC Lennetal-Bamenohl	00:44.95	2	00:43.40		01:30.35	1
23	2601	Kownatka, Lennard	AMSC Marl-Hüls	00:44.90		00:43.61	2	01:30.51	1
24	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebu	00:43.37	2	00:43.74	6	01:35.11	1
25	2208	Krutsch, Nadja	AMC Ibbenbüren	00:43.11	2	00:46.17	6	01:37.28	1
26	1004	Lamma, Marvin	AMC Burbach	00:42.98	6	00:42.96	6	01:37.94	1
27	3522	Birlenbach, Nico	MSC Schmalleberg	00:44.24	4	00:43.71	6	01:37.95	1
28	3127	Blaschke, Justin	MSC Oenetal	00:43.16	2	00:46.90	12	01:44.06	1
29	1820	Strotmann, Jonas	MSC Harsewinkel	00:51.43	22	00:44.82	6	02:04.25	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:39.31

(Jürgensmeyer, Devin - 7 / 2116)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1712	Körnig, Jastin	RC Haltern	00:37.59		00:37.57		01:15.16	30
2	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:38.48		00:37.84		01:16.32	27
3	860	Witthuser, Robin	MSC Bork	00:38.53		00:38.59		01:17.12	24
4	4502	Laux, Fabian	MSC Süd Sauerland	00:37.90		00:37.39	2	01:17.29	22
5	901	Gross, Jan	Briloner AC	00:38.10	2	00:37.32		01:17.42	20
6	303	Weustenhagen, Marius	AC Ascheberg	00:39.40		00:38.26		01:17.66	18
7	3908	Wiedemann, Milan	AC Warendorf	00:37.50	2	00:38.35		01:17.85	16
8	2533	Krück, Rene	AMSC Lüdinghausen	00:39.26		00:38.60		01:17.86	14
9	1838	Strotmann, Leonie	MSC Harsewinkel	00:39.18		00:38.96		01:18.14	13
10	1816	Schlie, Marvin	MSC Harsewinkel	00:39.06		00:39.16		01:18.22	12
11	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:36.79	2	00:37.56	2	01:18.35	11
12	4817	Daners, Nils	MSC Soester Börde	00:39.45		00:38.95		01:18.40	10
13	1612	Ok, Ilkan	Hagener AC 05	00:37.77	2	00:36.74	2	01:18.51	9
14	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:38.18	2	00:38.65		01:18.83	8
15	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:39.33	2	00:37.78		01:19.11	7
16	3123	Bischopink, Alexander	MSC Oenetal	00:37.84	2	00:37.38	2	01:19.22	6
17	1610	de Padova, Noah	Hagener AC 05	00:37.21		00:38.13	4	01:19.34	5
18	2805	Kleiner, Jan Robin	MSF Netphen	00:39.14		00:40.50		01:19.64	4
19	4511	Peuser, Shareen	MSC Süd Sauerland	00:37.40	6	00:36.35		01:19.75	3
20	1455	Kordula, Pawel	MSV Dulmania	00:37.89		00:38.16	4	01:20.05	2
21	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:39.75	2	00:38.57		01:20.32	1
22	533	Schmidt, Marvin	MSC Beckum	00:37.24	4	00:37.11	2	01:20.35	1
23	2606	Habicht, Tim	AMSC Marl-Hüls	00:39.61		00:38.89	2	01:20.50	1
24	1613	Seeland, Arne Luca	Hagener AC 05	00:38.78	2	00:39.80		01:20.58	1
25	525	Hellweg, Luca	MSC Beckum	00:39.41	2	00:39.56		01:20.97	1
26	902	Becker, Leon	Briloner AC	00:40.81		00:40.28		01:21.09	1
27	1006	Saar, Lukas	AMC Burbach	00:38.92		00:38.75	4	01:21.67	1
28	8706	Finke, Alexander	AMC Schwelm	00:38.22		00:38.83	6	01:23.05	1
29	1614	Fik, Lucas	Hagener AC 05	00:36.57	4	00:37.76	6	01:24.33	1
30	1314	Gläser, Corinna	SFG Dorsten	00:39.85	2	00:43.57	8	01:33.42	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:36.35

(Peuser, Shareen - 19 / 4511)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3901	Litsch, Jan-Luca	AC Warendorf	00:36.20		00:36.22		01:12.42	30
2	1830	Hovestadt, Justin	MSC Harsewinkel	00:36.13		00:36.35		01:12.48	27
3	2126	Grün, Max	MSC Herten	00:37.43		00:35.49		01:12.92	24
4	2808	Müller, Leon	MSF Netphen	00:36.73		00:36.49		01:13.22	22
5	1032	Schon, Rouven	AMC Burbach	00:36.81		00:36.64		01:13.45	20
6	4507	Marques, Julio	MSC Süd Sauerland	00:37.00		00:36.75		01:13.75	18
7	1809	Fiedler, Miguel	MSC Harsewinkel	00:36.59		00:37.26		01:13.85	16
8	4508	Dumke, Timo	MSC Süd Sauerland	00:36.72		00:37.15		01:13.87	14
9	1332	Kouloukourgiotis, Ioannis	SFG Dorsten	00:37.51		00:36.64		01:14.15	13
10	601	Biegler, Jens	AMC Wittgenstein Bad Berlebr	00:36.69	2	00:35.57		01:14.26	12
11	3805	Braune, Devin	AMC Waltrop	00:37.63		00:36.65		01:14.28	11
12	1026	Thanabalasingam, Janujan	AMC Burbach	00:37.37		00:36.92		01:14.29	10
13	1819	Buxel, Leon	MSC Harsewinkel	00:37.29		00:37.00		01:14.29	9
14	3938	Melches, Tobias	AC Warendorf	00:36.70		00:37.70		01:14.40	8
15	1603	Brandenburg, Marcel	Hagener AC 05	00:36.20		00:36.63	2	01:14.83	7
16	2922	Heupel, Franziska	AMC Obernau	00:38.05		00:37.39		01:15.44	6
17	1907	Ernst, Martin	MSC Heeren-Werve	00:38.48		00:37.61		01:16.09	5
18	4101	Bange, Janick	MSC Westerkappeln	00:37.48	2	00:36.73		01:16.21	4
19	3045	Zabel, Jan	AC Oelde	00:38.53		00:37.83		01:16.36	3
20	627	Werner, Kevin	AMC Wittgenstein Bad Berlebr	00:37.79	2	00:37.45		01:17.24	2
21	3122	Pott, Niklas	MSC Oenetal	00:38.22	2	00:37.74		01:17.96	1
22	4802	Henke, Tim	MSC Soester Börde	00:37.69	2	00:38.33		01:18.02	1
23	2524	Wolff, Alexander	AMSC Lüdinghausen	00:37.46	4	00:36.94		01:18.40	1
24	1627	Schäfer, Marvin	Hagener AC 05	00:37.88		00:38.76	2	01:18.64	1
25	2014	Brummel, Marius	MFC Auf dem Schnee Herdecke	00:38.86		00:39.08	2	01:19.94	1
26	4822	Rielmann, Nico	MSC Soester Börde	00:39.68	2	00:38.41		01:20.09	1
27	2609	Czubaszek, Oliver	AMSC Marl-Hüls	00:37.30		00:36.80	10	01:24.10	1
28	3410	Schneider, Tim	Olper AC	00:38.19	10	00:37.78	4	01:29.97	1
29	3942	Rennemeier, Lars	AC Warendorf	00:37.93	4	00:46.84	6	01:34.77	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:35.49

(Grün, Max - 3 / 2126)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	619	Schaller, Manuel	AMC Wittgenstein Bad Berlebu	00:36.06		00:35.90		01:11.96	30
2	2107	Kugel, Manuel	MSC Herten	00:36.49		00:35.97		01:12.46	27
3	605	Fuchs, Maik	AMC Wittgenstein Bad Berlebu	00:35.86		00:36.66		01:12.52	24
4	4506	Marques, Fabio	MSC Süd Sauerland	00:36.62		00:36.36		01:12.98	22
5	2610	Franke, Dominik	AMSC Marl-Hüls	00:36.91		00:36.62		01:13.53	20
6	3040	Krebs, Jonas	AC Oelde	00:37.28		00:36.40		01:13.68	18
7	2613	Müller, Philipp	AMSC Marl-Hüls	00:36.55		00:37.22		01:13.77	16
8	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berlebu	00:36.61		00:37.17		01:13.78	14
9	3613	Wagener, Marco	OC Siegerland-Nord	00:37.42		00:36.37		01:13.79	13
10	2122	Eller, Tim	MSC Herten	00:36.97		00:37.14		01:14.11	12
11	3906	Mannefeld, Kevin	AC Warendorf	00:35.80		00:36.35	2	01:14.15	11
12	3807	Dechert, Lukas	AMC Waltrop	00:35.99	2	00:36.39		01:14.38	10
13	3903	Petermann, Niclas	AC Warendorf	00:36.17		00:36.51	2	01:14.68	9
14	3804	Block, Tobias	AMC Waltrop	00:37.50		00:37.35		01:14.85	8
15	1435	Nolte, Henrik	MSV Dulmania	00:37.95		00:37.28		01:15.23	7
16	1629	Schrade, Julia	Hagener AC 05	00:36.21		00:37.30	2	01:15.51	6
17	1220	Stoll, Robin	MSF Cobbenrode	00:37.18	2	00:36.91		01:16.09	5
18	3421	Siscaro, Giuseppe	Olper AC	00:36.80	2	00:36.11	2	01:16.91	4
19	3004	Gerling, Adrian	AC Oelde	00:36.22	4	00:35.92	2	01:18.14	3
20	3905	Gronhorst, Luca	AC Warendorf	00:36.56		00:38.22	4	01:18.78	2
21	4102	Bollmann, Jonas	MSC Westerkappeln	00:37.97	2	00:36.85	2	01:18.82	1
22	1720	Fischer, Maurice	RC Haltern	00:36.50	2	00:37.82	4	01:20.32	1
23	819	Helmbrecht, Marvin	MSC Bork	00:36.45	2	00:38.06	4	01:20.51	1
24	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:37.06	2	00:37.67	4	01:20.73	1
25	3904	Wiedemann, Hagen	AC Warendorf	00:37.04	4	00:36.42	4	01:21.46	1
26	2114	Kleinmann, Kay	MSC Herten	00:36.56	2	00:37.01	8	01:23.57	1
27	3125	Andrzejewski, Lars	MSC Oenetal	00:37.50	2	00:37.55	8	01:25.05	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:35.80

(Mannefeld, Kevin - 11 / 3906)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2006	Müller, Lucas	MFC Auf dem Schnee Herdecke	00:37.47		00:41.37		01:18.84	30
2	3003	Gerkmann, Jan	AC Oelde	00:36.80		00:42.14		01:18.94	27
3	1608	Diedrich, Florian	Hagener AC 05	00:37.44		00:41.53		01:18.97	24
4	2010	Werner, Alexander	MFC Auf dem Schnee Herdecke	00:37.95		00:41.53		01:19.48	22
5	3605	Hahn, Julien	OC Siegerland-Nord	00:37.94		00:41.64		01:19.58	20
6	1623	Mejri, Ali	Hagener AC 05	00:37.93		00:41.81		01:19.74	18
7	4114	Windoffer, Fabian	MSC Westerkappeln	00:38.03		00:42.02		01:20.05	16
8	2809	Schäffer, Julian	MSF Netphen	00:37.84		00:42.27		01:20.11	14
9	3910	Petermann, Stephen	AC Warendorf	00:37.94		00:42.27		01:20.21	13
10	513	Heinrich, Dominik	MSC Beckum	00:38.10		00:42.58		01:20.68	12
11	421	Schneidersmann, Peter	MSC Lennetal-Bamenohl	00:37.01		00:41.74	2	01:20.75	11
12	1708	Overhoff, Tjarko	RC Haltern	00:38.27		00:42.53		01:20.80	10
13	1616	Hasenpusch, Kirsten	Hagener AC 05	00:40.34		00:40.51		01:20.85	9
14	3902	Gorny, Thilo	AC Warendorf	00:38.72		00:42.20		01:20.92	8
15	4805	Luig, Simon	MSC Soester Börde	00:39.43		00:41.55		01:20.98	7
16	4510	Peuser, Sina	MSC Süd Sauerland	00:40.20		00:40.78		01:20.98	6
17	2007	Philipp, Jan	MFC Auf dem Schnee Herdecke	00:37.60	2	00:41.74		01:21.34	5
18	1604	Brandenburg, Pascal	Hagener AC 05	00:40.50		00:41.11		01:21.61	4
19	4504	Hanisch, Julian	MSC Süd Sauerland	00:40.55		00:41.14		01:21.69	3
20	410	Koperwas, Wiebke	MSC Lennetal-Bamenohl	00:40.53		00:41.36		01:21.89	2
21	2118	Schiwy, Maurice	MSC Herten	00:40.69		00:41.40		01:22.09	1
22	620	Schmitt, Jan	AMC Wittgenstein Bad Berlebu	00:38.03		00:42.20	2	01:22.23	1
23	1810	Link, Robin	MSC Harsewinkel	00:40.88		00:41.50		01:22.38	1
24	3921	Petermann, Daniel	AC Warendorf	00:41.01		00:41.45		01:22.46	1
25	708	Weverink, Marco	MSC Ruhr-Blitz Bochum	00:39.56		00:43.38		01:22.94	1
26	3707	Hötte, Tobias	MSC Oberruhr Velmede	00:40.56		00:42.38		01:22.94	1
27	3609	Tiebe, Oliver	OC Siegerland-Nord	00:37.93	2	00:41.69	2	01:23.62	1
28	1811	Richter, Alexander	MSC Harsewinkel	00:38.82		00:41.92	4	01:24.74	1
29	3919	Hermann, Marco	AC Warendorf	00:39.45	2	00:42.21	2	01:25.66	1
30	3916	Gorny, Franziska	AC Warendorf	00:46.63	2	00:42.17		01:30.80	1
31	1027	Thanabalasingam, Sinthuja	AMC Burbach	00:39.06	6	00:51.64	18	01:54.70	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:36.80

(Gerkmann, Jan - 2 / 3003)

Platz	Ortsclub		Starter	gewertet	Punkte
1	<b>AMC Wittgenstein Bad Berleburg</b>	104	Schaller, Manuel (30) Koch, Tanja (24) Fuchs, Maik (24) Rahrbach, Nico Jannis (14) Biegler, Jens (12)	78	30
2	<b>MSC Harsewinkel</b>	86	Hovestadt, Joel (30) Hovestadt, Justin (27) Fiedler, Miguel (16) Schlie, Marvin (12) Link, Robin (1)	73	27
3	<b>AC Oelde</b>	78	Grundkötter, Tobias (27) Gerkmann, Jan (27) Krebs, Jonas (18) Zabel, Jan (3) Gerling, Adrian (3)	72	24
4	<b>MSC Herten</b>	69	Kugel, Manuel (27) Grün, Max (24) Jürgensmeyer, Devin (16) Kleinmann, Kay (1) Schiwy, Maurice (1)	67	22
5	<b>MFC Auf dem Schnee Herdecke</b>	58	Müller, Lucas (30) Werner, Alexander (22) Philipp, Jan (5) Brummel, Marius (1) , (0)	57	20
6	<b>OC Siegerland-Nord</b>	56	Neuhaus, Alexander (22) Hahn, Julien (20) Wagener, Marco (13) Tiebe, Oliver (1) , (0)	55	18
7	<b>MSC Süd Sauerland</b>	56	Laux, Fabian (22) Marques, Fabio (22) Peuser, Sina (6) Peuser, Shareen (3) Hanisch, Julian (3)	50	16
8	<b>AC Warendorf</b>	52	Litsch, Jan-Luca (30) Mannefeld, Kevin (11) Petermann, Niclas (9) Petermann, Daniel (1) Gorny, Franziska (1)	50	14
9	<b>MSC Lennetal-Bamenohl</b>	56	Brandt, Johan (27) Schneidersmann, Peter (11) Schulte, Dominik (9) Bamberg, Damian (7) Koperwas, Wiebke (2)	47	13
10	<b>Hagener AC 05</b>	54	Klein, Tilo (20) Lenz, Phillip (13) Hasenpusch, Kirsten (9) Brandenburg, Marcel (7) de Padova, Noah (5)	42	12
11	<b>MSF Netphen</b>	40	Müller, Leon (22) Schäffer, Julian (14) Kleiner, Jan Robin (4) , (0) , (0)	40	11
12	<b>AMSC Marl-Hüls</b>	39	Franke, Dominik (20) Müller, Philipp (16) Kownatka, Lennard (1) Habicht, Tim (1) Czubaszek, Oliver (1)	37	10
13	<b>MSC Bergstadt Rüthen</b>	36	Enthof, Annika (14) Schnitger, Marvin (11) Enthof, Jan (11) , (0) , (0)	36	9
14	<b>AMC Burbach</b>	33	Schon, Rouven (20) Thanabalasingam, Janujan (10) Lamma, Marvin (1) Saar, Lukas (1) Thanabalasingam, Sinthujan (1)	31	8
15	<b>AMC Waltrop</b>	37	Braune, Devin (11) Dechert, Lukas (10) Winterberg, Leon (8) Block, Tobias (8) , (0)	29	7
16	<b>MSC Soester Börde</b>	29	Kopp, Dominik (10) Daners, Nils (10) Luig, Simon (7) Henke, Tim (1) Rielmann, Nico (1)	27	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	MSC Bork	25 Witthuser, Robin (24) Helmbrecht, Marvin (1) , (0) , (0) , (0)	25	5
18	Olper AC	23 Springob, Jan-Philipp (18) Siscaro, Giuseppe (4) Schneider, Tim (1)	23	4
19	MSC Westerkappeln	21 Windoffer, Fabian (16) Bange, Janick (4) Bollmann, Jonas (1) , (0) , (0)	21	3
20	AC Ascheberg	18 Weustenhagen, Marius (18) , (0) , (0) , (0) , (0)	18	2
21	AMSC Lüdinghausen	16 Krück, Rene (14) Lippelt, Nils (1) Wolff, Alexander (1) , (0) , (0)	16	1
22	MSC Beckum	14 Heinrich, Dominik (12) Schmidt, Marvin (1) Hellweg, Luca (1) , (0) , (0)	14	1
23	MSV Dulmania	12 Nolte, Henrik (7) Gross, Julian (3) Kordula, Pawel (2) , (0) , (0)	12	1
24	MSC Oenetal	9 Bischopink, Alexander (6) Blaschke, Justin (1) Pott, Niklas (1) Andrzejewski, Lars (1) , (0)	8	1
25	MSC Helle	4 Hübinger, Daniel (4) , (0) , (0) , (0) , (0)	4	1
26	MSC Oberruhr Velmede	3 Smorra, Gina-Maria (1) Mc Bride, Jan (1) Hötte, Tobias (1) , (0) , (0)	3	1
27	MSC Schmallenberg	1 Birlenbach, Nico (1) , (0) , (0) , (0) , (0)	1	1
28	AMC Ibbenbüren	1 Krutsch, Nadja (1) , (0) , (0) , (0) , (0)	1	1