

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4511	Peuser, Shareen	MSC Süd Sauerland	00:35.07	2	00:34.56		01:11.63	30
2	4425	Enthof, Jan	MSC Bergstadt Rüthen	00:36.35		00:36.36		01:12.71	27
3	517	Dieckmann, Moritz	MSC Beckum	00:37.13		00:36.69		01:13.82	24
4	533	Schmidt, Marvin	MSC Beckum	00:35.68	2	00:34.21	2	01:13.89	22
5	4311	Balzer, Alexander	AC Hohenseelbachskopf	00:38.77		00:37.52		01:16.29	20
6	1816	Schlie, Marvin	MSC Harsewinkel	00:37.79		00:36.59	2	01:16.38	18
7	1445	Tüns, Eileen	MSV Dulmania	00:36.85		00:38.61	2	01:17.46	16
8	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:38.34		00:39.32		01:17.66	14
9	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:37.86		00:37.86	2	01:17.72	13
10	901	Penner, Jan	Briloner AC	00:37.49	2	00:36.87	2	01:18.36	12
11	2109	Phillipp, Michelle	MSC Herten	00:39.67		00:38.95		01:18.62	11
12	1838	Strotmann, Leonie	MSC Harsewinkel	00:39.34	2	00:37.32		01:18.66	10
13	1455	Kordula, Pawel	MSV Dulmania	00:40.44		00:38.22		01:18.66	9
14	2620	Ellinghaus, Elias	AMSC Marl-Hüls	00:38.53		00:38.32	2	01:18.85	8
15	3408	Alba, Sandro	Olper AC	00:40.59		00:38.39		01:18.98	7
16	427	Springob, Yannic	MSC Lennetal-Bamenohl	00:39.23		00:39.96		01:19.19	6
17	4502	Laux, Fabian	MSC Süd Sauerland	00:38.32	2	00:39.75		01:20.07	5
18	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:39.75	2	00:38.55		01:20.30	4
19	2606	Habicht, Tim	AMSC Marl-Hüls	00:40.56		00:40.39		01:20.95	3
20	4430	Pionke, Marvin	MSC Bergstadt Rüthen	00:39.96		00:39.25	2	01:21.21	2
21	1718	Porst, Nick	RC Haltern	00:39.94		00:39.57	2	01:21.51	1
22	1719	Porst, Tom	RC Haltern	00:40.22	2	00:37.39	2	01:21.61	1
23	2129	Kleingries, Tom	MSC Herten	00:36.01		00:36.09	10	01:22.10	1
24	1610	De Padova, Noah	Hagener AC 05	00:41.57	2	00:39.95		01:23.52	1
25	3123	Bischopink, Alexander	MSC Oenetal	00:36.24	12	00:35.67	2	01:25.91	1
26	902	Becker, Leon	Briloner AC	00:40.46	2	00:40.53	8	01:30.99	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:34.56

(Peuser, Shareen - 1 / 4511)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	601	Biegler, Jens	AMC Wittgenstein Bad Berlebu	00:33.67		00:33.95		01:07.62	30
2	3805	Braune, Devin	AMC Waltrop	00:35.03		00:34.59		01:09.62	27
3	3917	Kry, Niklas Peter	AC Warendorf	00:35.04		00:35.01		01:10.05	24
4	3939	Fiedler, Miguel	AC Warendorf	00:34.95		00:35.17		01:10.12	22
5	3901	Litsch, Jan-Luca	AC Warendorf	00:34.83		00:35.49		01:10.32	20
6	1703	Gerdes, Leon	RC Haltern	00:35.93		00:34.77		01:10.70	18
7	1830	Hovestadt, Justin	MSC Harsewinkel	00:35.25		00:35.47		01:10.72	16
8	1032	Schon, Rouven	AMC Burbach	00:35.34		00:35.38		01:10.72	14
9	1332	Kouloukourgiotis, Ioannis	SFG Dorsten	00:36.20		00:34.84		01:11.04	13
10	4101	Bange, Janick	MSC Westerkappeln	00:35.03	2	00:34.28		01:11.31	12
11	2807	Marques, Julio	MSF Netphen	00:36.37		00:35.44		01:11.81	11
12	612	Krämer, Stefanie	AMC Wittgenstein Bad Berlebu	00:35.52		00:36.40		01:11.92	10
13	3938	Melchers, Tobias	AC Warendorf	00:36.48		00:35.48		01:11.96	9
14	1603	Brandenburg, Marcel	Hagener AC 05	00:35.91		00:36.08		01:11.99	8
15	1026	Thanabalasingam, Janujan	AMC Burbach	00:35.27	2	00:34.96		01:12.23	7
16	2524	Wolff, Alexander	AMSC Lüdinghausen	00:36.35		00:36.14		01:12.49	6
17	2812	Völke, Leon	MSF Netphen	00:36.48		00:36.11		01:12.59	5
18	627	Werner, Kevin	AMC Wittgenstein Bad Berlebu	00:37.08		00:36.06		01:13.14	4
19	3857	Weber, Max	AMC Waltrop	00:36.65		00:36.60		01:13.25	3
20	2609	Czubaszek, Oliver	AMSC Marl-Hüls	00:36.28		00:37.54		01:13.82	2
21	4508	Dumke, Timo	MSC Süd Sauerland	00:36.37		00:35.54	2	01:13.91	1
22	1707	Nagler, Ralf	RC Haltern	00:36.02	2	00:36.32		01:14.34	1
23	3122	Pott, Niklas	MSC Oenetal	00:37.57		00:37.26		01:14.83	1
24	2808	Müller, Leon	MSF Netphen	00:35.62	2	00:35.58	2	01:15.20	1
25	1819	Buxel, Leon	MSC Harsewinkel	00:36.13		00:36.03	4	01:16.16	1
26	4427	Rielmann, Nico	MSC Bergstadt Rüthen	00:38.19		00:38.22		01:16.41	1
27	2126	Grün, Max	MSC Herten	00:34.37		00:34.00	10	01:18.37	1
28	722	Schenk, Robin	MSC Ruhr-Blitz Bochum	00:39.73	2	00:38.07		01:19.80	1
29	1832	Urban, Daniel	MSC Harsewinkel	00:37.71	8	00:35.23		01:20.94	1
30	911	Maschinski, Marius	Briloner AC	00:48.17	2	00:33.83		01:24.00	1

Zeitnahme:
Auswertung: B.Treek

Schnellster Lauf: 00:33.67
(Biegler, Jens - 1 / 601)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2806	Marques, Fabio	MSF Netphen	00:33.88		00:33.71		01:07.59	30
2	3903	Petermann, Niclas	AC Warendorf	00:34.23		00:33.69		01:07.92	27
3	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:34.16		00:33.86		01:08.02	24
4	1814	Urban, Marcel	MSC Harsewinkel	00:33.63		00:34.40		01:08.03	22
5	3421	Siscaro, Giuseppe	Olper AC	00:34.34		00:34.13		01:08.47	20
6	619	Schaller, Manuel	AMC Wittgenstein Bad Berlebu	00:33.18		00:33.72	2	01:08.90	18
7	3407	Grabert, Peter	Olper AC	00:34.84		00:34.32		01:09.16	16
8	3807	Dechert, Lukas	AMC Waltrop	00:34.05		00:35.34		01:09.39	14
9	1446	Tüns, Mirko	MSV Dulmania	00:35.40		00:34.01		01:09.41	13
10	4601	Kornfeld, Philipp	AMC Hamm	00:35.09		00:34.59		01:09.68	12
11	4607	Hörsing, Markus	AMC Hamm	00:35.43		00:34.38		01:09.81	11
12	3613	Wagener, Marco	OC Siegerland-Nord	00:34.54	2	00:33.52		01:10.06	10
13	2613	Müller, Philipp	AMSC Marl-Hüls	00:34.73		00:35.55		01:10.28	9
14	2610	Franke, Dominik	AMSC Marl-Hüls	00:34.86		00:33.86	2	01:10.72	8
15	1601	Barthelmann, Kevin	Hagener AC 05	00:35.35		00:35.53		01:10.88	7
16	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:34.84		00:34.13	2	01:10.97	6
17	3906	Mannefeld, Kevin	AC Warendorf	00:34.90		00:34.30	2	01:11.20	5
18	3530	Wickel, Frederic	MSC Schmallenberg	00:35.54		00:35.66		01:11.20	4
19	605	Fuchs, Maik	AMC Wittgenstein Bad Berlebu	00:34.28		00:35.06	2	01:11.34	3
20	3804	Block, Tobias	AMC Waltrop	00:36.34		00:35.29		01:11.63	2
21	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berlebu	00:34.92	2	00:34.77		01:11.69	1
22	1629	Schrade, Julia	Hagener AC 05	00:35.31	2	00:34.83		01:12.14	1
23	1312	Thünemann, Tobias	SFG Dorsten	00:35.49	2	00:35.59		01:13.08	1
24	1802	Buxel, Marlon	MSC Harsewinkel	00:36.34		00:35.14	2	01:13.48	1
25	906	Kaiser, Lars	Briloner AC	00:35.82		00:35.98	2	01:13.80	1
26	3024	Niewöhner, Dustin Michel	AC Oelde	00:36.90		00:37.18		01:14.08	1
27	1407	Kroll, Richard	MSV Dulmania	00:34.26		00:34.50	6	01:14.76	1
28	2107	Kugel, Manuel	MSC Herten	00:34.27		00:35.83	20	01:30.10	1
29	3040	Krebs, Jonas	AC Oelde	00:36.24	2	00:34.22	26	01:38.46	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:33.18

(Schaller, Manuel - 6 / 619)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	409	Krämer, Christopher	MSC Lennetal-Bamenohl	00:33.40		00:33.23		01:06.63	30
2	3916	Gorny, Franziska	AC Warendorf	00:33.56		00:33.19		01:06.75	27
3	4708	Pöttgen, Niklas	MSC Oeventrop	00:33.66		00:33.46		01:07.12	24
4	519	Link, Robin	MSC Beckum	00:33.64		00:33.50		01:07.14	22
5	1028	Weber, Felix	AMC Burbach	00:33.77		00:33.39		01:07.16	20
6	1623	Mejri, Ali	Hagener AC 05	00:34.26		00:33.26		01:07.52	18
7	2809	Schäffer, Julian	MSF Netphen	00:33.84		00:34.01		01:07.85	16
8	3910	Petermann, Stephen	AC Warendorf	00:34.14		00:33.92		01:08.06	14
9	607	Hahn, Jonas	AMC Wittgenstein Bad Berlebu	00:34.17		00:33.90		01:08.07	13
10	1604	Brandenburg, Pascal	Hagener AC 05	00:34.21		00:34.26		01:08.47	12
11	4114	Windoffer, Fabian	MSC Westerkappeln	00:34.44		00:34.07		01:08.51	11
12	1624	Pohlmann, Florian	Hagener AC 05	00:34.32		00:34.24		01:08.56	10
13	1318	Thünenkötter, Kevin	SFG Dorsten	00:34.49		00:34.13		01:08.62	9
14	4805	Luig, Simon	MSC Soester Börde	00:34.55		00:34.13		01:08.68	8
15	2006	Müller, Lucas	MFC 'Auf dem Schnee' Herdec	00:34.49		00:34.42		01:08.91	7
16	3609	Tiebe, Oliver	OC Siegerland-Nord	00:34.36		00:34.69		01:09.05	6
17	907	Kaiser, Caroline	Briloner AC	00:34.65		00:34.47		01:09.12	5
18	2104	Händly, Saskia	MSC Herten	00:34.69		00:34.78		01:09.47	4
19	2102	Cerovsek, Maurice	MSC Herten	00:35.00		00:34.51		01:09.51	3
20	1011	Klein, Marius	AMC Burbach	00:34.85		00:34.68		01:09.53	2
21	913	Wienand, Peter	Briloner AC	00:35.29		00:34.31		01:09.60	1
22	2118	Schiwy, Maurice	MSC Herten	00:32.60	4	00:33.23		01:09.83	1
23	904	Gorny, Thilo	Briloner AC	00:35.32		00:34.75		01:10.07	1
24	1811	Richter, Alexander	MSC Harsewinkel	00:35.36		00:34.95		01:10.31	1
25	2802	Giesler, Jonas	MSF Netphen	00:33.86	2	00:33.50	2	01:11.36	1
26	1419	Gövert, Felicia	MSV Dulmania	00:34.67	2	00:33.81	2	01:12.48	1
27	1810	Osterheider, Jana	MSC Harsewinkel	00:35.66		00:35.41	2	01:13.07	1
28	2803	Grosser, Kevin	MSF Netphen	00:34.93		00:34.17	6	01:15.10	1
29	3114	Hoffmann, René	MSC Oenetal	00:37.14	6	00:34.85	6	01:23.99	1
30	1017	Oerter, Tim	AMC Burbach	00:35.26		00:37.80	18	01:31.06	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:33.19

(Gorny, Franziska - 2 / 3916)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4510	Peuser, Sina	MSC Süd Sauerland	00:33.55		00:32.66		01:06.21	30
2	3505	Grell, Matthias	MSC Schmallenberg	00:33.29		00:33.13		01:06.42	27
3	609	Kaufmann, Dennis	AMC Wittgenstein Bad Berlebu	00:33.64		00:33.25		01:06.89	24
4	421	Schneidersmann, Peter	MSC Lennetal-Bamenohl	00:33.45		00:33.67		01:07.12	22
5	603	Dammüller, Kevin	AMC Wittgenstein Bad Berlebu	00:33.38		00:33.90		01:07.28	20
6	4712	Marenbach, Kai	MSC Oeventrop	00:33.72		00:33.59		01:07.31	18
7	3924	Willi, Patrick	AC Warendorf	00:33.64		00:33.70		01:07.34	16
8	3604	Hübner, Nils	OC Siegerland-Nord	00:34.15		00:33.65		01:07.80	14
9	4104	Freese, Steffen	MSC Westerkappeln	00:34.33		00:33.51		01:07.84	13
10	3605	Hahn, Julien	OC Siegerland-Nord	00:34.39		00:33.46		01:07.85	12
11	3919	Kry, Anna Kristina	AC Warendorf	00:34.15		00:33.74		01:07.89	11
12	2105	Händly, Vanessa	MSC Herten	00:33.95		00:33.99		01:07.94	10
13	620	Schmitt, Jan	AMC Wittgenstein Bad Berlebu	00:34.22		00:33.91		01:08.13	9
14	2618	Langkafel, Kevin	AMSC Marl-Hüls	00:33.10		00:33.39	2	01:08.49	8
15	402	Branscheid, Marcel	MSC Lennetal-Bamenohl	00:34.58		00:34.32		01:08.90	7
16	3921	Petermann, Daniel	AC Warendorf	00:33.90	2	00:33.13		01:09.03	6
17	4105	Gans, Marcel	MSC Westerkappeln	00:34.66		00:34.82		01:09.48	5
18	1625	Pohlmann, Linda	Hagener AC 05	00:33.97	2	00:33.93		01:09.90	4
19	2621	Heinrich, Dennis	AMSC Marl-Hüls	00:35.43		00:35.61		01:11.04	3
20	1314	Hoenes, Dominik	SFG Dorsten	00:35.82		00:35.46		01:11.28	2
21	3608	Busch, Moritz	OC Siegerland-Nord	00:33.60	2	00:33.73	2	01:11.33	1
22	3923	Mannefeld, David	AC Warendorf	00:33.92	4	00:33.85	2	01:13.77	1
23	2007	Philipp, Jan	MFC 'Auf dem Schnee' Herdec	00:34.73		00:36.08	4	01:14.81	1
24	3003	Gerkmann, Jan	AC Oelde	00:34.06		00:35.94	6	01:16.00	1
25	2010	Werner, Alexander	MFC 'Auf dem Schnee' Herdec	00:36.82	2	00:36.25	2	01:17.07	1
26	1443	Schwack, Janine	MSV Dulmania	00:37.52	4	00:34.06	2	01:17.58	1

Zeitnahme:

Auswertung: B.Treek

Schnellster Lauf: 00:32.66

(Peuser, Sina - 1 / 4510)

Platz	Ortsclub	Starter	gewertet	Punkte
1	MSC Lennetal-Bamenohl	95 Krämer, Christopher (30) Rademacher, Tobias (24) Schneidersmann, Peter (22) Bamberg, Damian (13) Springob, Yannic (6)	76	30
2	AMC Wittgenstein Bad Berleburg	84 Biegler, Jens (30) Kaufmann, Dennis (24) Schaller, Manuel (18) Schmitt, Jan (9) Fuchs, Maik (3)	72	27
3	AC Warendorf	79 Petermann, Niclas (27) Gorny, Franziska (27) Petermann, Stephen (14) Petermann, Daniel (6) Mannefeld, Kevin (5)	68	24
4	MSC Beckum	68 Dieckmann, Moritz (24) Schmidt, Marvin (22) Link, Robin (22) , (0) , (0)	68	22
5	MSC Süd Sauerland	66 Peuser, Shareen (30) Peuser, Sina (30) Laux, Fabian (5) Dumke, Timo (1) , (0)	65	20
6	MSF Netphen	59 Marques, Fabio (30) Schäffer, Julian (16) Marques, Julio (11) Müller, Leon (1) Giesler, Jonas (1)	57	18
7	MSC Harsewinkel	58 Urban, Marcel (22) Schlie, Marvin (18) Hovestadt, Justin (16) Urban, Daniel (1) Osterheider, Jana (1)	56	16
8	AMC Waltrop	46 Braune, Devin (27) Dechert, Lukas (14) Weber, Max (3) Block, Tobias (2) , (0)	44	14
9	Olper AC	43 Siscaro, Giuseppe (20) Grabert, Peter (16) Alba, Sandro (7) , (0) , (0)	43	13
10	Hagener AC 05	43 Mejri, Ali (18) Brandenburg, Pascal (12) Brandenburg, Marcel (8) Pohlmann, Linda (4) Schrade, Julia (1)	38	12
11	OC Siegerland-Nord	43 Hübner, Nils (14) Hahn, Julien (12) Wagener, Marco (10) Tiebe, Oliver (6) Busch, Moritz (1)	36	11
12	MSC Westerkappeln	41 Freese, Steffen (13) Bange, Janick (12) Windoffer, Fabian (11) Gans, Marcel (5) , (0)	36	10
13	AMC Burbach	36 Weber, Felix (20) Thanabalasingam, Janujan (7) Obenlüneschloß, Sabrina (6) Klein, Marius (2) Oerter, Tim (1)	33	9
14	MSC Schmallenberg	31 Grell, Matthias (27) Wickel, Frederic (4) , (0) , (0) , (0)	31	8
15	MSV Dulmania	32 Tüns, Eileen (16) Tüns, Mirko (13) Kroll, Richard (1) Gövert, Felicia (1) Schwack, Janine (1)	30	7
16	MSC Bergstadt Rüthen	30 Enthof, Jan (27) Pionke, Marvin (2) Rielmann, Nico (1) , (0) , (0)	30	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	AMSC Marl-Hüls	35 Müller, Philipp (9) Eilinghaus, Elias (8) Franke, Dominik (8) Langkafel, Kevin (8) Czubaszek, Oliver (2)	25	5
18	RC Haltern	21 Gerdes, Leon (18) Porst, Nick (1) Porst, Tom (1) Nagler, Ralf (1) , (0)	20	4
19	Briloner AC	20 Penner, Jan (12) Kaiser, Caroline (5) Maschinski, Marius (1) Kaiser, Lars (1) Wienand, Peter (1)	18	3
20	MSC Herten	14 Händly, Vanessa (10) Kleingries, Tom (1) Grün, Max (1) Kugel, Manuel (1) Schiwy, Maurice (1)	12	2
21	MFC 'Auf dem Schnee' Herdecke	9 Müller, Lucas (7) Philipp, Jan (1) Werner, Alexander (1) , (0) , (0)	9	1
22	MSC Soester Börde	8 Luig, Simon (8)	8	1
23	AMSC Lüdinghausen	6 Wolff, Alexander (6) , (0) , (0) , (0) , (0)	6	1
24	MSC Oenetal	3 Bischopink, Alexander (1) Pott, Niklas (1) Hoffmann, René (1) , (0) , (0)	3	1