

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3123	Bischopink, Alexander	MSC Oenetal	00:40.42		00:40.50	2	01:22.92	30
2	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:44.71	2	00:44.60		01:31.31	27
3	4502	Laux, Fabian	MSC Süd Sauerland	00:43.52	4	00:43.84	2	01:33.36	24
4	4511	Peuser, Shareen	MSC Süd Sauerland	00:42.42	2	00:42.96	6	01:33.38	22
5	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:45.58		00:46.16	2	01:33.74	20
6	4311	Balzer, Alexander	AC Hohenseelbachkopf	00:42.17	4	00:42.59	6	01:34.76	18
7	3408	Alba, Sandro	Olper AC	00:46.27		00:46.26	4	01:36.53	16
8	427	Springob, Yannic	MSC Lennetal-Bamenohl	00:47.36		00:46.59	4	01:37.95	14
9	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:45.24	6	00:46.90		01:38.14	13
10	3106	Drahn, Julian	MSC Oenetal	00:48.31		00:49.44	2	01:39.75	12
11	4314	Klappert, Nico	AC Hohenseelbachkopf	00:47.41	6	00:51.68	12	01:57.09	11
12	3534	Inegbedion, Eric	MSC Schmalleberg	00:54.81		00:57.29	8	02:00.10	10
13	3525	Flato, Viktor	MSC Schmalleberg	00:51.93	12	00:50.00	14	02:07.93	9
14	3724	Masson, Jan	MSC Oberruhr Velmede	00:56.47	8	00:60.72	20	02:25.19	8
15	3414	Vogel, Lars	Olper AC	00:72.11		00:72.20	4	02:28.31	7
16	3526	Teipel, Lukas	MSC Schmalleberg	00:65.28	28	00:55.58	2	02:30.86	6

Zeitnahme: Mike Ricken

Auswertung:

Schnellster Lauf: 00:40.42

(Bischopink, Alexander - 1 / 3123)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	612	Krämer, Stefanie	AMC Wittgenstein Bad Berl	00:40.87		00:41.73		01:22.60	30
2	1026	Thanabalasingam, Janujan	AMC Burbach	00:40.84		00:42.10	2	01:24.94	27
3	3117	Jansen, Kevin	MSC Oenetal	00:41.91		00:43.11		01:25.02	24
4	3126	Fuhlen, Jonas	MSC Oenetal	00:42.21		00:42.84		01:25.05	22
5	2812	Völke, Leon	MSF Netphen	00:43.04		00:42.54		01:25.58	20
6	2807	Marques, Julio	MSF Netphen	00:41.50	2	00:41.62	4	01:29.12	18
7	1032	Schon, Rouven	AMC Burbach	00:40.61	2	00:40.91	6	01:29.52	16
8	2922	Heupel, Franziska	AMC Oberruhr	00:42.15	4	00:41.54	2	01:29.69	14
9	3122	Pott, Niklas	MSC Oenetal	00:41.00	4	00:44.86		01:29.86	13
10	2808	Müller, Leon	MSF Netphen	00:42.07	4	00:43.07	2	01:31.14	12
11	4508	Dumke, Timo	MSC Süd Sauerland	00:42.10	6	00:42.97	4	01:35.07	11
12	425	Schmidt, Andre	MSC Lennetal-Bamenohe	00:47.06		00:48.68		01:35.74	10
13	4514	Assmann, Michael	MSC Süd Sauerland	00:41.92	12	00:41.86		01:35.78	9
14	1029	Obenlüneschloß, Robin	AMC Burbach	00:46.87	4	00:47.72	2	01:40.59	8
15	3410	Schneider, Tim	Olper AC	00:46.05	6	00:41.94	8	01:41.99	7
16	3602	Bierbaum, Tim	OC Siegerland-Nord	00:46.18	6	00:46.06	4	01:42.24	6
17	3533	Inegbedion, Jason	MSC Schmallingenberg	00:50.04	4	00:47.02	2	01:43.06	5
18	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:39.45	4	00:40.88	20	01:44.33	4
19	3711	Gonzalez-Ovelar, Adrian	MSC Oberruhr Velmede	00:48.79	8	00:47.25	2	01:46.04	3
20	3112	Schwarz, Tim	MSC Oenetal	00:49.69	4	00:49.72	6	01:49.41	2
21	3418	Alfes, Nico	Olper AC	00:50.95	6	00:49.92	8	01:54.87	1
22	3523	Birlenbach, Florian	MSC Schmallingenberg	00:53.19	8	00:50.43	4	01:55.62	1
23	3509	Milosavljevic, Kristian	MSC Schmallingenberg	00:45.51	12	00:45.57	16	01:59.08	1
24	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:44.43	20	00:44.70	10	01:59.13	1
25	2904	Schelhas, Vera	AMC Oberruhr	00:50.52	20	00:49.75	6	02:06.27	1
26	627	Werner, Kevin	AMC Wittgenstein Bad Berl	00:48.00	138	00:41.07	8	03:55.07	1

Zeitnahme: Mike Ricken  
Auswertung:

Schnellster Lauf: 00:40.84  
(Thanabalasingam, Janujan - 2 / 1026)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3125	Andrzejewski, Lars	MSC Oenetal	00:39.35		00:39.56		01:18.91	30
2	2806	Marques, Fabio	MSF Netphen	00:39.32	2	00:39.40		01:20.72	27
3	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berl	00:40.66		00:40.36		01:21.02	24
4	3613	Wagener, Marco	OC Siegerland-Nord	00:40.09		00:39.75	2	01:21.84	22
5	3530	Wickel, Frederic	MSC Schmallenberg	00:40.90		00:41.10		01:22.00	20
6	626	Werner, Fabian	AMC Wittgenstein Bad Berl	00:41.31	2	00:41.20		01:24.51	18
7	3716	Steinmann, Johannes	MSC Oberruhr Velmede	00:40.84	2	00:41.75		01:24.59	16
8	3611	Neuhaus, Ann-Christin	OC Siegerland-Nord	00:41.45		00:43.15		01:24.60	14
9	2811	Steinseifer, Jannik	MSF Netphen	00:42.91		00:42.57		01:25.48	13
10	3407	Grabert, Peter	Olper AC	00:42.43		00:41.36	2	01:25.79	12
11	418	Rademacher, Tobias	MSC Lennetal-Bamenoht	00:40.94		00:41.21	4	01:26.15	11
12	3421	Siscaro, Giuseppe	Olper AC	00:40.34	2	00:40.08	4	01:26.42	10
13	624	Stockmann, Corinna	AMC Wittgenstein Bad Berl	00:41.05	4	00:41.44		01:26.49	9
14	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:41.94	4	00:40.94		01:26.88	8
15	1220	Stoll, Robin	MSF Cobbenrode	00:40.38	6	00:40.68		01:27.06	7
16	3507	Spieler, Steffen	MSC Schmallenberg	00:41.41	2	00:41.71	2	01:27.12	6
17	3116	Oster, Steffen	MSC Oenetal	00:43.71		00:44.37		01:28.08	5
18	2801	Schäffer, Marleen	MSF Netphen	00:43.47		00:43.38	2	01:28.85	4
19	4305	Kring, Dean-Mario	AC Hohenseelbachskopf	00:42.12	6	00:41.26		01:29.38	3
20	2906	Leifert, Lucas	AMC Obernau	00:44.55		00:46.05		01:30.60	2
21	4509	Laux, Carolin	MSC Süd Sauerland	00:42.32	2	00:42.37	4	01:30.69	1
22	1022	Sarx, Benjamin	AMC Burbach	00:42.41	2	00:42.36	4	01:30.77	1
23	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:40.76	4	00:41.52	6	01:32.28	1
24	4513	Dumke, Patricia	MSC Süd Sauerland	00:43.23	8	00:41.49		01:32.72	1
25	3105	Baumhoff, Alexander	MSC Oenetal	00:42.35	2	00:44.94	4	01:33.29	1
26	118	Malewski, André	MSC Altena	00:45.79	4	00:44.23	8	01:42.02	1
27	605	Fuchs, Maik	AMC Wittgenstein Bad Berl	00:40.39		00:40.44	22	01:42.83	1
28	1228	Hochstein, Michel	MSF Cobbenrode	00:48.37	4	00:49.96	2	01:44.33	1
29	1018	Puche, Jan	AMC Burbach	00:41.44	20	00:39.37	4	01:44.81	1
30	3536	Leidorf, Jessica	MSC Schmallenberg	00:50.31	10	00:46.14		01:46.45	1
31	2919	Wunderlich, Felix	AMC Obernau	00:43.83		00:46.65	20	01:50.48	1
32	1214	Lumme, Jonas	MSF Cobbenrode	00:43.88	22	00:44.21	2	01:52.09	1

Zeitnahme: Mike Ricken  
Auswertung:

Schnellster Lauf: 00:39.35  
(Andrzejewski, Lars - 1 / 3125)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1028	Weber, Felix	AMC Burbach	00:38.98		00:39.08		01:18.06	30
2	409	Krämer, Christopher	MSC Lennetal-Bamenohl	00:39.22		00:38.87		01:18.09	27
3	3114	Hoffmann, René	MSC Oenetal	00:39.18		00:39.59		01:18.77	24
4	3609	Tiebe, Oliver	OC Siegerland-Nord	00:39.44		00:39.35		01:18.79	22
5	2802	Giesler, Jonas	MSF Netphen	00:39.62		00:39.41		01:19.03	20
6	1027	Thanabalasingam, Sinthujan	AMC Burbach	00:39.60		00:39.60		01:19.20	18
7	2809	Schäffer, Julian	MSF Netphen	00:39.06	2	00:38.80		01:19.86	16
8	607	Hahn, Jonas	AMC Wittgenstein Bad Berl	00:39.00	2	00:38.98		01:19.98	14
9	1017	Oerter, Tim	AMC Burbach	00:39.55		00:39.41	2	01:20.96	13
10	3614	Wiebelhaus, Christian	OC Siegerland-Nord	00:40.56		00:40.64		01:21.20	12
11	625	Stockmann, Daniel	AMC Wittgenstein Bad Berl	00:40.93		00:40.93		01:21.86	11
12	3707	Hötte, Tobias	MSC Oberruhr Velmede	00:40.21	2	00:39.85		01:22.06	10
13	420	Schumacher, Thomas	MSC Lennetal-Bamenohl	00:40.70		00:41.43		01:22.13	9
14	2805	Kneppe, Torben	MSF Netphen	00:41.56		00:40.74		01:22.30	8
15	2803	Grosser, Kevin	MSF Netphen	00:40.11		00:40.30	2	01:22.41	7
16	3519	Zimmermann, Robin	MSC Schmallenberg	00:41.78		00:41.51		01:23.29	6
17	1025	Stötzel, Fynn Lewis	AMC Burbach	00:41.44	2	00:41.08		01:24.52	5
18	1011	Klein, Marius	AMC Burbach	00:39.52		00:39.33	6	01:24.85	4
19	3403	Battaglia, David	Olper AC	00:42.04	2	00:41.16		01:25.20	3
20	3529	Leidorf, Fabian	MSC Schmallenberg	00:40.96	2	00:40.50	2	01:25.46	2
21	404	Geyer, Fabian	MSC Lennetal-Bamenohl	00:42.43	2	00:41.49		01:25.92	1
22	2912	Ortakaja, David Ali	AMC Obernau	00:40.75	4	00:40.74	2	01:27.49	1
23	422	Sinzig, Lukas	MSC Lennetal-Bamenohl	00:40.83	8	00:41.09	2	01:31.92	1
24	3422	Siscaro, Tanina	Olper AC	00:41.51	4	00:40.99	6	01:32.50	1
25	411	Lenneper, Meike	MSC Lennetal-Bamenohl	00:41.53	6	00:39.68	6	01:33.21	1
26	3531	Inegbedion, Marc	MSC Schmallenberg	00:45.08	4	00:42.20	4	01:35.28	1
27	3538	Wickel, René	MSC Schmallenberg	00:41.51		00:46.88	10	01:38.39	1
28	3506	Braun, Marvin	MSC Schmallenberg	00:44.04	12	00:42.59		01:38.63	1
29	1208	Hüggenberg, Kevin	MSF Cobbenrode	00:40.97	2	00:38.60	48	02:09.57	1

Zeitnahme: Mike Ricken  
Auswertung:

Schnellster Lauf: 00:38.80  
(Schäffer, Julian - 7 / 2809)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3108	Klein, Gordian	MSC Oenetal	00:38.59		00:38.53		01:17.12	30
2	421	Schneidersmann, Peter	MSC Lennetal-Bamenohl	00:39.12		00:38.67		01:17.79	27
3	4510	Peuser, Sina	MSC Süd Sauerland	00:38.73		00:39.38		01:18.11	24
4	3608	Busch, Moritz	OC Siegerland-Nord	00:39.27		00:39.21		01:18.48	22
5	3505	Grell, Matthias	MSC Schmallenberg	00:39.40		00:39.25		01:18.65	20
6	3603	Opfer, Sabrina	OC Siegerland-Nord	00:39.51		00:39.66		01:19.17	18
7	610	Kluge, Tobias	AMC Wittgenstein Bad Berl	00:39.54		00:39.74		01:19.28	16
8	402	Branscheid, Marcel	MSC Lennetal-Bamenohl	00:39.67		00:39.77		01:19.44	14
9	2918	Thomas, Michelle	AMC Obernau	00:40.17		00:39.33		01:19.50	13
10	620	Schmitt, Jan	AMC Wittgenstein Bad Berl	00:39.87		00:39.78		01:19.65	12
11	3604	Hübner, Nils	OC Siegerland-Nord	00:38.84	2	00:39.13		01:19.97	11
12	3605	Hahn, Julien	OC Siegerland-Nord	00:38.91	2	00:39.15		01:20.06	10
13	4503	Koperwas, Wiebke	MSC Süd Sauerland	00:39.44		00:39.33	2	01:20.77	9
14	609	Kaufmann, Dennis	AMC Wittgenstein Bad Berl	00:39.59		00:39.33	2	01:20.92	8
15	618	Rohn, Steffen	AMC Wittgenstein Bad Berl	00:39.46		00:39.59	2	01:21.05	7
16	2905	Heupel, Jan-Philipp	AMC Obernau	00:40.28	2	00:39.78		01:22.06	6
17	611	Krämer, Kevin	AMC Wittgenstein Bad Berl	00:40.56	4	00:39.56		01:24.12	5
18	608	Kaletsch, Tobias	AMC Wittgenstein Bad Berl	00:38.92	2	00:39.38	8	01:28.30	4
19	417	Pfau, Tobias	MSC Lennetal-Bamenohl	00:40.91	6	00:40.14	2	01:29.05	3
20	1004	Völke-Pfeifer, Colin	AMC Burbach	00:39.35	2	00:38.87	10	01:30.22	2
21	3524	Rubrech, Sarah	MSC Schmallenberg	00:41.67	2	00:41.38	6	01:31.05	1
22	3508	Rubrech, Jennifer	MSC Schmallenberg	00:40.77	14	00:39.22		01:33.99	1

Zeitnahme: Mike Ricken  
Auswertung:

Schnellster Lauf: 00:38.53  
(Klein, Gordian - 1 / 3108)

Platz	Ortsclub	Starter	gewertet	Punkte
1	MSC Oenetal	127 Bischopink, Alexander (30) Andrzejewski, Lars (30) Klein, Gordian (30) Hoffmann, René (24) Pott, Niklas (13)	90	30
2	MSC Lennetal-Bamenohl	115 Bamberg, Damian (27) Krämer, Christopher (27) Schneidersmann, Peter (27) Brandt, Johan (20) Branscheid, Marcel (14)	81	27
3	AMC Burbach	87 Weber, Felix (30) Thanabalasingam, Janujan (27) Schon, Rouven (16) Oerter, Tim (13) Puche, Jan (1)	73	24
4	MSC Süd Sauerland	90 Laux, Fabian (24) Peuser, Sina (24) Peuser, Shareen (22) Dumke, Timo (11) Assmann, Michael (9)	70	22
5	OC Siegerland-Nord	90 Wagener, Marco (22) Tiebe, Oliver (22) Busch, Moritz (22) Neuhaus, Ann-Christin (14) Hahn, Julien (10)	66	20
6	MSF Netphen	93 Marques, Fabio (27) Giesler, Jonas (20) Marques, Julio (18) Schäffer, Julian (16) Müller, Leon (12)	65	18
7	MSC Schmallenberg	49 Wickel, Frederic (20) Grell, Matthias (20) Spieler, Steffen (6) Leidorf, Fabian (2) Rubrech, Jennifer (1)	46	16
8	AMC Wittgenstein Bad Berleburg	48 Krämer, Stefanie (30) Kaufmann, Dennis (8) Krämer, Kevin (5) Biegler, Jens (4) Fuchs, Maik (1)	43	14
9	MSC Oberruhr Velmede	50 Steinmann, Johannes (16) Smorra, Gina-Maria (13) Hötte, Tobias (10) Mc Bride, Jan (8) Gonzalez-Ovelar, Adrian (3)	39	13
10	Olper AC	48 Alba, Sandro (16) Grabert, Peter (12) Siscaro, Giuseppe (10) Schneider, Tim (7) Battaglia, David (3)	38	12
11	AMC Obernau	35 Heupel, Franziska (14) Thomas, Michelle (13) Heupel, Jan-Philipp (6) Schelhas, Vera (1) Wunderlich, Felix (1)	33	11
12	AC Hohenseelbachkopf	33 Balzer, Alexander (18) Klappert, Nico (11) Kring, Dean-Mario (3) Schlosser, Alina (1) , (0)	32	10
13	MSF Cobbenrode	10 Stoll, Robin (7) Hochstein, Michel (1) Lumme, Jonas (1) Hüggenberg, Kevin (1) , (0)	9	9