

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2808	Müller, Leon	MSF Netphen	00:41.86		00:42.01		01:23.87	30
2	2812	Völke, Leon	MSF Netphen	00:43.15		00:45.07		01:28.22	27
3	9006	Scholl, Kevin	MSF Kirchen	00:44.36	4	00:43.26	2	01:33.62	Gast
4	4511	Peuser, Shareen	MSC Süd Sauerland	00:46.79		00:46.85		01:33.64	24
5	612	Krämer, Stefanie	AMC Wittgenstein Bad Berl	00:43.90	2	00:46.67	2	01:34.57	22
6	4508	Dumke, Timo	MSC Süd Sauerland	00:45.86	4	00:45.96		01:35.82	20
7	4514	Assmann, Michael	MSC Süd Sauerland	00:44.39	4	00:46.69	2	01:37.08	18
8	4311	Balzer, Alexander	AC Hohenseelbachkopf	00:49.36	6	00:45.20		01:40.56	16
9	4502	Laux, Fabian	MSC Süd Sauerland	00:50.28	6	00:47.42		01:43.70	14
10	4313	Plate, Sven	AC Hohenseelbachkopf	00:48.08		00:47.67	12	01:47.75	13
11	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:45.34	6	00:45.78	12	01:49.12	12
12	627	Werner, Kevin	AMC Wittgenstein Bad Berl	00:43.99	4	00:44.95	20	01:52.94	11
13	1029	Obenlüneschloß, Robin	AMC Burbach	00:48.01	6	00:48.34	12	01:54.35	10
14	427	Springob, Yannic	MSC Lennetal-Bamenohl	00:57.51	8	00:48.35	6	01:59.86	9
15	9008	Hoffmann, Dominik	AMC Ansbach	00:49.26	10	00:45.76	16	02:01.02	Gast
16	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:43.98	24	00:51.13	2	02:01.11	8
17	3123	Bischopink, Alexander	MSC Oenetal	01:01.57	10	00:50.15		02:01.72	7
18	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:49.69	20	00:52.28	4	02:05.97	6
19	3419	Wittenstein, Sophie	Olper AC	00:58.90		01:08.92	2	02:09.82	5
20	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:46.38	22	00:49.23	18	02:15.61	4
21	424	Geyer, Jana	MSC Lennetal-Bamenohl	00:59.11		01:10.87	6	02:15.98	3
22	3117	Janssen, Kevin	MSC Oenetal	00:51.86	4	01:06.16	24	02:26.02	2
23	3532	Frisse, Gina-Maria	MSC Schmallenberg	01:52.04	4	01:16.11	8	03:20.15	1

Zeitnahme:  
Auswertung:

Schnellster Lauf: 00:41.86  
(Müller, Leon - 1 / 2808)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1018	Puche, Jan	AMC Burbach	00:40.63	2	00:40.75		01:23.38	30
2	2807	Marques, Julio	MSF Netphen	00:40.76	2	00:41.18		01:23.94	27
3	2806	Marques, Fabio	MSF Netphen	00:40.31	4	00:39.94		01:24.25	24
4	3613	Wagener, Marco	OC Siegerland-Nord	00:41.68	2	00:41.31		01:24.99	22
5	2814	Schneider, Till Jonas	MSF Netphen	00:41.57		00:42.58	2	01:26.15	20
6	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:41.61	2	00:41.24	2	01:26.85	18
7	418	Rademacher, Tobias	MSC Lennetal-Bamenohe	00:43.30		00:44.16		01:27.46	16
8	3615	Opfer, Andre	OC Siegerland-Nord	00:42.22	2	00:44.38		01:28.60	14
9	2922	Heupel, Franziska	AMC Obernau	00:43.73		00:43.86	2	01:29.59	13
10	619	Schaller, Manuel	AMC Wittgenstein Bad Berl	00:43.11	4	00:41.33	2	01:30.44	12
11	1026	Thanabalasingam, Janujan	AMC Burbach	00:41.30	6	00:41.62	2	01:30.92	11
12	3402	Battaglia, Alena	Olper AC	00:43.57		00:43.48	4	01:31.05	10
13	9007	Schwinghammer, Moritz	AMC Ansbach	00:44.90	2	00:43.31	2	01:32.21	Gast
14	1032	Schon, Rouven	AMC Burbach	00:43.50	4	00:42.86	2	01:32.36	9
15	4509	Laux, Carolin	MSC Süd Sauerland	00:46.27		00:46.16	2	01:34.43	8
16	3601	Müller, Marvin Lukas	OC Siegerland-Nord	00:44.91	4	00:44.08	2	01:34.99	7
17	2919	Wunderlich, Felix	AMC Obernau	00:45.99	2	00:47.37		01:35.36	6
18	3716	Steinmann, Johannes	MSC Oberruhr Velmede	00:42.77	4	00:42.83	6	01:35.60	5
19	626	Werner, Fabian	AMC Wittgenstein Bad Berl	00:42.98	8	00:43.00	2	01:35.98	4
20	3420	Wittenstein, Moritz	Olper AC	00:44.42	4	00:45.71	2	01:36.13	3
21	4312	Kretzer, Alicia	AC Hohenseelbachkopf	00:42.79	6	00:42.92	6	01:37.71	2
22	3611	Neuhaus, Ann-Christin	OC Siegerland-Nord	00:44.90	4	00:45.78	4	01:38.68	1
23	605	Fuchs, Maik	AMC Wittgenstein Bad Berl	00:42.42	12	00:43.18	2	01:39.60	1
24	3410	Schneider, Tim	Olper AC	00:50.34	4	00:48.13		01:42.47	1
25	3122	Pott, Niklas	MSC Oenetal	00:47.89	12	00:44.35		01:44.24	1
26	3116	Oster, Steffen	MSC Oenetal	00:52.68		00:54.14		01:46.82	1
27	2914	Röcher, Maximilian	AMC Obernau	00:46.21	2	00:46.97	12	01:47.18	1
28	1022	Sarx, Benjamin	AMC Burbach	00:47.49	12	00:49.47		01:48.96	1
29	4305	Kring, Dean-Mario	AC Hohenseelbachkopf	00:44.64	20	00:43.72	4	01:52.36	1
30	3536	Leidorf, Jessica	MSC Schmallenberg	00:54.48	30	00:53.05	12	02:29.53	1

Zeitnahme:  
Auswertung:

Schnellster Lauf: 00:39.94  
(Marques, Fabio - 3 / 2806)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2809	Schäffer, Julian	MSF Netphen	00:39.01		00:38.62	2	01:19.63	30
2	2802	Giesler, Jonas	MSF Netphen	00:38.03		00:39.01	4	01:21.04	27
3	9010	Joyade, Michael	MSF Kirchen	00:40.21		00:39.90	4	01:24.11	Gast
4	2811	Steinseifer, Jannic	MSF Netphen	00:41.72		00:42.91		01:24.63	24
5	3612	Kolb, Fabian	OC Siegerland-Nord	00:41.31	2	00:41.42		01:24.73	22
6	1011	Klein, Marius	AMC Burbach	00:40.13	4	00:40.98		01:25.11	20
7	3114	Hoffmann, René	MSC Oenetal	00:41.55		00:42.35	2	01:25.90	18
8	3125	Andrzejewski, Lars	MSC Oenetal	00:44.60		00:42.91		01:27.51	16
9	9009	Schmidt, Dominik	MSF Kirchen	00:41.91	2	00:41.72	2	01:27.63	Gast
10	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berl	00:43.79	2	00:41.89		01:27.68	14
11	3407	Gabert, Peter	Olper AC	00:42.17	2	00:42.35	2	01:28.52	13
12	1017	Oerter, Tim	AMC Burbach	00:40.33	4	00:40.53	4	01:28.86	12
13	9011	Mintgen, Sylvia	MSC Bad Hönningen	00:40.12	4	00:41.37	4	01:29.49	Gast
14	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:41.95	6	00:41.88		01:29.83	11
15	3529	Leidorf, Fabian	MSC Schmallenberg	00:45.17		00:44.91		01:30.08	10
16	1019	Puche, Michelle	AMC Burbach	00:43.86	4	00:42.66		01:30.52	9
17	1220	Stoll, Robin	MSF Cobbenrode	00:42.84		00:42.19	6	01:31.03	8
18	624	Stockmann, Corinna	AMC Wittgenstein Bad Berl	00:43.45	2	00:43.82	2	01:31.27	7
19	404	Geyer, Fabian	MSC Lennetal-Bamenohl	00:41.85	2	00:41.86	6	01:31.71	6
20	3515	Dünnebacke, Sophia	MSC Schmallenberg	00:45.27	2	00:45.22		01:32.49	5
21	3403	Battaglia, David	Olper AC	00:44.65	2	00:46.16		01:32.81	4
22	4513	Dumke, Patricia	MSC Süd Sauerland	00:44.17		00:44.65	4	01:32.82	3
23	1025	Stötzel, Fynn Lewis	AMC Burbach	00:43.30	2	00:44.36	4	01:33.66	2
24	3614	Wiebelhaus, Christian	OC Siegerland-Nord	00:44.40		00:43.46	6	01:33.86	1
25	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:44.47	2	00:43.74	4	01:34.21	1
26	3530	Wickel, Frederic	MSC Schmallenberg	00:41.28	10	00:41.63	2	01:34.91	1
27	4302	Glöckner, Sascha	AC Hohenseelbachkopf	00:43.57	6	00:43.84	6	01:39.41	1
28	625	Stockmann, Daniel	AMC Wittgenstein Bad Berl	00:44.92	6	00:46.47	4	01:41.39	1
29	3421	Siscaro, Giuseppe	Olper AC	00:41.77	22	00:43.08		01:46.85	1
30	1002	Beul, Max	AMC Burbach	00:40.11	2	00:38.02	46	02:06.13	1

Zeitnahme:  
Auswertung:

Schnellster Lauf: 00:38.03  
(Giesler, Jonas - 2 / 2802)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4510	Peuser, Sina	MSC Süd Sauerland	00:39.38		00:39.56	2	01:20.94	30
2	409	Krämer, Christopher	MSC Lennetal-Bamenohl	00:40.66		00:41.62		01:22.28	27
3	421	Schneidersmann, Peter	MSC Lennetal-Bamenohl	00:39.58	2	00:40.76		01:22.34	24
4	2805	Kneppe, Torben	MSF Netphen	00:41.27		00:41.25		01:22.52	22
5	4503	Koperwas, Wiebke	MSC Süd Sauerland	00:40.62	2	00:40.66		01:23.28	20
6	422	Sinzig, Lukas	MSC Lennetal-Bamenohl	00:41.13		00:42.19		01:23.32	18
7	2803	Grosser, Kevin	MSF Netphen	00:39.29	2	00:40.03	2	01:23.32	16
8	2918	Thomas, Michelle	AMC Obernau	00:39.57	2	00:40.03	2	01:23.60	14
9	3516	Dünnebacke, Anna	MSC Schmalleberg	00:40.31	2	00:41.03	2	01:25.34	13
10	3609	Tiebe, Oliver	OC Siegerland-Nord	00:40.69	2	00:40.72	2	01:25.41	12
11	620	Schmitt, Jan	AMC Wittgenstein Bad Berl	00:39.82		00:40.28	6	01:26.10	11
12	1028	Weber, Felix	AMC Burbach	00:40.80		00:39.69	6	01:26.49	10
13	611	Krämer, Kevin	AMC Wittgenstein Bad Berl	00:39.66		00:40.92	6	01:26.58	9
14	420	Schumacher, Thomas	MSC Lennetal-Bamenohl	00:42.40		00:42.36	2	01:26.76	8
15	2905	Heupel, Jan-Philipp	AMC Obernau	00:42.44	2	00:42.46		01:26.90	7
16	3110	Haupt, Annika	MSC Oenetal	00:41.12		00:41.39	6	01:28.51	6
17	1027	Thanabalasingam, Sinthujan	AMC Burbach	00:42.30	4	00:42.36		01:28.66	5
18	3605	Hahn, Julien	OC Siegerland-Nord	00:40.54	6	00:39.73	4	01:30.27	4
19	3422	Siscaro, Tanina	Olper AC	00:42.94	4	00:43.45		01:30.39	3
20	411	Lenneper, Meike	MSC Lennetal-Bamenohl	00:42.84	2	00:43.59	2	01:30.43	2
21	9012	Dabrowski, Dominik	MSF Kirchen	00:40.38	6	00:40.44	4	01:30.82	Gast
22	3519	Zimmermann, Robin	MSC Schmalleberg	00:44.80	2	00:45.58		01:32.38	1
23	3606	Stobinski, Felix	OC Siegerland-Nord	00:43.46	6	00:44.43		01:33.89	1
24	3524	Rubrech, Sarah	MSC Schmalleberg	00:42.99	4	00:43.21	4	01:34.20	1
25	3538	Wickel, René	MSC Schmalleberg	00:43.19	4	00:43.03	4	01:34.22	1
26	607	Hahn, Jonas	AMC Wittgenstein Bad Berl	00:41.79	12	00:42.03	2	01:37.82	1
27	1221	Stoll, Tanja	MSF Cobbenrode	00:45.33	6	00:39.27	12	01:42.60	1
28	1208	Hüggenberg, Kevin	MSF Cobbenrode	00:43.17	6	00:42.47	12	01:43.64	1

Zeitnahme:  
Auswertung:

Schnellster Lauf: 00:39.38  
(Peuser, Sina - 1 / 4510)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3608	Busch, Moritz	OC Siegerland-Nord	00:34.40		00:34.45		01:08.85	30
2	4504	Koperwas, Sören	MSC Süd Sauerland	00:34.69		00:34.93		01:09.62	27
3	2813	Völke-Pfeifer, Colin	MSF Netphen	00:34.90		00:34.73		01:09.63	24
4	3414	Schrage, Marvin	Olper AC	00:35.07		00:34.88		01:09.95	22
5	3508	Rubrech, Jennifer	MSC Schmalleberg	00:35.18		00:35.02		01:10.20	20
6	609	Kaufmann, Dennis	AMC Wittgenstein Bad Berl	00:35.43		00:35.20		01:10.63	18
7	3603	Opfer, Sabrina	OC Siegerland-Nord	00:34.14		00:34.55	2	01:10.69	16
8	3604	Hübner, Nils	OC Siegerland-Nord	00:34.56		00:34.27	2	01:10.83	14
9	3505	Grell, Matthias	MSC Schmalleberg	00:35.47		00:35.39		01:10.86	13
10	3502	Zuncke, René	MSC Schmalleberg	00:35.66		00:35.40		01:11.06	12
11	608	Kaletsch, Tobias	AMC Wittgenstein Bad Berl	00:35.72		00:35.75		01:11.47	11
12	2920	Zillinger, Dominik	AMC Obernau	00:35.55		00:36.27		01:11.82	10
13	3108	Klein, Gordian	MSC Oenetal	00:36.55		00:35.54		01:12.09	9
14	3602	Kolb, Sebastian	OC Siegerland-Nord	00:34.48	4	00:34.58		01:13.06	8
15	213	Schrick, Oliver	AMC Arnsberg	00:36.86		00:36.34		01:13.20	7
16	1015	Müns, Malte	AMC Burbach	00:35.57	2	00:36.21		01:13.78	6
17	610	Kluge, Tobias	AMC Wittgenstein Bad Berl	00:36.08	2	00:35.87		01:13.95	5
18	602	Biegler, Nicole	AMC Wittgenstein Bad Berl	00:36.30		00:35.78	2	01:14.08	4
19	1014	Müns, Nino	AMC Burbach	00:35.89		00:36.01	4	01:15.90	3
20	3517	Gierse, Indra-Jasmin	MSC Schmalleberg	00:37.74		00:36.37	2	01:16.11	2
21	2804	Haardt, André	MSF Netphen	00:35.36		00:35.85	6	01:17.21	1
22	603	Dammüller, Kevin	AMC Wittgenstein Bad Berl	00:36.89	8	00:36.10		01:20.99	1
23	2810	Schulz, Kai-Andre	MSF Netphen	00:36.57	2	00:36.09	10	01:24.66	1
24	402	Branscheid, Marcel	MSC Lennetal-Bameno	00:36.37		00:35.43	14	01:25.80	1

Zeitnahme:

Auswertung: Matthias Scharf

Schnellster Lauf: 00:34.14

(Opfer, Sabrina - 7 / 3603)

Platz	Ortsclub	Starter	gewertet	Punkte
1	MSF Netphen	138 Schäffer, Julian (30) Völke-Pfeifer, Colin (30) Giesler, Jonas (27) Haardt, André (27) Marques, Fabio (24)	87	30
2	MSC Süd Sauerland	107 Peuser, Sina (30) Peuser, Shareen (24) Dumke, Timo (20) Koperwas, Wiebke (20) Koperwas, Sören (13)	74	27
3	MSC Lennetal-Bamenohl	83 Krämer, Christopher (27) Schneidersmann, Peter (24) Rademacher, Tobias (16) Brandt, Johan (12) Bamberg, Damian (4)	67	24
4	AMC Burbach	72 Puche, Jan (30) Klein, Marius (20) Thanabalasingam, Janujan (11) Weber, Felix (10) Beul, Max (1)	61	22
5	OC Siegerland-Nord	54 Wagener, Marco (22) Kolb, Fabian (22) Busch, Moritz (5) Hahn, Julien (4) Opfer, Sabrina (1)	49	20
6	AMC Obernau	46 Zillinger, Dominik (18) Thomas, Michelle (14) Heupel, Jan-Philipp (7) Wunderlich, Felix (6) Röcher, Maximilian (1)	39	18
7	Olper AC	33 Schrage, Marvin (24) Battaglia, David (4) Siscaro, Tanina (3) Siscaro, Giuseppe (1) Klein, Marco (1)	31	16
8	MSC Oenetal	33 Hoffmann, René (18) Bischopink, Alexander (7) Haupt, Annika (6) Pott, Niklas (1) Klein, Gordian (1)	31	14
9	MSC Schmallenberg	28 Grell, Matthias (16) Leidorf, Fabian (10) Wickel, Frederic (1) Zimmermann, Robin (1) , (0)	27	13
10	AC Hohenseelbachkopf	28 Balzer, Alexander (16) Schlosser, Alina (8) Kretzer, Alicia (2) Kring, Dean-Mario (1) Glöckner, Sascha (1)	26	12
11	AMC Wittgenstein Bad Berleburg	11 Schmitt, Jan (11) , (0) , (0) , (0) , (0)	11	11
12	MSF Cobbenrode	10 Stoll, Robin (8) Stoll, Tanja (1) Hüggenberg, Kevin (1) , (0) , (0)	10	10