

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3805	Braune, Devin	AMC Waltrop	00:43.75		00:43.50		01:27.25	30
2	601	Biegler, Jens	AMC Wittgenstein Bad Berlet	00:43.78		00:43.74		01:27.52	27
3	1703	Gerdes, Leon	RC Haltern	00:45.41		00:44.84		01:30.25	24
4	3901	Litsch, Jan-Luka	AC Warendorf	00:45.67		00:45.96		01:31.63	22
5	1026	Thanabalasingam, Janujan	AMC Burbach	00:46.15	2	00:45.82		01:33.97	20
6	2611	Biernat, Marvin	AMSC Marl-Hüls	00:47.91		00:46.45		01:34.36	18
7	823	Kassegger, Felix	MSC Bork	00:46.38		00:48.13		01:34.51	16
8	1830	Hovestadt, Justin	MSC Harsewinkel	00:48.11		00:47.13		01:35.24	14
9	1032	Schon, Rouven	AMC Burbach	00:47.61		00:48.31		01:35.92	13
10	911	Maschinski, Marius	Briloner AC	00:46.94	2	00:47.46		01:36.40	12
11	4101	Bange, Janick	MSC Westerkappeln	00:45.58	2	00:45.53	4	01:37.11	11
12	2812	Völke, Leon	MSF Netphen	00:49.01		00:48.14		01:37.15	10
13	627	Werner, Kevin	AMC Wittgenstein Bad Berlet	00:46.61	4	00:47.12		01:37.73	9
14	2524	Wolff, Alexander	AMSC Lüdinghausen	00:51.30		00:47.18		01:38.48	8
15	2131	Wiedenhöft, Josie	MSC Herten	00:47.80	2	00:47.44	2	01:39.24	7
16	2807	Marques, Julio	MSF Netphen	00:48.98		00:48.98	2	01:39.96	6
17	1607	Czubazek, Oliver	Hagener AC 05	00:47.42		00:51.03	2	01:40.45	5
18	1323	Rotterdam, Eneas	SFG Dorsten	00:51.66		00:50.26		01:41.92	4
19	835	Rump, Steffen	MSC Bork	00:51.83		00:50.62		01:42.45	3
20	1819	Buxel, Leon	MSC Harsewinkel	00:47.65	6	00:45.60	4	01:43.25	2
21	1603	Brandenburg, Marcel	Hagener AC 05	00:47.01	12	00:46.31		01:45.32	1
22	2126	Grün, Max	MSC Herten	00:49.82	10	00:49.46		01:49.28	1
23	4006	Henke, Tim	MSF Warstein	00:54.99	2	00:55.27		01:52.26	1
24	3615	Opfer, Andre	OC Siegerland-Nord	00:48.24	2	00:50.31	12	01:52.55	1
25	2516	Magdeburg, Dominik	AMSC Lüdinghausen	00:55.61	14	00:46.92		01:56.53	1
26	2922	Heupel, Franziska	AMC Obernau	00:54.50	16	00:47.89		01:58.39	1
27	905	Janßen, Jannik	Briloner AC	01:00.68	10	00:48.87		01:59.55	1

Zeitnahme: G. Ullmann  
Auswertung: B. Treek

Schnellster Lauf: 00:43.50  
(Braune, Devin - 1 / 3805)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2610	Franke, Dominik	AMSC Marl-Hüls	00:42.82		00:42.55		01:25.37	30
2	2806	Marques, Fabio	MSF Netphen	00:43.06		00:42.46		01:25.52	27
3	3903	Petermann, Niclas	AC Warendorf	00:42.66		00:43.09		01:25.75	24
4	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berlet	00:43.45		00:43.19		01:26.64	22
5	2132	Gerner, Nick	MSC Herten	00:43.60		00:43.25		01:26.85	20
6	3613	Wagener, Marco	OC Siegerland-Nord	00:42.57		00:42.60	2	01:27.17	18
7	1601	Bartelmann, Kevin	Hagener AC 05	00:43.65		00:43.73		01:27.38	16
8	418	Rademacher, Tobias	MSC Lennetal-Bamenoehl	00:44.18		00:44.22		01:28.40	14
9	906	Kaiser, Lars	Briloner AC	00:44.17		00:44.25		01:28.42	13
10	1002	Beul, Max	AMC Burbach	00:43.38		00:43.06	2	01:28.44	12
11	3316	Siscaro, Giuseppe	AMC Olpe	00:45.41		00:43.15		01:28.56	11
12	833	Möller, Michael	MSC Bork	00:44.14		00:44.83		01:28.97	10
13	4102	Bollmann, Jonas	MSC Westerkappeln	00:43.08		00:44.09	2	01:29.17	9
14	3002	Buchwald, Robin	AC Oelde	00:43.94		00:44.42	2	01:30.36	8
15	819	Helmbrecht, Marvin	MSC Bork	00:44.52		00:44.45	2	01:30.97	7
16	1620	Kalthaus, Felix	Hagener AC 05	00:44.15	2	00:44.82		01:30.97	6
17	1302	Droste, Anna Lena	SFG Dorsten	00:44.96		00:44.29	2	01:31.25	5
18	1446	Tüns, Mirko	MSV Dulmania	00:44.65	2	00:44.96		01:31.61	4
19	2515	Kroll, Richard	AMSC Lüdinghausen	00:43.57		00:43.68	6	01:33.25	3
20	3004	Gerling, Adrian	AC Oelde	00:45.66		00:45.73	2	01:33.39	2
21	3024	Niewöhner, Dustin Michel	AC Oelde	00:42.25	4	00:43.42	4	01:33.67	1
22	1629	Schrade, Julia	Hagener AC 05	00:47.14		00:46.66		01:33.80	1
23	4614	Zebedies, Jahn Philipp	AMC Hamm	00:44.23	4	00:44.11	2	01:34.34	1
24	2811	Steinseifer, Jannic	MSF Netphen	00:44.23	6	00:44.92		01:35.15	1
25	3825	Kugel, Manuel	AMC Waltrop	00:46.66	4	00:45.18	2	01:37.84	1
26	619	Schaller, Manuel	AMC Wittgenstein Bad Berlet	00:50.34	8	00:42.67		01:41.01	1
27	3530	Wickel, Frederic	MSC Schmallenberg	00:46.69	6	00:46.80	8	01:47.49	1
28	3807	Dechert, Lukas	AMC Waltrop	00:45.62		00:46.92	16	01:48.54	1
29	704	Drößiger, Timo	MSC Ruhr-Blitz Bochum	00:50.23	14	00:45.37	4	01:53.60	1
30	1018	Puche, Jan	AMC Burbach	00:52.14	8	00:42.04	20	02:02.18	1

Zeitnahme: G. Ullmann  
Auswertung: B. Treek

Schnellster Lauf: 00:42.46  
(Marques, Fabio - 2 / 2806)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2118	Schiwy, Maurice	MSC Herten	00:40.93		00:41.15		01:22.08	30
2	3910	Petermann, Stephen	AC Warendorf	00:41.63		00:40.96		01:22.59	27
3	3916	Gorny, Franziska	AC Warendorf	00:41.32		00:41.65		01:22.97	24
4	2809	Schäffer, Julian	MSF Netphen	00:41.52		00:41.51		01:23.03	22
5	1318	Thünenkötter, Kevin	SFG Dorsten	00:41.82		00:41.69		01:23.51	20
6	519	Link, Robin	MSC Beckum	00:42.51		00:41.30		01:23.81	18
7	4708	Pöttgen, Niklas	MSC Oeventrop	00:42.12		00:42.08		01:24.20	16
8	1624	Pohlmann, Florian	Hagener AC 05	00:42.37		00:42.09		01:24.46	14
9	3609	Tiebe, Oliver	OC Siegerland-Nord	00:42.34		00:42.19		01:24.53	13
10	1028	Weber, Felix	AMC Burbach	00:42.36		00:42.59		01:24.95	12
11	2006	Müller, Lucas	MFC Auf dem Schnee Herdeck	00:42.43		00:42.84		01:25.27	11
12	1604	Brandenburg, Pascal	Hagener AC 05	00:42.58		00:42.71		01:25.29	10
13	2803	Grosser, Kevin	MSF Netphen	00:41.84		00:41.54	2	01:25.38	9
14	4015	Luig, Simon	MSF Warstein	00:43.14		00:42.44		01:25.58	8
15	4108	Lange, Marc	MSC Westerkappeln	00:42.86		00:42.84		01:25.70	7
16	1419	Gövert, Felicia	MSV Dulmania	00:41.70	2	00:42.31		01:26.01	6
17	1011	Klein, Marius	AMC Burbach	00:43.26		00:43.21		01:26.47	5
18	3914	Otmar, Jessica	AC Warendorf	00:43.38		00:43.72		01:27.10	4
19	4114	Windoffer, Fabian	MSC Westerkappeln	00:43.51		00:43.76		01:27.27	3
20	409	Krämer, Christopher	MSC Lennetal-Bamenoehl	00:47.11		00:41.51		01:28.62	2
21	420	Schumacher, Thomas	MSC Lennetal-Bamenoehl	00:43.81	2	00:42.92		01:28.73	1
22	2104	Händly, Saskia	MSC Herten	00:42.69	8	00:42.48		01:33.17	1
23	1806	Gorny, Thilo	MSC Harsewinkel	00:43.29	8	00:43.02		01:34.31	1
24	4710	Kraas, Jens	MSC Oeventrop	00:43.53	2	00:43.49	6	01:35.02	1
25	907	Kaiser, Caroline	Briloner AC	00:43.14	10	00:43.40		01:36.54	1
26	3403	Battaglia, David	Olper AC	00:45.20	10	00:44.33	2	01:41.53	1
27	4709	Steimel, Patrick	MSC Oeventrop	00:42.32	4	00:43.04	14	01:43.36	1

Zeitnahme: G. Ullmann  
Auswertung: B. Treek

Schnellster Lauf: 00:40.93  
(Schiwy, Maurice - 1 / 2118)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2813	Völke-Pfeifer, Colin	MSF Netphen	00:41.13		00:41.39		01:22.52	30
2	2005	Lull, Christopher	MFC Auf dem Schnee Herdeck	00:41.18		00:41.47		01:22.65	27
3	822	Illner, Jendrik	MSC Bork	00:41.42		00:41.26		01:22.68	24
4	2105	Händly, Vanessa	MSC Herten	00:41.53		00:41.19		01:22.72	22
5	3602	Kolb, Sebastian	OC Siegerland-Nord	00:41.61		00:41.34		01:22.95	20
6	620	Schmitt, Jan	AMC Wittgenstein Bad Berlet	00:41.46		00:41.52		01:22.98	18
7	2123	Wiedenhöft, Cindy	MSC Herten	00:41.64		00:41.44		01:23.08	16
8	4510	Peuser, Sina	MSC Süd Sauerland	00:41.72		00:41.47		01:23.19	14
9	4712	Marenbach, Kai	MSC Oeventrop	00:41.77		00:41.47		01:23.24	13
10	1608	Diedrich, Florian	Hagener AC 05	00:41.93		00:41.53		01:23.46	12
11	2918	Thomas, Michelle	AMC Oberrau	00:41.95		00:41.63		01:23.58	11
12	3921	Petermann, Daniel	AC Warendorf	00:41.59		00:42.18		01:23.77	10
13	3003	Gerkmann, Jan	AC Oelde	00:42.08		00:41.81		01:23.89	9
14	3505	Grell, Matthias	MSC Schmalleberg	00:41.87		00:42.20		01:24.07	8
15	421	Schneidersmann, Peter	MSC Lennetal-Bamenoehl	00:42.08		00:42.25		01:24.33	7
16	1438	Pantleon, Matthias	MSV Dulmania	00:42.17		00:42.28		01:24.45	6
17	1711	Teuchler, Markus	RC Haltern	00:42.80		00:41.76		01:24.56	5
18	843	Vernekohl, Philipp	MSC Bork	00:42.62		00:42.12		01:24.74	4
19	2007	Philipp, Jan	MFC Auf dem Schnee Herdeck	00:42.53		00:42.31		01:24.84	3
20	1430	Lux, David	MSV Dulmania	00:41.16	2	00:41.82		01:24.98	2
21	1616	Hasenpusch, Kirsten	Hagener AC 05	00:42.07	2	00:41.49		01:25.56	1
22	3605	Hahn, Julien	OC Siegerland-Nord	00:41.28	4	00:41.92		01:27.20	1
23	1440	Reuver, Christopher	MSV Dulmania	00:42.65		00:43.11	2	01:27.76	1
24	1306	Englert, Daniel	SFG Dorsten	00:41.75	2	00:42.00	4	01:29.75	1
25	4104	Freese, Steffen	MSC Westerkappeln	00:42.19	2	00:41.67	4	01:29.86	1
26	1815	Van De Mortel, Ivan	MSC Harsewinkel	00:42.97	4	00:42.87	2	01:31.84	1
27	3513	Gierse, Damian	MSC Schmalleberg	00:43.51	4	00:44.05	2	01:33.56	1
28	513	Heinrich, Dominik	MSC Beckum	00:43.05	2	00:43.45	6	01:34.50	1
29	1316	Huhn, Jonas	SFG Dorsten	00:42.85		00:44.10	10	01:36.95	1

Zeitnahme: G. Ullmann  
Auswertung: B. Treek

Schnellster Lauf: 00:41.13  
(Völke-Pfeifer, Colin - 1 / 2813)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3929	Gehrmann, Nico	AC Warendorf	00:40.04		00:40.48		01:20.52	30
2	3610	Bernshausen, Jan Paul	OC Siegerland-Nord	00:40.59		00:41.13		01:21.72	27
3	910	Kry, Anna Kristina	Briloner AC	00:41.10		00:40.94		01:22.04	24
4	1812	Scharte, Sebastian	MSC Harsewinkel	00:41.43		00:40.73		01:22.16	22
5	1617	Hasenpusch, Carina	Hagener AC 05	00:41.32		00:40.85		01:22.17	20
6	1709	Scholz, Jan	RC Haltern	00:41.36		00:41.10		01:22.46	18
7	4504	Koperwas, Sören	MSC Süd Sauerland	00:41.29		00:41.26		01:22.55	16
8	3502	Zuncke, René	MSC Schmalleberg	00:41.43		00:41.19		01:22.62	14
9	2505	Broscheit, Phillip	AMSC Lüdinghausen	00:41.65		00:41.01		01:22.66	13
10	3924	Willi, Patrick	AC Warendorf	00:41.44		00:41.35		01:22.79	12
11	2110	Kroll, Marco	MSC Herten	00:41.33		00:41.74		01:23.07	11
12	3608	Busch, Moritz	OC Siegerland-Nord	00:41.78		00:41.34		01:23.12	10
13	3414	Schrage, Marvin	Olper AC	00:41.65		00:41.55		01:23.20	9
14	2920	Zillinger, Dominik	AMC Obernau	00:42.19		00:41.80		01:23.99	8
15	1447	Ullmann, Timo	MSV Dulmania	00:41.08		00:41.41	2	01:24.49	7
16	2205	Fichtner, Artur	AMC Ibbenbüren	00:41.67	2	00:40.98		01:24.65	6
17	610	Kluge, Tobias	AMC Wittgenstein Bad Berlet	00:41.35	2	00:41.60		01:24.95	5
18	617	Rohn, Kevin	AMC Wittgenstein Bad Berlet	00:40.94		00:40.88	4	01:25.82	4
19	726	Weiser, Christian	MSC Ruhr-Blitz Bochum	00:42.09	2	00:41.73		01:25.82	3
20	1311	Fliß, Heike	SFG Dorsten	00:42.98		00:42.98		01:25.96	2
21	3417	Stolzenberg, Dennis	Olper AC	00:42.26		00:42.05	2	01:26.31	1
22	3034	Wieder, Patrick	AC Oelde	00:42.24	2	00:41.15	4	01:29.39	1
23	2804	Haardt, André	MSF Netphen	00:41.40		00:41.74	10	01:33.14	1
24	1935	Grünendick, Tobias	MSC Heeren-Werve	00:42.62	10	00:41.89		01:34.51	1
25	3926	Martens, Artur	AC Warendorf	00:42.28	2	00:42.56	8	01:34.84	1
26	2128	Wiedenhöfer, Carsten	MSC Herten	00:43.43	10	00:42.10		01:35.53	1
27	724	Schulte, Kevin	MSC Ruhr-Blitz Bochum	00:42.23		00:44.37	10	01:36.60	1
28	3830	Lesche, Lisa-Marie	AMC Waltrop	00:42.75		00:43.40	14	01:40.15	1
29	3841	Saleske, Stephan	AMC Waltrop	00:43.19	16	00:42.34	2	01:43.53	1

Zeitnahme: G. Ullmann  
Auswertung: B. Treek

Schnellster Lauf: 00:40.04  
(Gehrmann, Nico - 1 / 3929)

Platz	Ortsclub	Starter	gewertet	Punkte
1	AC Warendorf	115 Gehrmann, Nico (30) Petermann, Stephen (27) Petermann, Niclas (24) Gorny, Franziska (24) Petermann, Daniel (10)	81	30
2	MSF Netphen	89 Völke-Pfeifer, Colin (30) Margues, Fabio (27) Schäffer, Julian (22) Grosser, Kevin (9) Haardt, André (1)	79	27
3	MSC Herten	89 Schiwy, Maurice (30) Händly, Vanessa (22) Gerner, Nick (20) Wiedenhöft, Cindy (16) Händly, Saskia (1)	72	24
4	OC Siegerland-Nord	79 Bernshausen, Jan Paul (27) Kolb, Sebastian (20) Wagener, Marco (18) Tiebe, Oliver (13) Opfer, Andre (1)	65	22
5	AMC Wittgenstein Bad Berleburg	59 Biegler, Jens (27) Schmitt, Jan (18) Werner, Kevin (9) Rohn, Kevin (4) Schaller, Manuel (1)	54	20
6	MSC Bork	60 Illner, Jendrik (24) Kassegger, Felix (16) Möller, Michael (10) Helmbrecht, Marvin (7) Rump, Steffen (3)	50	18
7	Briloner AC	51 Kry, Anna Kristina (24) Kaiser, Lars (13) Maschinski, Marius (12) Janßen, Jannik (1) Kaiser, Caroline (1)	49	16
8	AMSC Marl-Hüls	48 Franke, Dominik (30) Biernat, Marvin (18) , (0) , (0) , (0)	48	14
9	RC Haltern	47 Gerdes, Leon (24) Scholz, Jan (18) Teuchtlter, Markus (5) , (0) , (0)	47	13
10	AMC Burbach	62 Thanabalasingam, Janujan (20) Schon, Rouven (13) Beul, Max (12) Weber, Felix (12) Klein, Marius (5)	45	12
11	MFC Auf dem Schnee Herdecke	41 Lull, Christopher (27) Müller, Lucas (11) Philipp, Jan (3) , (0) , (0)	41	11
12	MSC Harsewinkel	40 Scharte, Sebastian (22) Hovestadt, Justin (14) Buxel, Leon (2) Gorny, Thilo (1) Van De Mortel, Ivan (1)	38	10
13	Hagener AC 05	38 Hasenpusch, Carina (20) Brandenburg, Pascal (10) Kalthaus, Felix (6) Brandenburg, Marcel (1) Hasenpusch, Kirsten (1)	36	9
14	AMC Waltrop	34 Braune, Devin (30) Kugel, Manuel (1) Dechert, Lukas (1) Lesche, Lisa-Marie (1) Saleske, Stephan (1)	32	8
15	MSC Oeventrop	31 Pöttgen, Niklas (16) Marenbach, Kai (13) Kraas, Jens (1) Steimel, Patrick (1)	30	7
16	MSC Süd Sauerland	30 Koperwas, Sören (16) Peuser, Sina (14) , (0) , (0) , (0)	30	6

Platz	Ortsclub	Starter	gewertet	Punkte
17	MSC Westerkappeln	31 Bange, Janick (11) Bollmann, Jonas (9) Lange, Marc (7) Windoffer, Fabian (3) Freese, Steffen (1)	27	5
18	SFG Dorsten	28 Thünenkötter, Kevin (20) Droste, Anna Lena (5) Fliß, Heike (2) Englert, Daniel (1) , (0)	27	4
19	AMSC Lüdinghausen	25 Broscheit, Phillip (13) Wolff, Alexander (8) Kroll, Richard (3) Magdeburg, Dominik (1) , (0)	24	3
20	MSC Schmalleberg	24 Zuncke, René (14) Grell, Matthias (8) Wickel, Frederic (1) Gierse, Damian (1) , (0)	23	2
20	MSC Lennetal-Bamenohl	24 Rademacher, Tobias (14) Schneidersmann, Peter (7) Krämer, Christopher (2) Schumacher, Thomas (1) , (0)	23	2
22	AMC Obernau	20 Thomas, Michelle (11) Zillinger, Dominik (8) Heupel, Franziska (1) , (0) , (0)	20	1
23	MSV Dulmania	22 Ullmann, Timo (7) Gövert, Felicia (6) Pantleon, Matthias (6) Lux, David (2) Reuver, Christopher (1)	19	1
24	AC Oelde	21 Gerkmann, Jan (9) Buchwald, Robin (8) Gerling, Adrian (2) Niewöhner, Dustin Michel (1) Wieder, Patrick (1)	19	1
25	MSF Warstein	9 Luig, Simon (8) Henke, Tim (1) , (0) , (0) , (0)	9	1
26	MSC Ruhr-Blitz Bochum	5 Weiser, Christian (3) Drößiger, Timo (1) Schulte, Kevin (1) , (0) , (0)	5	1